#### Ohio Association of Track & Field/Cross Country Coaches

# The Runner

#### Volume XVI Issue I

January 2021, Clinic Edition

# Welcome to the Clinic!

# A message from the President, Doug Joy

### **Regular Features:**

- President's Message
- Your District Reps and Committee Chairpersons
- Welcome to the Clinic
- Longevity Awards
- Scholarship Information
- Academic All-Ohio Results
- OAT&CCC Membership
   Application

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The year 2020 - what a year of disappointment for the track and field community. We witnessed a historic occasion when the spring season was cancelled - and it didn't stop there. Collegiate programs shut down, National Championships were cancelled—the Olympics and Paralympics were cancelled!

When I stepped into this role as your President, I had no idea of the challenges ahead. And yet this great organization forged ahead and has accomplished some great things in 2020.

We gave out a record number of scholarships to the graduating sons and daughters of our association's parents; we established and have given out grants for our "Grassroots Project" to grow our sport; we entered into a partnership with Milesplit to promote our events; we established the largest and best virtual clinic in the nation; we successfully fought for our cross country season and its State Championship meet; and we have successfully found a way to have some semblance of an indoor season in spite of the restrictions the universities have had to put in place in order to have us on their campuses. The Covid pandemic may have altered the schedule-but it didn't change the sport!



I am so proud to represent the coaches and athletes of this great organization. We will continue to grow and foster the best environment for our sports, our coaches, and our athletes.

So here is to 2021—and may it be a better year with a return to some semblance of normalcy. Good luck this season—stay safe and healthy—and we will see you at this year's Track & Field State Championship!

**ENJOY THE CLINIC!** 

Sincerely,

Doug Joy

President

# Mid-West Meet of Champions Senior classic returns to Michigan State University in 2021

The Midwest Meet of Champions featuring the top seniors from Ohio, Michigan, and Indiana makes its third trip to Michigan State University on June 12th to showcase the talents of this year's graduating athletes before they continue their careers at the collegiate level.

Transportation arrangements are being finalized with a tentative itinerary centered around Team Ohio busses departing on Friday, June 11th and arriving at MSU for an afternoon practice session, followed by a fun evening on campus with media and entertainment events and an opportunity to meet their counterparts from the other states. Then, Saturday, athletes will compete in one of the finest regional meets in the nation.

ANY senior interested in being a part of Team Ohio and this competition should go to <u>the www.oatccc.com website</u> for information updates.



# THE OHIO ASSOCIATION OF TRACK AND CROSS COUNTRY COACHES REPRESENTATION BY DISTRICT

#### 1 Ashtabula, Trumbull, Mahoning, Columbiana

- 2 Lake, Geagua, Cuyahoga
- 3 Lorain, Medina, Wayne, Ashland
- 4 Summit, Portage, Stark
- 5 Holmes, Coshocton Carroll, Tuscarawas
- Harrison, Jefferson 6 Erie, Sandusky, Seneca
- Huron, Crawford, Richland Wyandot
- 7 Hancock, Putnam, Allen Paulding, Van Wert Mercer, Auglaize, Hardin
- 8 Muskingum, Guernsey Noble, Belmont, Morgan Monroe, Washington

Position

9 Darke, Shelby, Miami, Logan Champaign, Clark, Green

Name



10 Franklin, Union, Madison, Pickaway

11 Licking, Knox Marion, Morrow Delaware, Fairfield 12 Fayette, Ross Pike, Highland Adams, Scioto 13 Preble, Butler Montgoery, Warren 14 Hamilton, Brown Clermont, Clinton 15 Williams, Fulton Lucas, Wood Defiance, Henry 16 Perry, Hocking Athens, Vinton, Meigs Jackson, Gallia, Lawrence

Phone

POSILIOII	name
President	Doug Joy
Vice Pres.	Andy Cox
Past Pres.	Diane Krumpak
Treasurer	James Dingus
Secretary	Julie Cole
District 1	Robert McQuoid
District 2	Anjanette Whitman
District 3	Jim Glessner
District 4	Michael Laubacher
District 5	Ed Lidderdale
District 6	Matt Schock
District 7	Jim Epperly
District 8	Dugan Hill
District 9	Jack Lintz
District 10	Ryan Beck
District 11	Bart Smith
District 12	Matt Paxton
District 13	Randy McKinney
District 14	Jim Vanatsky
District 15	Paul Barney
District 16	Al Riffey

#### School

John Glenn High School	740-586-4993
Thomas Worthington High School	614-638-9091
South Range High School	330-501-3215
Olentangy Liberty High School	614-301-7761
Chardon High School	440-223-4336
Geneva High School	440-228-8066
Lutheran West High School	440-655-0209
Norwayne High School	330-347-3816
Massillon Perry High School	330-936-4619
Sandy Valley High School	330-209-1086
Seneca East High School	419-618-8974
Waynesfield-Goshen High School	419-234-3328
Caldwell High School	740-509-0683
Northmont HS / Tipp City TF	937-750-0214
Gahanna Lincoln High School	614-354-1347
Granville High School	740-503-9467
Unioto High School	740-253-8297
Eaton High School	937-533-3207
Loveland High School	513-600-5800
Toledo Notre Dame Academy	419-460-2942
Vincent Warren High School	740-350-9809
6	



### WELCOME TO THE CLINIC! Wayne Clark, Director

#### Dear Coaches,

The 2020 year presented many challenges at all of the levels of administration in our sports—from collegiate leagues trying to hold their competitive programs together, to the individual universities just trying to get their athletes on campus and into their facilities. High schools across the country struggled with the same issues working around unprecedented cancellations of classes and spring academic sessions, let alone the spring and summer sports seasons. Shoot—the Olympics and Paralympics were cancelled.

In spite of all of this, the character that drives athletes to competition and the integrity of coaches that strives to help clear the path of their teams to success has prevailed. As the Director of the OATCCC Track & Field Clinic, I am most proud to be a part of the leadership efforts of the Executive Board and the perseverance it has taken to continue moving our sports forward in 2021—and that begins here in January with the Clinic.

The decision to hold our Clinic in a virtual format may on the surface seem another loss to Covid, but we have found a way to turn even this into a positive. Featured this year are several presenters who we have never been able to get to come to the Clinic due to competition conflicts. This year, we are presenting them - in some cases, live - teaching using their athletes at the facilities of their respective universities. The cooperation and enthusiasm on their part to bring their expertise to Ohio coaches has been exciting.

And not to just Ohio coaches. Our virtual Clinic has been picked up by other state associations and is being used as their state clinic—Kentucky and Virginia to name a couple. Furthermore, with such a worldwide reach provided by the internet, we have coaches registered for our Clinic from as far away as Ireland, Spain, and Thailand!

We cannot begin to thank all of our sponsors for helping to make this possible and once again make the Ohio Track & Field Clinic the finest learning opportunity in the nation. Thank you everybody!

And enjoy the Clinic! Sincerely,

Wayne Clark

# **OATCCC COMMITTEES AND CHAIRPERSONS**

Track & Field Clinic Director Indoor State Championship Meet	Wayne Clark Jeff Sheets	Cross Country Clinic Director Hall of Fame Chairperson	Carson Cheek Neal Charske
Mid-East Cross Country Director	Neal Charske	Scholarship Chairperson	Bob Karl
Awards Chairperson	Diane Krumpak	Historian	Carson Cheek
Academic All-Ohio	R. Scott Williamson	The Runner Editor	Dave Kirk
College Liaison	Kris Boey Ohio Wesleyan Univ.	OHSAA Liaison	Dale Gabor OHSAA, Director CC/TF
Mid-West Track Meet Coordinator	Lori Robinson Thomas Worthington HS	S.E.I. Chairman	Jeff Sheets
Pole Vault Safety Clinics	Marty Dahlman	Website	Andy Cox, Ed Lidderdale
<b>Cross Country Poll</b>	Dugan Hill	<b>Constitution / Bylaws</b>	Vern Kiehl
Membership Chairman	Donna Joseph	Wheelchair Division Liaison	Dave Kirk

A complete contact list of phone numbers and addresses for these people can be found at:

http://oatccc.com/contact-us.aspx



# **Clinic Notes**

# **General Membership Business Meeting** Doug Joy, OAT & CCC President

The General Meeting of the OATCCC will be held via Zoom **Sunday night at 8:00pm**. This meeting is open to all members of the Association and changes to the OATCCC Constitution and Bylaws brought forward by the Executive Board may be voted on at this meeting. You are encouraged to tune in! The agenda for this meeting is as follows:

#### AGENDA FOR THE GENERAL MEMBERSHIP BUSINESS MEETING

State Track & Field Clinic - ZOOM

Sunday, January 24, 2021 - 8:00PM

Call to Order Secretary's Report Treasurer's Report New Business Website Update	Doug Joy Julie Cole James Dingus Doug Joy Brian Diamond	Gra For	tual Clinic Update ssroots Project Update the Good of the Order ournment	Wayne Clark Doug Joy Doug Joy
Milesplit Úpdate Elections Update Indoor Championships	Mark Dwyer Diane Krumpak Jeff Sheets, Dugan Hill, Diane Krumpak			ng Information 1 uary 24 - 8PM
Outdoor TF Guidelines Committee Report Four Division Proposal Update	Anjanete Whitman Doug Joy		Meeting ID Passcode	941 4731 2191 351020
Your OATCCC provides athletes and coaches: CC and TF Clinics MidEast CC Meet/Midwe Coaching Awards/Recogn Indoor State TF Meet Hall of Fame Banquet Scholarships Pole Vault Safety Seminat CC Poll HOF Display at Jesse Ow <i>The Runner</i>	ition		proposals and ideas over the	ifiers

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# 2019—2020 OHIO GATORADE ATHLETES OF THE YEAR

Looking back at last year's winners (Photos courtesy of these athletes' hometown newspapers and Gatorade.com)



Taylor Ewert Beavercreek HS

Ohio Athlete of the Year 2019 Cross Country Caleb Brown Shelby HS

Ohio Athlete of the Year 2019 Cross Country

Taylor Ewert Beavercreek HS

Ohio Athlete of the Year 2020 Track and Field Distance Justin Braun Thomas Worthington HS

Ohio Athlete of the Year 2020 Track and Field Hurdles

### Academic All-Ohio Results from 2020 Cross Country R. Scott Williamson, Chairperson

Our endeavor in honoring our scholar-athletes with the distinction of academic All-Ohio has been very successful. The OATCCC proudly recognized nearly 500 student athletes at this fall's State Cross Country Meet. This was a very proud moment for these athletes, their parents, and their coaches. Congratulations to all!

The 2020 Cross Country recipients are posted on the Association website (<u>http://oatccc.com/academic-all-ohio/</u>). For a complete list of all honorees, please see our display in the hospitality room at the Clinic. We were the first coaches' association in Ohio to celebrate our athletes' scholastic abilities as well as their athletic excellence. Over the past 26 years, our program has grown to where we recognize nearly 1,200 Ohio student-athletes each year as Academic All-Ohio. We have received many positive comments on this program, and with the coaches' help, we are looking for even better results this spring.

In the Clinic and spring edition of *The Runner*, and in your outdoor track Regional packets (in May), you will find an application form. If you do not find this form, please question your Regional meet manager as this form has been made available to all Regional managers. If you have a State Meet bound athlete who is eligible for this award, you must bring the completed form to the OATCCC table at the State Meet. Also bring the athlete with you to receive their certificates. It is the responsibility of the coach to have the eligibility form signed by the school principal or a guidance counselor. No athlete will be entered into our records whose grade point average has not been correctly figured on a 4.000 point scale. This can and must be done.

These records are made available to interested college coaches upon request and are posted on the OATCCC website.



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# **2020 DISTRICT COACHES OF THE YEAR**

	BOYS TRACK & FIELD	GIRLS TRACK AND FIELD
1		
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5	We will return in 2021!	This was a one year anomaly.
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DISTRICT	BOYS CROSS COUNTRY	GIRLS CROSS COUNTRY
DISTRICT 1	BOYS CROSS COUNTRY Dave Deeter Maplewood HS	GIRLS CROSS COUNTRY Michelle Rupe Maplewood HS
	Dave Deeter, Maplewood HS	Michelle Rupe, Maplewood HS
1 2	Dave Deeter, Maplewood HS Mike Gallagher, St, Ignatius	Michelle Rupe, Maplewood HS David Englander, Shaker Heights HS
1	Dave Deeter, Maplewood HS	Michelle Rupe, Maplewood HS
1 2 3	Dave Deeter, Maplewood HSMike Gallagher, St, IgnatiusMilt Place, Medina HSLee Sternberg, East Canton HS	Michelle Rupe, Maplewood HS         David Englander, Shaker Heights HS         Garth Gucker, Cloverleaf HS         Dan Lancianese, St Vincent St Mary
1 2 3 4	Dave Deeter, Maplewood HS Mike Gallagher, St, Ignatius Milt Place, Medina HS	Michelle Rupe, Maplewood HS         David Englander, Shaker Heights HS         Garth Gucker, Cloverleaf HS         Dan Lancianese, St Vincent St Mary         Olivia Scott, Minerva HS
1 2 3 4 5	Dave Deeter, Maplewood HS         Mike Gallagher, St, Ignatius         Milt Place, Medina HS         Lee Sternberg, East Canton HS         Gwenna Neal, Warsaw Riverview HS	Michelle Rupe, Maplewood HS         David Englander, Shaker Heights HS         Garth Gucker, Cloverleaf HS         Dan Lancianese, St Vincent St Mary
1 2 3 4 5 6	Dave Deeter, Maplewood HSMike Gallagher, St, IgnatiusMilt Place, Medina HSLee Sternberg, East Canton HSGwenna Neal, Warsaw Riverview HSDon Windom Lakota HS	Michelle Rupe, Maplewood HSDavid Englander, Shaker Heights HSGarth Gucker, Cloverleaf HSDan Lancianese, St Vincent St MaryOlivia Scott, Minerva HSDenise Benson, Lexington HS
1 2 3 4 5 6 7	Dave Deeter, Maplewood HS         Mike Gallagher, St, Ignatius         Milt Place, Medina HS         Lee Sternberg, East Canton HS         Gwenna Neal, Warsaw Riverview HS         Don Windom Lakota HS         Terry Schnipke, Columbus Grove HS	Michelle Rupe, Maplewood HS         David Englander, Shaker Heights HS         Garth Gucker, Cloverleaf HS         Dan Lancianese, St Vincent St Mary         Olivia Scott, Minerva HS         Denise Benson, Lexington HS         Russ Holly, Lima Shawnee HS
1 2 3 4 5 6 7 8	Dave Deeter, Maplewood HS         Mike Gallagher, St, Ignatius         Milt Place, Medina HS         Lee Sternberg, East Canton HS         Gwenna Neal, Warsaw Riverview HS         Don Windom Lakota HS         Terry Schnipke, Columbus Grove HS         Chris Arno, Bellaire HS	Michelle Rupe, Maplewood HS         David Englander, Shaker Heights HS         Garth Gucker, Cloverleaf HS         Dan Lancianese, St Vincent St Mary         Olivia Scott, Minerva HS         Denise Benson, Lexington HS         Russ Holly, Lima Shawnee HS         Dugan Hill, Caldwell HS
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1       2       3       4       5       6       7       8       9       10       11       12	Dave Deeter, Maplewood HSMike Gallagher, St, IgnatiusMilt Place, Medina HSLee Sternberg, East Canton HSGwenna Neal, Warsaw Riverview HSDon Windom Lakota HSTerry Schnipke, Columbus Grove HSChris Arno, Bellaire HSHoward Russ, Beavercreek HSPat Schlecht, Hilliard Davidson HSBob Geiger, Frederickton HSMatt Paxton, Unioto HSSean Hart, Lakota West HSSteve Nester, Loveland HS	Michelle Rupe, Maplewood HSDavid Englander, Shaker Heights HSGarth Gucker, Cloverleaf HSDan Lancianese, St Vincent St MaryOlivia Scott, Minerva HSDenise Benson, Lexington HSRuss Holly, Lima Shawnee HSDugan Hill, Caldwell HSAnn Vogel, West-Liberty Salem HSNathan King, Hilliard Davidson HSTheresa Tripp, Lancaster HSRachel Corcoran, Zane Trace HSDavid Dobson, Centerville HSChip Dobson, Mason HS
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	Dave Deeter, Maplewood HSMike Gallagher, St, IgnatiusMilt Place, Medina HSLee Sternberg, East Canton HSGwenna Neal, Warsaw Riverview HSDon Windom Lakota HSTerry Schnipke, Columbus Grove HSChris Arno, Bellaire HSHoward Russ, Beavercreek HSPat Schlecht, Hilliard Davidson HSBob Geiger, Frederickton HSMatt Paxton, Unioto HSSean Hart, Lakota West HS	Michelle Rupe, Maplewood HSDavid Englander, Shaker Heights HSGarth Gucker, Cloverleaf HSDan Lancianese, St Vincent St MaryOlivia Scott, Minerva HSDenise Benson, Lexington HSRuss Holly, Lima Shawnee HSDugan Hill, Caldwell HSAnn Vogel, West-Liberty Salem HSNathan King, Hilliard Davidson HSTheresa Tripp, Lancaster HSRachel Corcoran, Zane Trace HSDavid Dobson, Centerville HS

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# Support our Sponsors and Partners! They sure support us!



# OATCCC ELEMENTARY SCHOOL GRANT

**Grassroots project promotes Track & Field in grades 3-5** 

The purpose of the Elementary School Grant is to provide support to teachers and coaches to promote the sport of Track & Field through a Field Day competition and to build interest at the grassroots level. The OATCCC will award 16 grants each year (one per District) to help initiate the program.

Additionally, there are links to coaching and workout programs for elementary physical education programs through the Hershey/USATF partnership and the Run Jump and Throw program. This program provides a nine week training program that can easily be adapted to any PE program as linked to current State Standards.

The grant also provides a pre-packaged equipment delivery (value \$339) that supplies all of the equipment necessary to run the eight event Field Day.

### **APPLY NOW AT:**

#### ITEMS YOU WILL RECEIVE WITH THE GRANT

- 6x Aluminum batons
- 4x Accusplit stopwatches
- 2x 100 ft measuring tapes
- 1x 2.2# soft medicine ball
- 1x 3.3# soft medicine ball
- 1x 4.4# soft medicine ball
- 2x 300g soft turbo javelins
  - 20x 12" banana hurdles

Total cost value - \$339



https://oatccc.com/docs/track/2020-ELEMENTARY-SCHOOL-GRANT.pdf



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# **2021 Indoor Coaches Invitational at Spire Institute** Jeff Sheets, Heath HS

Due to the Covid restrictions in place at many of the collegiate facilities, the lack of meets, and the lack of a true state representation of teams, the State Inddor Championship will be postposed to 2022. Instead, the OATCCC will sponsor the State Coaches' Invitational on Saturday and Sunday, March 6th and 7th, at the <u>Spire Institute in Geneva</u>.

Entry details will be forthcoming as the Executive Committee changes the format from a State Championship event to a two-day State Coaches Invitational. Please check the Indoor Track link regularly on the oatccc.com website. As soon as details are finalized, they will be posted.

The facility at Spire is a US Olympic training facility with state-of –the-art competition venues and a Benyon 300M, eight lane track. With two pit areas in each of the jumping field events, simultaneous boys/girls events competition will be similar to what athletes have been accustomed in past years. Although access to the facility will be greatly restricted, setails of how to livestream all events will be forthcoming.

Spire and OATCCC officials continue to work on the details of event scheduling and competition flow in order to maximize this experience for athletes and fans alike. You can follow developments on the oatccc.com website

Our State Championships have always been very professionally organized and it is the desire of the OATCCC Executive Committee to offer another opportunity for Ohio athletes to showcase their talents. Good luck—and see you in Geneva!

# Midwest Meet of Champions—Preparing for 2021 Lori Robinson, Thomas Worthington HS

The 2021 Midwest Meet of Champions will be the fourth of the meet's four-year cycle in Michigan. Practice and the meet are scheduled for Friday/Saturday, June 11/12, 2021, at <u>Michigan State University</u> in East Lansing, Michigan. This competition showcases senior talent from the states of Ohio, Indiana, and Michigan. We are also hopeful that past participants— Pennsylvania, West Virginia, and Illinois - might re-join us in the near future.

In 2020, this event was cancelled—but the 2019 results saw Team Ohio's men's and women's squads combine for 407.5 points to outscore Team Michigan's 342 and Team Indiana's 196.5. In the women's meet, Ohio won their sixth consecutive meet with 199 points followed by Michigan with 177 and Indiana with 97. The women won eight of the events including all five field events. They also won the 4 x 1 and 4 x 2 relays. In the men's meet, Ohio also finished first with 208.5 points ahead of Michigan's 165 and Indiana's 99.5. Ohio's male athletes won eleven of the seventeen events including four of the five field events, and the 4 x 1 and 4 x 2 relays.

For a complete list of results, rosters and photos from the meet, <u>CLICK HERE FOR BOYS</u>, <u>HERE FOR GIRLS</u>.

### BE A PART OF IT IN 2021 — AND HERE IS HOW:

- Coaches should make the Midwest staff aware of their athlete's contact information by (A) filling out and dropping off a "Quick Fact" questionnaire at our table during the Clinic weekend and/or the Indoor Championships (B) go to our team website by clicking here or to the Association website and fill out an on-line questionnaire (C) or directly contact Lori Robinson of Thomas Worthington High School
- 2. Speak early with your senior athlete and his/her parents about *holding that date*. Please don't schedule a graduation party for these days!
- 3. Be certain to DECLARE by filling out a quick DECLARATION FORM at the Midwest Meet tent during the State Outdoor Championships. For your convenience, the Midwest Staff will be setting up the tent early on Thursday afternoon. Our goal is to receive 95% of the declarations prior to the start of the meet.

#### HOPE TO SEE YOU THERE—AND GO TEAM OHIO!

Visit the OAT & CCC website at: www.oatccc.com



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# Track and Cross Country Coaching Longevity Awards Jes Rudolph, Chairperson

The OATCCC wishes to recognize the coaches who have devoted twenty or more years of devoted service to our sports. If you meet the following criterion or if you know of another coach who qualifies—whether active, retired, or deceased—report to the "Awards" display area at the Clinic, or contact Carson Cheek at:

Carson Cheek (419) 305-5797 otafn@bright.net

The awards are as follows (application on page 12):

- **CERTIFICATE:** A coach who has coached 20 years in one sport (track or CC) or 30 combined seasons of both can receive a certificate at the Awards display
  - LAPEL PIN: A coach who has coached 25 years in one sport or 40 seasons of both can receive a lapel pin at the Awards display.
  - **PLAQUE:** A coach who has coached 30 years in one sport or 50 combined seasons of both and if they have accomplished either of these during the most recent calendar year, qualifies for a plaque.

## **OATCCC Marvin Crosten Scholarship Applications** Bob Karl, Scholarship Chairperson

The OATCCC Marv Crosten Scholarship program was established to recognize the outstanding sons and daughters of OATCCC members with scholarship awards. Named in honor of long-time coach and OATCCC officer, Marv Crosten, this scholarship program is available for students currently in their senior year of high school or their freshman year of college. The scholarships are for one year only and the parent-coach must have been an active member of the OATCCC for three consecutive years directly prior to the application being filed.

The individual scholarship awards will be given in recognition of outstanding athletes, coaches, Hall of Fame members, Ed Barker Award recipients, and the current OATCCC president. This is done in order to honor many of the positive contributors to our two sports over the years. The amount of the scholarship is \$1,000. It is a privilege to be able to help these young people as they further their education at the collegiate level.

The OATCCC scholarship committee is accepting applications for the 2020 awards. The deadline for applications to be returned to the scholarship committee is April 1, 2021. <u>Click here for applications</u> and send to:

> Bob Karl, OATCCC Scholarship Chairperson 3005 Laplata Drive Kettering, Ohio 45420

# **2020 OATCCC FRED DAFLER AWARD WINNERS**

**GIRLS' TRACK** 

**BOYS' TRACK** 

**GIRLS' CROSS COUNTRY** 

**BOYS' CROSS COUNTRY** 

This award to resume in 2021

Congratulations to all of our Career Coaches of the Year! It is a privilege to honor you for your years of dedication and accomplishment.

# Ohio Association Of Track And Cross Country Coaches

### TRACK AND CROSS COUNTRY COACHING LONGEVITY APPLICATION

The OAT&CCC wishes to recognize the coaches who have many years of devoted service. Coaches who meet the following criteria or know other coaches who have qualified are urged to contact the longevity chairman at the Awards Display Area at the OAT&CCC clinic in January. Coaches to be considered may be active, retired, or deceased. Coaches should send this form with the information at the bottom of the sheet to Carson Cheek through his e-mail address (<u>otafn@bright.net</u>)

#### **QUALIFICATIONS:**

- 1. In one of two categories in a single sport, or combination of both sports.
  - A. If you have coached either Track or Cross Country for 20 seasons or more;
  - B. If you have coached **both** Track and Cross Country **for a combined 30 seasons or more**.
- 2. All seasons of coaching are included: Jr. High, High School, and College head or assistant positions
- 3. Count out of state coaching only if you have been coaching in Ohio for more than ten years.
- 4. Count only one season per year if you coach both boys and girls teams or jr. high and high school teams. Please be careful not to double count the number of seasons.
- 5. Do not count indoor track as an additional season if you coach track.

#### **OAT & CCC LONGEVITY AWARDS:**

**CERTIFICATE AWARD:** A coach has 20 seasons in one sport (*either* track *or* cross country), or 30 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic. The certificates can be updated every five years and at retirement.

- LAPEL PIN AWARD: A coach who has 25 seasons in one sport (*either* track *or* cross country), or 40 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic.
- **PLAQUE AWARD:** A coach who has 30 seasons in one sport (*either* track *or* cross country), or 50 combined seasons (in *both* track and cross country) can receive a plaque if they have accomplished either during the most recent school year. A coach who may qualify in both criteria may purchase a second plaque by contacting the Longevity Committee Chairperson. The coast is approximately \$25.

Coach Home Addres	ess			
History	Schools	Level	Years	Total
T & F			19 -	
T & F			19	
T & F			20	
CC			19	
CC			19	
CC			20	
			Total seas	sons



# **2021 CLINIC SPEAKERS LINEUP** Wayne Clark, Chairperson

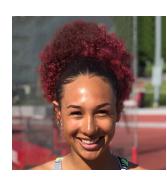
The OATCCC Track & Field Clinic has traditionally presented a lineup of quality speakers, experts in their fields, and this year is no exception. In spite of the Covid-19 restrictions worldwide, Wayne Clark has put together another quality program for Ohio coaches which lives up to our reputation as the finest Track & Field clinic in the nation. As an Executive Committee, we hope this virtual clinic lives up to that billing and that all of you find that "nugget" that will make a difference for you and your athletes in the upcoming season. Have a great Clinic!



Don Babbitt University of Georgia



**Brooke Rasnick University of Louisville** 



Taliyah Brooks Reigning NCAA Champ



Scott Capos University of Nebraska



Khadevis Robinson Ohio State University



Maty Dahlman OATCCC Pole Vault



Payton Chadwick Reigning NCAA Champ



Sandy Fowler Coastal Carolina Univ.



Scott Christensen Stillwater HS (MN)



Ruqayya Gibson University of Houston



Boo Schexnayder LSU



Kate Hall Reigning NCAA Champ

Build your schedule here: https://oatccc.coachesinsider.com/schedule/



# Visit the virtual clinic lineup of speakers: https://oatccc.coachesinsider.com/



**Rob Lasorsa National Throws Assoc.** 



Sara Vergote **Ohio State University** 



**Tony Veney USATF Master Coach** 



**Clayton Young Reigning NCAA Champ** 



**Chris Wineberg** University of Cincinnati



# **NATIONAL COACH OF THE YEAR (Nominations)**

The NFHS and USATFCCCA have been recognizing National Coaches of the Year for decades, some of those recipients having been from Ohio. The OATCCC Executive Committee has recommended the following coaches for Regional and National honors for the 2019-2020 competition year (pictured left to right):

Girls Cross Country	Denise Benson Lexington HS
Boys Cross Country	Jeff Howard Woodridge HS
Girls Track & Field	Willie Smith Beachwood HS
Boys Track & Field	Adam Walters Olentangy Orange







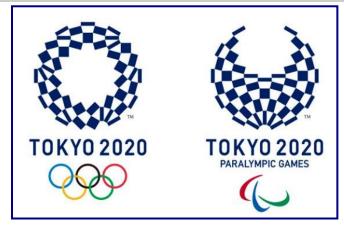


These awards are typically announced in mid-February. We wish all of our Ohio nominees the best of luck-and CONGRATULATIONS!

**Build your Clinic schedule here:** https://oatccc.coachesinsider.com/schedule/



# **2020 2021 OLYMPIC/PARALYMPIC YEAR** TOKYO, JAPAN





Ohio Track & Field will be there!

July 23 to August 8

August 24 to Sept. 5

### **OHIO ATHLETES RECEIVE US PARALYMPIC ALL-AMERICAN RECOGNITION** Dave Kirk, US Paralympics Liaison

Participation by athletes with Paralympic classifications continues to grow with this national recognition of "ability" and of what can be accomplished when talent and desire meet opportunity. In 2019, the All-American pool of recognition came from 27 states—only the third time more than half the nation was represented and participation numbers are rising with each year. Ohio remains one of the top ten states in the nation for All-American recognition and the 2021 season will be no different.

In 2020, the cancellation of the Track & Field season hit these athletes particularhard—in part due to the cancellation of the regular season, but also because of the caution necessary due to the particular health vulnerabilities of these athletes. In the 2021 season, it is imperative that Ohio coaches maintain that national leadership and demonstrate to the rest of the nation—if not, in fact, top the rest of the world—that these athletes and their dreams matter to us and in Ohio—when we say, "Track and Field for everybody," we mean it!

We all remember our first wheelchair State Champion in Ohio, Jenna Fesemyer when she was one of these high school athletes at the beginning of her career. Now, a ParaPan American Games Gold Medalist (Lima, Peru 2019) in the 800M, she is training to once again represent Team USA this coming summer. It all started with those young kids here in Ohio being shown that their dreams are possible—and for some kids, giving them a dream they had never known.

So get out there Ohio and keep Ohio the leader in Paralympic sports. If you need help, just ask. We will find you the answers! O—H! That's how we do it!





# **Champion** T E A M W E A R

# The OATCCC says, "THANK YOU!" to Champion Teamwear -

The sponsor and uniform supplier to our teams at the Mideast Cross Country Meet and the Midwest Meet of Champions Thanks for helping our champions *look* like champions!



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# **OHSAA SPORTSMANSHIP, ETHICS, AND INTEGRITY AWARD WINNERS**

#### **GIRLS' TRACK**

**BOYS' TRACK** 

**GIRLS' CROSS COUNTRY** Ann Vogel West-Liberty Salem HS

**BOYS' CROSS COUNTRY** Don Windom Kansas Lakota HS

Congratulations—and thank you! Your outstanding traits of ethical behavior and integrity in your duties and responsibilities are a credit to our profession.

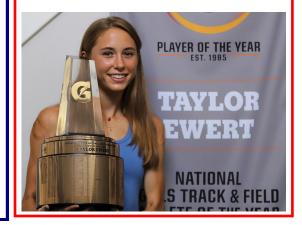
### THE INDOMITABLE SPIRIT OF SPORT **BACK IN 2021**

**Ohio High School Track and Field—March - June 2021 OHSAA State Track & Field Championships—June 2021** Midwest Meet of Champions—June 2021 NCAA Track & Field Championships—June 2021 New Balance National Championships—June 2021 Olympic Games / Tokyo—July/August 2021 Paralympic Games / Tokyo—August/September 2021 **Ohio High School Cross Country—August - November 2021** OHSAA State Cross Country Championships—November 2021 OATCCC Cross Country Coaches Clinic—November 2021 Mid East Cross Country Championships—November 2021 Foot Locker Midwest XC Regional—November 2021 Foot Locker National XC Championship—December 2021

**BE A PART OF A NEW AND FANTASTIC YEAR!** 

#### **TAYLOR EWERT Beavercreek HS**

Gatorade 2019-2020 National Track & Field Athlete of the Year



### 2020 DISTINGUISHED SERVICE AWARD WINNERS

Nominations for this award are submitted to the District Representatives and winners are announced—odd numbered districts in odd years, even numbered districts in even years.

> **DISTRICT 2 DISTRICT 4 DISTRICT 6 DISTRICT 8 DISTRICT 10 DISTRICT 12 DISTRICT 14 DISTRICT 16** Thank you for all you have done over the years on behalf of The sports of cross country and track and field!

This award to resume in 2021

# Ohio Association Of Track And Cross Country Coaches

# ACADEMIC ALL-OHIO AWARD 2021 OUTDOOR TRACK AND FIELD

### ELIGIBILITY

- 1. You must have an accumulative high school G.P.A. of 3.5 or better to be eligible. Grades must be computed on a 4.0 scale and carried out to three (3) decimal places. If your school does not use a 4.0 scale, you must have your guidance counselor convert the average to an unweighted 4.0 scale equivalent. G.P.A.'s must be calculated at the end of each semester preceding the student's current season.
- 2. Athletes must qualify for the State Meet
- 3. Freshmen are not eligible
- 4. Only relay team members who competed at the Regional or State Meets are eligible.

#### **Nomination Form** (Use this form for boys or girls - not both - and please write very neatly or type)

SCHOOL NAME			<b>DIVISION:</b>	Ι	Π	III
ADDRESS			_ COACH'S N	AME		
CITY			_ COACH'S P	PHONE		
ZIP			_ SCHOOL P	HONE		
STUDENT NAME	SEX	GRADE	GPA	EVENT (S)		(For OATCCC use only)
1						
2						
3						
4						
5						

Principal's signature \_\_\_\_\_ Coach's signature \_\_\_\_\_

- 2. The coach is responsible for having this form signed by the school principal or counselor.
- 3. The coach will have the responsibility of notifying their respective local media.
- 4. G.P.A. cannot be over 4.000

6.

<sup>1.</sup> The coach is responsible for turning in this form at the OATCCC table at the State Track Meet. Please bring your athletes with you to receive their award at this time. Forms turned in after the State Meet will NOT be eligible.

# Ohio Association Of Track And Cross Country Coaches

#### Membership is for the calendar year, January 1, 2021 - December 31, 2021 DO NOT SEND THIS FORM IN IF YOU REGISTERED FOR THE CLINIC!

SCHOOL	TELEPHONE
SCHOOL ADDRESS	
CITY	ZIP
Individual Memberships:	
\$10 For e	coach - list coaches on the lines below.

**School Memberships:** 

Enroll your entire staff! The price is still \$10 each, but it says something about your staff!

Membership includes voting and Association privileges: Mid East Cross Country Championships, OAT&CCC Indoor State Championships, Midwest Meet of Champions, and the OAT&CCC Runner

#### Print Name(s) for school, individual, or association membership below:

		Coaching Position (please circle)			
			Boys	Girls	
1.	Head / Asst	HS / MS	Track / CC	Track / CC	
Home address		Ι	Phone:	E-Mail:	
2.	Head / Asst	HS / MS	Track / CC	Track / CC	
Home address		I	Phone:	E-Mail:	
3.	Head / Asst	HS / MS	Track / CC	Track / CC	
Home address		I	Phone:	E-Mail:	
4.	Head / Asst	HS / MS	Track / CC	Track / CC	
Home address		Ι	Phone:	E-Mail:	

Make checks payable to OAT&CCC

(Mail to address below if different than school)

Mail to: Donna Joseph 3822 Highland Avenue Shadyside, Ohio 43947 idual. or ass



#### The Ohio Association of Track & Cross Country Coaches

Dave Kirk, Editor Galion High School

- Boys' MS Track
- Boys' MS Cross Country
- Boys' Varsity Cross Country Boys' Varsity Track
  - Girls' MS Track
  - Girls' MS Cross Country
  - Girls' Varsity Track
- Girls' Varsity Cross Country
  - - PLEASE ROUTE TO: