

The Runner

Volume XIV Issue II

January 2019, Clinic Edition

Regular Features:

- President's Message
- Your District Reps and Committee Chairpersons
- Welcome to the Clinic
- Longevity Awards
- Scholarship Information
- Academic All-Ohio Results
- OAT&CCC Membership Application

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Welcome to the Clinic!

A message from the President, Diane Krumpak

Welcome! And thank you for attending the 2019 Track & Field Clinic! Our incredible clinic director, Wayne Clark, has once again put together a group of speakers who will allow us to continue to learn and to grow as coaches.

Be an active participant this weekend! Attend sessions, socials, and our Hall of Fame Banquet. Ask questions of our clinicians, and take advantage of the opportunity to talk with our fellow Ohio coaches. Ohio has a proud tradition in our sports, and our coaches are always willing to share their ideas.

You are also encouraged to contact your District Reps (contact info can be found on our website) and share any ideas/concerns you may have about our sports. Open discussions and communication will continue to improve our sports as evidenced by the addition of at-large qualifiers to the State Track & Field Meet. With coaches and officials working together to develop the proposal, our OHSAA liaison, Dale Gabor, discussed our ideas with the OHSAA Board of Control and Commissioners. With the Board's passage of the running at-large qualifiers in the fall of 2017, and the passage of the same opportunity for field event athletes this past fall, we look forward to



Easton Hilton - home of the best clinic in the USA

Photo courtesy of Hilton Hotels

having at-large entries in each event in 2019.

Your time and effort in coaching our student athletes is truly appreciated. The OATCCC Executive Board hopes that you will find this year's Clinic educational and motivational as you prepare for the 2019 Track & Field season.

ENJOY!

Sincerely,

Diane Krumpak
President

Mid-West Meet of Champions

Senior classic returns to Michigan State University in 2019

The Midwest Meet of Champions featuring the top seniors from Ohio, Michigan, and Indiana makes its second trip to Michigan State University on June 8th to showcase the talents of this year's graduating athletes before they continue their careers at the collegiate level.

Transportation arrangements are being finalized with a tentative itinerary centered around Team Ohio busses departing on Friday, June 7th and arriving at MSU for an afternoon practice session, followed by a fun evening on campus with media and entertainment events and an opportunity to meet their counterparts from the other states. Then, Saturday, athletes will compete in one of the finest regional meets in the nation.

ANY senior interested in being a part of Team Ohio and this competition should go to [the www.oatccc.com website](http://www.oatccc.com) for information updates.



THE OHIO ASSOCIATION OF TRACK AND CROSS COUNTRY COACHES REPRESENTATION BY DISTRICT

1 Ashtabula, Trumbull, Mahoning, Columbiana

2 Lake, Geauga, Cuyahoga

3 Lorain, Medina, Wayne, Ashland

4 Summit, Portage, Stark

5 Holmes, Coshocton

Carroll, Tuscarawas

Harrison, Jefferson

6 Erie, Sandusky, Seneca

Huron, Crawford, Richland

Wyandot

7 Hancock, Putnam, Allen

Paulding, Van Wert

Mercer, Auglaize, Hardin

8 Muskingum, Guernsey

Noble, Belmont, Morgan

Monroe, Washington

9 Darke, Shelby, Miami, Logan

Champaign, Clark, Green

10 Franklin, Union, Madison, Pickaway

11 Licking, Knox

Marion, Morrow

Fairfield

12 Fayette, Ross

Pike, Highland

Adams, Scioto

13 Preble, Butler

Montgoery, Warren

14 Hamilton, Brown

Clermont, Clinton

15 Williams, Fulton

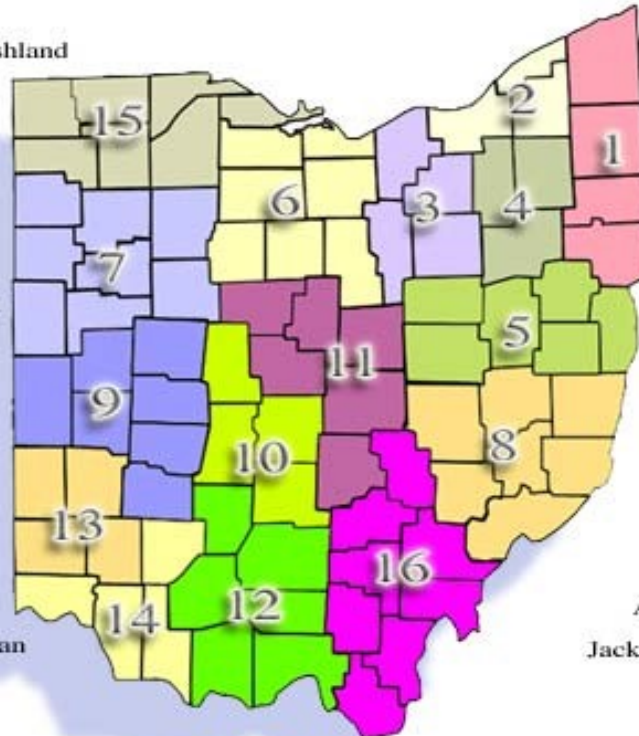
Lucas, Wood

Defience, Henry

16 Perry, Hocking

Athens, Vinton, Meigs

Jackson, Gallia, Lawrence



<u>Position</u>	<u>Name</u>	<u>School</u>	<u>Phone</u>
President	Diane Krumpak	South Range High School	330-501-3215
Vice Pres.	Doug Joy	John Glenn High School	740-704-5463
Past Pres.	Jeff Sheets	Heath Middle School	740-788-3200
Treasurer	Sam Lehman	Olentangy Orange High School	740-548-5968
Secretary	Julie Cole	Chardon High School	440-223-4336
District 1	Robert McQuoid	Geneva High School	440-466-4831
District 2	Anjanette Whitman	Lutheran West High School	440-655-0209
District 3	Jim Glessner	Norwayne High School	330-435-6384
District 4	Michael Laubacher	Massillon Perry High School	330-936-4619
District 5	Ed Lidderdale	Sandy Valley High School	330-209-1086
District 6	John Knickel	Carey High School	419-722-0559
District 7	Jim Epperly	Waynesfield-Goshen High School	419-234-3328
District 8	Dugan Hill	Caldwell High School	740-732-5634
District 9	Jack Lintz	Northmont HS / Tipp City TF	937-750-0214
District 10	Andy Cox	Thomas Worthington High School	614-638-9091
District 11	James Dingus	Olentangy Liberty High School	614-301-7761
District 12	Matt Paxton	Unioto High School	740-773-4105
District 13	Michael Beaty	Meadowdale High School	937-654-0660
District 14	Jeff Timmers	Cincinnati Hills Christian Academy	514-284-7422
District 15	Paul Barney	Toledo Christian High School	419-389-8700
District 16	Al Riffe	Vincent Warren High School	740-678-2393



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WELCOME TO THE CLINIC!

The OATCCC Welcomes Coaches from across the Nation

Welcome to the largest track clinic in the USA! We may take for granted that we will have an outstanding clinic every year, however, you need only attend clinics in other states to realize how lucky we are here in Ohio.

This year's clinic is dedicated to the Hill family—Dugan, Sharon, Brian, and Ashley. Caldwell has always been known as a Mecca for distance running and the Hill family is recognized this weekend, not only for their prominence in this community—but also for their unequalled and continuing efforts promoting cross country and track & field throughout the entire state. The Hills are truly a family united in every aspect of their volunteer status and rarely is one family member seen without the physical presence and support of the others—all of this without any wish or need for public recognition for their efforts. They just do it. Therefore, for their selfless volunteerism to all of us—we dedicate the 2019 Clinic to the Hill family.

Enjoy this clinic and all it has to offer. In the column to the right, please take note of the special certification classes being offered in response to the many new requirements being placed on coaches.

Additionally—we have tried to bring you the most current research and practical training based experts we can find in each of the four event areas. This year's lineup once again lives up to that billing and we look forward to seeing all of you in our many specific event sessions.

SPECIAL PRESENTATIONS

Ohio College Night

Thursday evening—Main Hallway

Help your kids with recruiting! This is the fourth year our Clinic has invited college coaches from around Ohio to have the opportunity to meet our high school coaches and talk about their athletes. At the time of printing, over a dozen college coaches have committed to this endeavor. STOP BY!

Sports Medicine / Pupil Activity Supervisor's Class

Saturday, 8:15-10:15—Magnolia Room

This class meets the sports medicine requirements for the PAS Certification. **There is a \$20 fee for this class** that is not covered by your clinic registration. Likewise, you do not have to be registered for the clinic to attend.

Pole Vault Certification

Saturday, 8:15-10:15—Room C-D-E

This class meets the three year renewal requirement of pole vault safety certification and rules updates. **There is no fee for this class** as it is covered by your clinic registration. You will need to show your clinic badge to attend.

OATCCC COMMITTEES AND CHAIRPERSONS

Track & Field Clinic Director	Wayne Clark	Cross Country Clinic Director	Carson Cheek
Indoor State Championship Meet	Jeff Sheets	Hall of Fame Chairperson	Neal Charske
Mid-East Cross Country Director	Neal Charske	Scholarship Chairperson	Bob Karl
Awards Chairperson	Diane Krumpak	Historian	Carson Cheek
Academic All-Ohio	R. Scott Williamson	The Runner Editor	Dave Kirk
College Liaison	Kris Boey Ohio Wesleyan Univ.	OHSAA Liaison	Dale Gabor OHSAA, Director CC/TF
Mid-West Track Meet Coordinator	Lori Robinson Thomas Worthington HS	S.E.I. Chairman	Jeff Sheets
Pole Vault Safety Clinics	Marty Dahlman	Website	Andy Cox, Ed Lidderdale
Cross Country Poll	Dugan Hill	Constitution / Bylaws	Vern Kiehl
Membership Chairman	Donna Joseph	Wheelchair Division Liaison	Dave Kirk

A complete contact list of phone numbers and addresses for these people can be found at:

<http://oatccc.com/contact-us.aspx>



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Clinic Notes

General Membership Business Meeting

Diane Krumpak, OAT & CCC President

The General Meeting of the OATCCC will be held on Thursday night at 9:30pm. This meeting is open to all members of the Association and changes to the OATCCC Constitution and Bylaws brought forward by the Executive Board may be voted on at this meeting. You are encouraged to come! The agenda for this meeting is as follows:

AGENDA FOR THE GENERAL MEMBERSHIP BUSINESS MEETING

**State Track & Field Clinic
Easton Hilton, Room A
Columbus, Ohio**

Thursday, January 24, 2019—9:30pm

**Call to Order
Secretary's Report
Treasurer's Report
Committee Reports**

-Historian/CC clinic
- Membership
-District Rep Intro
-CC/TF Proposals
-Mideast Meet
-Midwest Meet
-Indoor TF

**Krumpak
Cole
Lehman**

Cheek
Joseph
Krumpak
Charske
Robinson
Sheets

Committee Reports (cont)

-*The Runner*
-Scholarships
-Web Site
-Awards
-CC State Meet
-College Liaison
-TF Clinic
-TF State Meet
For the good of our sports
Adjournment

Kirk
Karl
Cox/Lidderdale
Krumpak
Oerhtman
Boey
Clark
Krumpak
Krumpak
Beaty

Your OATCCC provides the following for our sports' student-athletes and coaches:

CC and TF Clinics
MidEast CC Meet/Midwest TF Meet
Coaching Awards/Recognition
Indoor State TF Meet
Hall of Fame Banquet
Scholarships
Pole Vault Safety Seminars
CC Poll
HOF Display at Jesse Owens Stadium
The Runner

The OATCCC appreciates the OHSAA approval of various proposals and ideas over the years which have had a positive impact on our sports. Proposals which have been implemented include:

Girls Pole Vault
Boys 4 x 2 Relay
Girls CC: 3 divisions
CC: additional passes for teams at State Meet
TF State Meet: 9 to finals
Seated events at TF meets
TF State Meet: at-large qualifiers
CC State Meet: modification from combined enrollment to current 20 team format

Support our Sponsors! Visit our website (oatccc.com)





Clinic Notes (Cont'd)

Other Clinic Notes

MF Social / Karaoke Night

Thursday, 10:30pm-12:30am (Juniper Room, Easton C-D-E)

Always a favorite. Come share a song with your fellow coaches.

Athletes in Action - Tim Ellis

Friday, 7:30 - 8:15am (Magnolia Room)

The Fellowship of Christian Athletes will have a breakfast meeting beginning at 7:30am in the Magnolia Room of the Hilton. Fellowship and good feelings are free - Vasco Paving will be sponsoring this breakfast gathering.

Rules Interpretation Meeting

Friday (By Division—check your Clinic schedule for room and time!)

You must be registered and wearing your clinic badge to enter this meeting. Meetings will be done by division and this year on a staggered time schedule. Therefore—please check the Clinic schedule for the appropriate room and time. You may stay in the room of the session you were attending. No one will be admitted once the meeting has begun and you must stay for the entire time to receive credit. Don't forget your OHSAA cards that came in your Rules Interpretation packet!

UCS Social

Friday, 9:30-12:30am (Easton B)

Join us at the conclusion of the Hall of Fame Banquet!

Academic All-Ohio Results from 2018 Cross Country

R. Scott Williamson, Chairperson

Our endeavor in honoring our scholar-athletes with the distinction of academic All-Ohio has been very successful. The OATCCC proudly recognized nearly 500 student athletes at this fall's State Cross Country Meet. This was a very proud moment for these athletes, their parents, and their coaches. Congratulations to all!

The 2018 Cross Country recipients are posted on the Association website (<http://oatccc.com/academic-all-ohio/>). For a complete list of all honorees, please see our display in the hospitality room at the Clinic. We were the first coaches' association in Ohio to celebrate our athletes' scholastic abilities as well as their athletic excellence. Over the past 24 years, our program has grown to where we recognize nearly 1,200 Ohio student-athletes each year as Academic All-Ohio. We have received many positive comments on this program, and with the coaches' help, we are looking for even better results this spring.

In the Clinic and spring edition of *The Runner*, and in your outdoor track Regional packets (in May), you will find an application form. If you do not find this form, please question your Regional meet manager as this form has been made available to all Regional managers. If you have a State Meet bound athlete who is eligible for this award, you must bring the completed form to the OATCCC table at the State Meet. Also bring the athlete with you to receive their certificates. It is the responsibility of the coach to have the eligibility form signed by the school principal or a guidance counselor. No athlete will be entered into our records whose grade point average has not been correctly figured on a 4.000 point scale. This can and must be done.

These records are made available to interested college coaches upon request and are posted on the OATCCC website.



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Mid-East Cross Country Championships

Neal Charske

The Thirty-second Annual Mid-East Cross Country Meet was held in Kettering on November 17, 2018 on a pretty typical fall day, but with wet and slightly muddy course conditions that slowed runners to some extent.

Meet Director, Neal Charske, reports that the individual winner of the girls race was Madeline Rehm of Team Michigan in a time of 18:25.3. The winner of the boys division was Brennan Butche from Team Indiana in a time of 15:58.3. In the team scoring, Ohio finished 2nd in the girls race with 42 points. Michigan won the event with 35 points while Indiana finished 3rd with 72 points and Illinois finished 4th with 99 points. In the boys race, Ohio finished in third with 63 points. Michigan took the team title with 32 points with Indiana finishing second with 43 points. Illinois finished in fourth with 104.

Top scorers for the Ohio girls were Gracie Sprankle (Olentangy Liberty) - 2nd (18:30.3), Kaylie Kenne (Medina Highland) - 4th (18:34.0), Jenny Seas (Peebles) - 8th (18:46.3), Allison Guagenti (Olentangy Orange) - 10th (18:51.2), and Madisan Debos (Tusky Valley) - 18th (19:08.4).

The Ohio boys top finishers were Jacob Harris (Whitmer) - 5th (16:06.5), Ben Burkett (Centerville) - 12th (16:13.3), Samuel Logan (Shelby) - 13th (16:14.0), Benjamin Bayless (Indian Hill) - 15th (16:16.0), and Zachary Schultz (Perrysburg) - 18th (16:29.7).

For a complete listing of the Mid-East results, check with our OATCCC website, or at the following address:

[OATCCC Mideast XC Information](#) AND [Milesplit complete results](#)



Brennan Butche, Indiana
2018 Boys Champion



Madeline Rehm, Michigan
2018 Girls Champion

Ohio Well Represented at the Foot Locker Midwest Regionals

Taylor Ewert qualifies to the National Championships

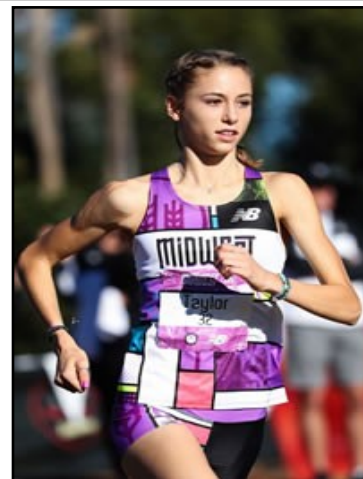
A number of Ohio runners gave up part of their Thanksgiving break to make the trek to the University of Wisconsin-Parkside in Kenosha on Saturday, November 24, 2018. The weather was pretty brisk at the start of the race, but with race time temps in the upper 30's and a dry surface, times were still fast.

In the girls team race, Ohio was led by National Championship qualifier Taylor Ewert of Beavercreek High School who finished in 2nd place with an 18:08.9. Ohio's top seven were rounded out by Emma Bucher (Centerville, 12th), Gracie Sprankle (Olentangy Liberty, 20th), Allison Johnson (Mt. Gilead, 24th), Annie Allen (St. Joseph Academy, 44th), Allison Guagenti (Olentangy Orange, 55th), and Bridgett Hahn (Akron Hoban, 65th).

In the girls team race, Ohio finished 4th with 98 points. Team champion Michigan (37) was followed by Minnesota (51), and Illinois (93). Colorado (139) finished 5th behind the Buckeyes.

In the boys team race, Ohio was led by Ryan Adkins of Twinsburg HS in 14th. Conant Smith (Middletown, 21st), Justin Iler (University School, 30th), Vincent Mauri (Warren Howland, 52nd), Matt Duvall (Pickerington North, 65th), Isaiah Kelly (Mason, 76th), and Benjamin Towler (Gahanna Lincoln, 89th) rounded out the Ohio top seven. With a total of 182 points, Ohio finished sixth of the 13 states competing behind Michigan (37), Wisconsin (61), Illinois (77), Indiana (126), and Colorado (175). Minnesota finished 8th with 278 points.

Good luck to Taylor in San Diego, and congratulations on an outstanding cross country season! You represented yourself and Ohio well!!



Taylor Ewert
Midwest Regional National Qualifier

[\(complete Midwest results here\)](#)

Photo courtesy of
<http://footlockercc.com/midwest/#>



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Foot Locker Nationals Once Again Features an Ohio Athlete *Beavercreek senior to compete at the National Championships*

Congratulations to Taylor Ewert of Beavercreek HS who qualified to the Foot Locker Cross Country National Championships held at Balboa Park, San Diego, California, on December 8, 2018.

In qualifying to this event, these athletes had to finish in the top 10 at the Midwest Regional held in Kenosha, WI on November 24th during the Thanksgiving holidays. Taylor finished in 2nd place.

At the National Championships, Taylor finished in 4th place earning All-American honors and running second for the Midwest team. The Midwest dominated the girls race winning with 20 points followed by the Northeast (40), South (72), and West (112). Sydney Masciarelli of Marionapolis Prep (Conn) was the individual women's champion with a time of 17:00.3.

The Midwest also won the boys race led by individual champion, Cole Hawker (Sr, Cathedral HS, IN) in a time of 15:13.7.

To Taylor—good luck with your collegiate career, however, before you go, please know how proud Ohio is of the way you represented yourself, your school, your community, and all of us in Ohio. Congratulations and good luck in the future as you pursue your collegiate running career.



**Taylor Ewert at the
National Championship finish line**

*Photo courtesy of the Foot Locker Cross
Country National Championship website
(<http://www.footlockercross.com>)*

2017—2018 OHIO GATORADE ATHLETES OF THE YEAR

Looking back at last year's winners

(Photos courtesy of these athletes' hometown newspapers and Gatorade.com)



**Morgan Gigandet
Troy HS**

**Ohio Athlete of the Year
2017 Cross Country**



**Dustin Horter
Lakota East HS**

**Ohio Athlete of the Year
2017 Cross Country**



**Abby Steiner
Dublin Coffman HS**

**Ohio Athlete of the Year
2018 Track and Field
Sprints**



**Dustin Horter
Lakota East HS**

**Ohio Athlete of the Year
2018 Track and Field
Distance**

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2018 DISTRICT COACHES OF THE YEAR

		BOYS TRACK & FIELD		GIRLS TRACK AND FIELD
1		Robert Motz, Salem HS		Aimee Cochran, Salem HS
2		James Chapelle, Gilmour Academy		Willie Smith, Beachwood HS
3		Kirstie Mahas, Smithville HS		Jason Ayers, Orrville HS
4		Craig Rupe, CVCA		Orlando Green, Akron Buchtel HS
5		Joe Pry, New Philadelphia HS		Jeremy Maher, Malvern HS
6		Shane Burrows, Sandusky Perkins HS		Paul Grahl, Fremont St. Joseph HS
7		Scott Miller, Kalida HS		Jessica Magoto, Minster HS
8		J.R. Fox, Cambridge HS		Darin Wilson, Buckeye Trail HS
9		Mike Davis, Springfield HS		Jim Weckesser, Beavercreek HS
10		Rod Zody, Worthington Christian HS		Roger Whittaker, Gahanna Lincoln HS
11		Hunter Nichols, Pickerington Central HS		Lauren Huelsman, Mount Gilead HS
12		Ben Burke, Paint Valley HS		Jennifer Johnston, Zane Trace HS
13		Sidney Booker, Dayton Dunbar HS		Antoine Saih, Dayton Dunbar HS
14		Jason Crockett, Cin. Moeller HS		Darren Braddix, Cin. Princeton HS
15		Greg Slim, Sylvania Northview HS		Gary Moore, Swanton HS
16		Adam Huffman, Sheridan HS		Paul Boll, Wheelersburg HS

DISTRICT		BOYS CROSS COUNTRY		GIRLS CROSS COUNTRY
1		Chris Rupe, McDonald HS		Mike Richards, McDonald HS
2		Steve Babson, Bay HS		Chris Farroni, Hawken HS
3		Robert Glatz, Amherst Steele HS		Scott Van Fleet, Medina HS
4		Mark McConnell, Hudson HS		Kevin Walsh, Massillon Jackson HS
5		John Williams, Minerva HS		Sandy Debos, Tusky Valley
6		Chris Zuercher, Shelby HS		Denise Benson, Lexington HS
7		Matt Langdon, Lincolnview HS		Jessica Magoto, Minster HS
8		Chris Arno, Bellaire HS		Dugan Hill, Caldwell HS
9		Dennis Prenger, Fort Loramie HS		Howard Russ, Beavercreek HS
10		Pat Schlecht, Hilliard Davidson HS		Nate King, Hilliard Davidson HS
11		Scott Brown, Heath HS		Mike Eblin, Centerburg HS
12		Matt Paxton, Unioto HS		Alex Gold, Peebles HS
13		Randy McKinney, Eaton HS		Dave Dobson, Centerville HS
14		Jim Brandt, Kings HS		Missy Siemers, Turpin HS
15		Keith Madaras, Perrysburg HS		Joe Shoots, Toledo St. Ursula Academy
16		J.D. Walters, Sheridan HS		Josh Kirkpatrick, Vinton County HS

Support our Sponsors—click the logo to see them!





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2019 Indoor State Championship Returns to Spire Institute

Jeff Sheets, Heath HS

The OATCCC will sponsor the fourteenth annual State Indoor Track and Field Championships on Saturday, March 2nd, at the [Spire Institute in Geneva](#). This year's schedule will feature the top 24 athletes in both the DI Meet in the morning followed by the Division II/III Meet in the afternoon and evening—a reversal of the 2018 Championship format.

The Top 40 list of each event and for declarations for the State Championship will again be maintained throughout the course of the indoor season so athletes and coaches can track their progress. We will continue the acceptance of results from some out-of-state meets and this will continue in 2019. For example, many Cincinnati schools run at the University of Kentucky and this year, those results will again be accepted—but check ahead of time!

The facility at Spire is a US Olympic training facility with state-of-the-art competition venues and a Benyon 300M, eight lane track. With two pit areas in each of the jumping field events in the jumps, simultaneous boys/girls events competition will be similar to what athletes have been accustomed in past years. Although access to the field, even for coaches, will be much more restricted than at Akron, visibility of events and seating for 5,000 and live video feed should more than make up for this.

Spire and OATCCC officials continue to work on the details of event scheduling and competition flow in order to maximize this experience for athletes and fans alike. You can follow developments on the [oatccc.com](#) website ([click here](#)).

Our State Championships have always been very professionally organized and it is the desire of the OATCCC Executive Committee to offer another opportunity for Ohio athletes to showcase their talents. Good luck—and see you in Geneva!

Midwest Meet of Champions—Preparing for 2019

Lori Robinson, Thomas Worthington HS

The 2019 Midwest Meet of Champions will be the second of the meet's four-year cycle in Michigan. The meet is scheduled for Friday/Saturday, June 7/8, 2019, at [Michigan State University](#) in East Lansing, Michigan. This competition showcases senior talent from the states of Ohio, Indiana, and Michigan. We are also hopeful that past participants—Pennsylvania, West Virginia, and Illinois - might re-join us in the near future.

In 2018, Team Michigan's men's and women's squads combined for 341 points to outscore Team Ohio's 332.5 and Team Indiana's 274.5. In the women's meet, Ohio won their fifth consecutive meet with 212.5 points followed by Michigan with 188 and Indiana with 74.5. The women won ten of the events including double individual winner, Caisja Chandler in the 100M and 200M. They also won the 4 x 1, 4 x 2, 4 x 4, and 4 x 8 relays. In the men's meet, Ohio finished third with 120 points behind Michigan's 153 and Indiana's Championship performance of 200. Ohio's male athletes won two of the seventeen events—the 4 x 800M relay and Quincy Scott's individual performance in the Long Jump.

For a complete list of results, rosters and photos from the meet, [CLICK HERE FOR BOYS](#), [HERE FOR GIRLS](#).

BE A PART OF IT IN 2019 — AND HERE IS HOW:

1. Coaches should make the Midwest staff aware of their athlete's contact information by (A) filling out and dropping off a "Quick Fact" questionnaire at our table during the Clinic weekend and/or the Indoor Championships
(B) go to our team website [by clicking here](#) or to the [Association website](#) and fill out an on-line questionnaire
(C) or directly contact Lori Robinson of Thomas Worthington High School
2. Speak early with your senior athlete and his/her parents about *holding that date*. Please don't schedule a graduation party for these days!
3. Be certain to DECLARE by filling out a quick DECLARATION FORM at the Midwest Meet tent during the State Outdoor Championships. For your convenience, the Midwest Staff will be setting up the tent early on Thursday afternoon. Our goal is to receive 95% of the declarations prior to the start of the meet.

HOPE TO SEE YOU THERE—AND GO TEAM OHIO!

Visit the OAT & CCC website at: www.oatccc.com



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Track and Cross Country Coaching Longevity Awards Jes Rudolph, Chairperson

The OATCCC wishes to recognize the coaches who have devoted twenty or more years of devoted service to our sports. If you meet the following criterion or if you know of another coach who qualifies—whether active, retired, or deceased—report to the “Awards” display area at the Clinic, or contact Jes Rudolph at:

Jes Rudolph
411 Park Avenue
Zanesville, Ohio 43701
jrudolph@eastmschools.org

The awards are as follows (application on page 12):

CERTIFICATE: A coach who has coached 20 years in one sport (track or CC) or 30 combined seasons of both can receive a certificate at the Awards display

LAPEL PIN: A coach who has coached 25 years in one sport or 40 seasons of both can receive a lapel pin at the Awards display.

PLAQUE: A coach who has coached 30 years in one sport or 50 combined seasons of both and if they have accomplished either of these during the most recent calendar year, qualifies for a plaque.

OATCCC Marvin Crosten Scholarship Applications Bob Karl, Scholarship Chairperson

The OATCCC Marv Crosten Scholarship program was established to recognize the outstanding sons and daughters of OATCCC members with scholarship awards. Named in honor of long-time coach and OATCCC officer, Marv Crosten, this scholarship program is available for students currently in their senior year of high school or their freshman year of college. The scholarships are for one year only and the parent-coach must have been an active member of the OATCCC for three consecutive years directly prior to the application being filed.

The individual scholarship awards will be given in recognition of outstanding athletes, coaches, Hall of Fame members, Ed Barker Award recipients, and the current OATCCC president. This is done in order to honor many of the positive contributors to our two sports over the years. The amount of the scholarship is \$1,000. It is a privilege to be able to help these young people as they further their education at the collegiate level.

The OATCCC scholarship committee is accepting applications for the 2019 awards. The deadline for applications to be returned to the scholarship committee is April 1, 2019. [Click here for applications](#) and send to:

Bob Karl, OATCCC Scholarship Chairperson
3005 Laplata Drive
Kettering, Ohio 45420

2018 OATCCC FRED DAFLER AWARD WINNERS

GIRLS' TRACK

Sandy Debos
Tusky Valley HS

BOYS' TRACK

Adam Huffman
Sheridan HS

GIRLS' CROSS COUNTRY

Howard Russ
Beavercreek HS

BOYS' CROSS COUNTRY

Dennis Prenger
Ft. Loramie HS

*Congratulations to all of our Career Coaches of the Year!
It is a privilege to honor you for your years of dedication and accomplishment.*



Ohio Association Of Track And Cross Country Coaches

TRACK AND CROSS COUNTRY COACHING LONGEVITY APPLICATION

The OAT&CCC wishes to recognize the coaches who have many years of devoted service. Coaches who meet the following criteria or know other coaches who have qualified are urged to contact the longevity chairman at the Awards Display Area at the OAT&CCC clinic in January. Coaches to be considered may be active, retired, or deceased. Coaches should send this form with the information at the bottom of the sheet to Jes Rudolph through her e-mail address (jrudolph@eastmschools.org)

QUALIFICATIONS:

1. In one of two categories - in a single sport, or combination of both sports.
 - A. If you have coached **either** Track **or** Cross Country **for 20 seasons or more;**
 - B. If you have coached **both** Track and Cross Country **for a combined 30 seasons or more.**
2. All seasons of coaching are included: Jr. High, High School, and College - head or assistant positions
3. Count out of state coaching only if you have been coaching in Ohio for more than ten years.
4. Count only one season per year if you coach both boys and girls teams - or jr. high and high school teams. Please be careful not to double count the number of seasons.
5. Do not count indoor track as an additional season if you coach track.

OAT & CCC LONGEVITY AWARDS:

CERTIFICATE AWARD: A coach has 20 seasons in one sport (*either track or cross country*), or 30 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic. The certificates can be updated every five years and at retirement.

LAPEL PIN AWARD: A coach who has 25 seasons in one sport (*either track or cross country*), or 40 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic.

PLAQUE AWARD: A coach who has 30 seasons in one sport (*either track or cross country*), or 50 combined seasons (in *both* track and cross country) can receive a plaque if they have accomplished either during the most recent school year. A coach who may qualify in both criteria may purchase a second plaque by contacting the Longevity Committee Chairperson. The cost is approximately \$25.

Coach _____

School _____

Home Address _____

Home Phone (_____) _____

E-Mail Address _____

History	Schools	Level	Years	Total
T & F	_____	_____	19____ - _____	_____
T & F	_____	_____	19____ - _____	_____
T & F	_____	_____	20____ - _____	_____
CC	_____	_____	19____ - _____	_____
CC	_____	_____	19____ - _____	_____
CC	_____	_____	20____ - _____	_____
Total seasons				_____



THE RUNNER

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CLASS OF 2019 HALL OF FAME

Neal Charske, Chairperson

The OAT&CCC Hall of Fame is an impressive display of names and pictures of its members now featured at the Jesse Owens Track Facility at Ohio State University. Inductees are also featured on the Association website at <http://oatccc.com>. Members of the Hall of Fame, as well as the Ed Barker Award winners, are voted on by the Executive Board who receive the nominations from the district representatives. If you have someone you would like to nominate for the Hall of Fame, please see your district representative and fill out the special form by June 30th of the year for which you are asking consideration.

Obie Mouser

When someone has coached for nearly four decades, their name and the institutions at which they coach become synonymous—and such is the case with Defiance High School and Obie Mouser. No discussion on the history of running in Northeast Ohio would be complete without including the accomplishments of Coach Mouser's program and the athletes across the year who won numerous titles and continued those careers at the collegiate level.

Obie's 37 year career in Track & Field and 28 years in Cross Country included four years at Defiance College (1980-1983) where five athletes qualified to the National Championships including hurdlers Dace Hodge and Jim Clifford, 60M sprinter Larry Nathan, and 800M runner, Jim Cross. Doug Murray earned All-American honors in the Decathlon and Craig Cox—after earning All Ohio honors in the hurdles—won the MAC Decathlon and finished 8th in the nation in the 1500M.

Defiance High School's record under Obie is no less impressive with his cross country teams qualifying to the State Meet on 14 occasions. Obie's athletes have included such greats as seven time All-Ohio Partrick Mouser and three time 3200M State Champion, Abel Flores. State Runner-up in the mile, Jim Windbigler, went on to run at Toldeo earning all MAC honors as did 400M athlete Martine Wurst at Miami. Eric Steyer was an All Ohio 800M at Defiance before winning the MAC title for Miami. Kim Hill was a State Runner-up hurdler and high jumper—and went on to be nationally ranked at the collegiate level in both events and as a Pentathlete for Miami while All-Ohio Cross Country and Track athlete, Zac Wiles, went on to be a nationally ranked Steeplechaser for Boise State.

Obie currently resides in Defiance, Ohio.

Defiance High School Team Titles / Individual Titles:

District Champions: 15

Regional Champions: 4

State Runners-up: 1

State Champions: 1

District Champions: 42

Regional qualifiers to the State Meet: 71

All-Ohio performers: 40

State Champions: 5



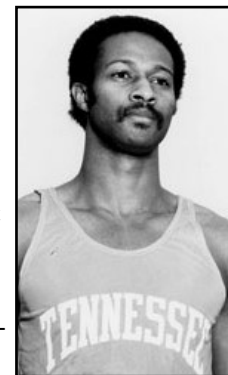
Lamar Preyor

Lamar Preyor defined sprinting in Ohio during the early 70's and all roads to the State Championship sprint races went through this Madison-Trotwood flash. He won the 100yd as a junior and a senior, won the 220yd as a junior and took the 440yd Runner-up title as a senior. In State Meet competition, he scored a total of 48 individual points during his career and as a senior, led the Rams to the State Runner-up team title. He won the 100yd at the Golden West Meet and was named National Champion while tying Jesse Owens's fastest All-Time Ohio 100yd (9.4).

Following high school, Lamar joined Coach Stan Huntsman at the University of Tennessee. As a standout freshman, he set the records in the 220 and his 300yd record (30.0) just missed the world record at the time of 29.6. His 20.0 leadoff in the 4 x 220 relay helped UT set a record that still stands today. A few weeks later, at the Penn Relays, this same Volunteer foursome ran to a World Record performance of 1:21.7. A stress fracture and hamstring injury caught up with him at the 1976 Olympic Trials in Eugene and although he qualified to the finals, his body failed him in his attempt to make the team headed for Montreal. He also competed in the 1980 Olympic Trials running the 200M.

As a Tennessee Volunteer, he earned All-American recognition five times (when only the top five places qualified—not 16 like today). He was a part of the SEC Championship teams of 1976, 1977, and 1978. The 1976 team finished third in the NCAA Championships in both indoor and outdoor and his 4 x 400M relay was National Champions with a time of 3:03.94.

Lamar remained in the Cincinnati area for most of his life and passed away in August of 2007 at the age of 50.





THE RUNNER

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CLASS OF 2019 HALL OF FAME (Continued)

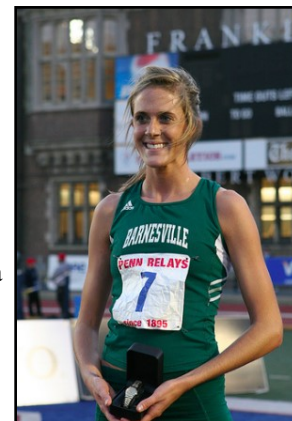
Neal Charske, Chairperson

Stephanie Morgan

On the day Stephanie Morgan moved from Clarkston, Michigan to Barnesville, Ohio, running in this state changed forever. As a freshman, Stephanie had led her Clarkston HS teammates to the Michigan State Championship title in cross country with her 6th place finish, and then went on to win the 800M and 4 x 800M titles in track while adding a Runner-up title in the 1600M. The Stephanie-led Clarkston foursome also finished second in the Distance Medley at the National Championships.

This success continued in Ohio as she won her cross country District and Regional titles before finishing fifth at the State Meet. On the track, Stephanie earned her first Ohio State Championship titles in the 1600M and the 3200M, setting the tone for the great things to come her junior year. In Cross Country, Stephanie was untouchable winning her first State Championship title before going on to qualify to the Footlocker National Championships. She repeated her 1600M-800M double and set a State Record in the 800M before helping the Barnesville 4 x 400M to a fourth place finish. Along the way, she won the Penn Relays High School Mile with the fastest time in the U.S.A at the time. She finished third at the National Championship 1500M and was named the Gatorade Track Athlete of the Year. Her senior year would see a repeat of all of her cross country success—including her second Gatorade AOTY Award—with the addition of the Nike Regional Championship title. She also won her third 1600M title and repeated as the Ohio Gatorade Track Athlete of the Year. She remains the current Ohio DIII State Record holder in the 800M and 1600M.

Stephanie went on to a successful running career at the collegiate level, first at Baylor and then transferring to Illinois where she received Big Ten recognition as well as qualifying to the National Championships twice.



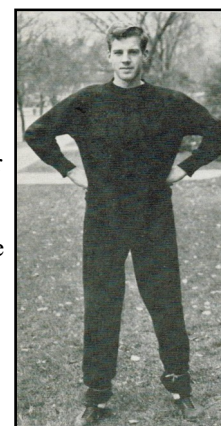
Robert Curtis

In the 1930's, going to the movies was a special treat, and—as the story goes—Bob Curtis's parents told him that if wanted to go to the theater on Friday nights, then he had better get home early. Coincidentally, that mile from the theater to his home was also the distance to school so he got plenty of practice covering that distance. By the time he entered Shaw High School in 1933, the smooth, gliding stride for which he would be known had become second nature—and Ohio's next great miler was ready to take center stage.

As a runner, the "Iron Pony" won the mile his junior year with a 4:31.3 time ranking him fifth nationally and just shy of Ohio's record of 4:29.7. Bob culminated his high school career in 1936 by winning the State Championship title in the mile with a 4:26.6 State Record that would stand for another 22 years, and his time just broke the national and world record time set in 1930 by the "Iron Horse," Glen Cunningham, while he attended Kansas Elkhart High School. In 1937, Bob joined the team at Ohio State University to continue his running career, but in 1938, he left the University to join the National Guard and was mobilized into the United States Army prior to the start of World War II.

As a paratrooper with the 82nd Airborne, Bob jumped behind enemy lines as a part of Operation Market Garden—featured in the 1977 film, *A Bridge Too Far*—, an Allied strategy intended to break the German lines and free The Netherlands. In December 1944, 1st Lt. Curtis's unit while plugging the line to stop the Axis attack during the Battle of the Bulge came under heavy German artillery fire in the Ardennes Forest. Severely wounded with over 100 pieces of metal in his back and lower legs and bleeding uncontrollably, Bob survived his life threatening injuries to return home a hero and winner of the Purple Heart. But—no more running.

Bob's life serves as a reminder to us all—coaches and athletes alike—that the lessons of discipline and character taught and learned on the field of competition carry on in our lives in ways perhaps unimaginable while on the track—but transcending the years and serving as examples of courage and devotion. Bob is pictured here as a high school athlete and later with his wife, Edna. He died February 7, 2014 and is buried at the Western Reserve National Cemetery.



PLEASE JOIN US!

The OAT&CCC Hall of Fame Banquet will be held Friday, January 26, 2018 in rooms A-B of the Easton Hilton Hotel, from 6:30 - 9:30pm. Even if you are not coming to the banquet, please feel free to join us for the UCS social from 9:30pm - 12:30am in room Easton B. Come join the fun!



CLASS OF 2019 HALL OF FAME (Continued)

Neal Charske, Chairperson

Leonard Truex

In 1945, Gunder Hagg of Sweden held the World Record in the mile at 4:01.4. Roger Bannister would lower the record to 3:59.4 in 1954, but in between would come a boy from Lima Central High School and later Ohio State University who could run right with them.

Although nearly undefeated as a miler during his high school years, his 1948 State Runner-up title (4:28.4) perhaps provided the motivation to be the best in every race after that—and the best was definitely coming. In May of 1948, the seven-year-old OATC chose Leonard to represent Team Ohio in an early version of today's Midwest Meet where he defeated the top seniors from Ohio, Michigan, Indiana, and Illinois. Later that summer, the Jr. National Championship was held during the Olympic Trials and Leonard was the only high school runner invited to race the 1500M. His sixth place finish(4:04) convinced Ohio State's coach, Larry Snyder, to offer him a scholarship.

As a freshman at OSU, Leonard set the freshman mile record with a 4:23.8. The next year, he became the fastest Buckeye ever with his 4:14.1—then lowered it to 4:10.6 as a sophomore and again to 4:09.7 as a junior. He also set the indoor mile record with a 4:10.4, the indoor 1000M record in 2:11.8, and a stadium record (in the Horseshoe) for the 880yd in 1:52.4. His 1951 Big Ten Championship title in the mile was the first time an Ohio State athlete had ever won the mile and he remains the only Buckeye to ever win both the mile and 880yd Big Ten titles in the same season.

The three time All-American won the 1950 NCAA 880yd in 1:50.9 and the 1951 AAU 1500M title in a time of 3:52.0. The mumps knocked him out of the 1952 indoor season and a lingering case of the flu hindered his outdoor season. Nevertheless, Leonard competed in the 1952 Olympic Trials' 1500M. Only a step behind the third place runner, he just missed a chance to represent the United States at the Helsinki Olympics. However, Leonard continued to compete for the Air Force from 1954 to 1956 during which time he set his PR in the mile of 4:07.0.

Today, Leonard lives in Lima, Ohio with his wife, Sonya.



Jeff Sheets

The personalities of coaches tend to shape and represent the character of the programs they lead and the teams of Heath High School are no exception. Jeff Sheets has not only had a positive influence on the athletes he coaches, but has reached out across the years to impact the sports of Cross Country and Track & Field in Ohio, something from which we have all benefitted.

Jeff's work with special education students at Licking Valley High School for 23 years and his 12 years as a guidance counselor at Heath Middle School prior to his retirement in 2012 demonstrates the caring for people for which he is best known and a leadership model for how to lift the lives of others beyond what they think possible and as a reminder to all coaches that the greater responsibility in our profession is the teaching of character so much moreso than "just running."

And character does win, by the way. On the track, his 2005 team won the Runners-up title at the State Championship Meet, returning in 2006 to finish 3rd before roaring back in 2007 to win the Division II State Championship title. With numerous State qualifiers and All-Ohio athletes across all of the event areas, highlights of individual performances include Wade Kirk who ran the 100M, 200M, and was a 21' 0" Long Jumper; Shaunisha Winter in the High Jump; Emily McCall in the 1600M; and Eric Spence who also set the Heath HJ record at 6' 10.75" and represented Team Ohio at the 2005 Midwest Meet. Aaron Roberts was the most accomplished Bulldog with a total of eight State Championship titles.

Jeff has served as a District 11 Representative to the OATCCC, a former Midwest Meet of Champions coach, and as the OATCCC President from 2016-17. He currently serves the Executive Board as Past President. A member of numerous committees and boards, Jeff has served in local, state, and national capacities. Jeff played an instrumental role in the formation of the Indoor State Championships, now in its 14th year, and is the only meet director the meet has had.

Jeff continues to coach at Heath and has served as Athletic Director and Athletic Faculty Manager since his retirement. He and his wife, Beth, live in Heath, Ohio.



Visit the OAT & CCC Hall of Fame at: <http://www.oatccc.com/halloffame>



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2019 ED BARKER AWARD

Neal Charske, Chairperson

The OATCCC Association was started in 1941, the brainchild of Ed Barker. In 1964, the OATCCC chose his name to represent the award now given as an acknowledgement to individuals who have shown the most exceptional service to the OATCCC and to the sports of Cross Country and Track & Field in Ohio.

The OATCCC takes great pride in naming Scott Dorne the 2019 Ed Barker Award winner for the leadership roles he has undertaken and the major impact he has had on the sports of cross country and track & field.

Scott coached track for 18 years and cross country for 10 at Westerville South High School during which his teams enjoyed great success at all levels of competition and individuals such as six-time State Champion Krista Keir led the Wildcats onto the All-Ohio platform. However, it has been Scott's service and leadership roles that have set him apart in our sport. Scott has served as President of the Central District Coaches Track & Cross Country Association and on the Central District Athletic Board. He has also served as meet director for the OCC League Championship Meet on four occasions and twice for the Indoor Central District Championship.

During his time as Athletic Director for Westerville South High School (2009-13), Scott still found the time to lead the OATCCC organization as its President and played an instrumental role in the preliminary discussions leading to the eventual introduction of wheelchair events to the State Championship format. In addition, Scott is credited for the implementation of the 9th place qualifier to the State finals. Scott was also instrumental in the discussion to see the State Cross Country Championships expand from 16 teams to its current 20 team format. His leadership style has also been credited on numerous occasions for the strong relationship enjoyed between the OATCCC and the OHSA.

Scott left Westerville in 2013 to serve as the Athletic Director at Thomas Worthington HS and in 2017 returned to Westerville to serve in his current capacity as Director of Facilities and Operations for the District. For all he has done for all of us, the OATCCC is proud to recognize Scott Dorne as the 2019 Ed Barker Award winner.



NATIONAL COACH OF THE YEAR

Tom Loy, East Canton High School

East Canton's Tom Loy has been named the 2018 National Coach of the Year for Boys Track & Field by the U.S. Track & Field and Cross Country Coaches Association.

Coach Loy guided the East Canton boys to the DIII team title at last year's OHSA State Championship where they earned 64 points. The Hornets claimed top three finishes in the 4x200, 4x400 and 4x800 relays highlighted by their victory in the 4x400. Stand-out individual performances were demonstrated by seniors Josh Conrad and Joel Berger. Conrad secured the 800m race win in 1:53.99 and Berger placed third in the 110m hurdles event due to his 14.74 effort.

Awards were presented at the USTFCCCA Awards Presentation in New Orleans.

"I was working retail at Champs Sports in Baton Rouge when I heard a position opened up at my alma mater. That was back in 1988," said Loy, who graduated from East Canton High School. "I put my teaching degree to use and came back home. You don't know it at the time, but if you trust your instinct, good things will happen."

Yes they do.

Congratulations Tom!



*National Coach of the Year, Tom Loy, and his
2018 State Champion East Canton Hornets*



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OHSAA SPORTSMANSHIP, ETHICS, AND INTEGRITY AWARD WINNERS

GIRLS' TRACK

Colleen Kellar
Lordstown HS

BOYS' TRACK

Dustin Young
Maysville HS

GIRLS' CROSS COUNTRY

Jerry Marshall
Massillon Perry HS

BOYS' CROSS COUNTRY

Chris Zuercher
Shelby HS

Congratulations—and thank you! Your outstanding traits of ethical behavior and integrity in your duties and responsibilities are a credit to our profession.

2018 CROSS COUNTRY CLINIC

Carson Cheek, Clinic Director

If you missed the 2018 Cross Country Clinic, then you missed another outstanding day in Dayton. The featured speaker was Greg McMillan, creator of the McMillan Running Calculator, who gave four very informative and well-received sessions. Anjanette Arabian started the clinic with a great session on “Tech for Success” and Troy’s Kevin Alexander delivered a motivational session titled, “We Are In This Together.” The clinic wrapped up with a speakers and championship coaches’ round table session including Jesse Magoto of Minster and Howard Russ of Beavercreek.

The number of coaches attending the Clinic was reported at over 150 participants making the Ohio Distance Clinic the largest single day cross country clinic in the nation. A special thanks goes out to Blue Star whose continuing sponsorship helps make this weekend a success. Also thanks to *Run Ohio* who provides much appreciated help in spreading information about this clinic and to Blue Star Sportswear and SNAP for their sponsorship.

Please mark your dates: Friday, November 15th is the Cross Country Clinic and Saturday, November 16th will be the 33rd Mid East Championship. The Thursday night (November 15th) Coaches’ Social will make its return.

Coaches—start getting your seniors signed up now for the Meet, come down for the Clinic, and then stay and support your athletes! The Fairborn Holiday Inn will once again be our clinic site.

Any questions, please feel free to contact Carson Cheek at (419) 305-5797.



Greg McMillan
McMillan Running

2018 DISTINGUISHED SERVICE AWARD WINNERS

Nominations for this award are submitted to the District Representatives and winners are announced—odd numbered districts in odd years, even numbered districts in even years.

DISTRICT 2	Deb Molnar, Official
DISTRICT 4	Jim Craig, Official
DISTRICT 6	Tium Murray, Meet Timing
DISTRICT 8	Dave Gray, Meet Manager
DISTRICT 10	Jeff Henderson, Front Fleet and Fronrunner Stores
DISTRICT 12	David Whitehouse, Official
DISTRICT 14	Robert Heim, Historian / Statistician / Photographer
DISTRICT 16	Roger Hosler, Official

*Thank you for all you have done over the years on behalf of
The sports of cross country and track and field!*



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WENDY'S HEISMAN AWARD—STATE WINNERS

R. Scott Williamson, Academic All-Ohio Chairperson

Ask any cross country or track coach and they will tell you how much the effort and work ethic exhibited by their athletes translates directly to the classroom. In a continuing effort to recognize the efforts of the athletes in our sport off the field as well as on, the OATCCC would like to recognize Bronte Johnson of Gahanna Lincoln HS and Parker Sherry of East Palestine HS who were selected as the Ohio Heisman Award winners for 2018. This marks the fifth year in a row a CC/TF athlete has represented Ohio for this award.

This award recognizes seniors from any of the nation's 29,000 public and private high schools whose credentials and qualifications are reviewed by Scholarship Management Services in cooperation with Wendy's. Students are judged not only for their athletic accomplishments, but also for their academic performance, extracurricular activity involvement, and community leadership. School Winners, State Finalists, and State Winners are then selected. From this elite group of 50, twelve National Finalists—and BOTH Bronte and Parker were chosen to be part of this very elite group and attended the Heisman Trophy Awards Presentation in New York City where the National Winner was chosen.

In Ohio over 300 students were chosen as their School Winner and from that list, twenty were chosen to be the State Finalists. Bronte and Parker were chosen from this group and received national recognition in NYC.

On behalf of the OATCCC and Ohio, great job and congratulations to you both!



*Parker Sherry and
Bronte Johnson*

OHIO ATHLETES RECEIVE US PARALYMPIC ALL-AMERICAN RECOGNITION

Dave Kirk, US Paralympics Liaison

US Paralympics, a division of the US Olympic Committee, selected 75 athletes—40 boys and 35 girls— from across the nation as 2018 US Paralympic High School All-Americans. This is the ninth year that US Paralympics has honored the top track & field athletes with Paralympic-eligible impairments based off performances during the 2018 track season.

Ohio winners included Neyla Stary Schasfoort of Avon Lake (100M, 200M, 400M, Long Jump), Chance Milledge of Oak Harbor (200M, 1500M), and Eric Rine of Bowling Green (1500M, Discus).

Participation by athletes with Paralympic classifications continues to grow with this national recognition of "ability" and of what can be accomplished when talent and desire meet opportunity. In 2018, the All-American pool of recognition came from 28 states—only the second time more than half the nation was represented and participation numbers are rising with each year. Ohio remains one of the top ten states in the nation for All-American recognition, tying for 6th in 2018.

Additionally, in Ohio, 2017 saw the addition of a State Championship in Track & Field to the Jr. High/Middle School level of competition and Paralympic athletes in 7th and 8th grades competed, received State recognition for their championship performances, and scored for their teams in this one day, all-divisions meet. Ohio remains the only state to include these athletes in championship competition at these grade levels and ensures the continuing growth of these events at the high school level. And at the high school level, athletes competed at the State Championship Meet in June before moving on to national level competitions in Wisconsin in July.

The benefits that the awareness the Wheelchair Division has created about Paralympic sport and the job our coaches are doing working with these students to dream bigger and compete in Paralympic sport continue to make Ohio a national leader in this area of Track and Field competition.

GREAT JOB OHIO!



*Eric Rine
Bowling Green HS*



**The OATCCC says,
"THANK YOU!" to ASICS -**

**The sponsor and uniform supplier to our teams at the
Midwest Meet of Champion
Thanks for helping our champions *look* like champions!**



Ohio Association Of Track And Cross Country Coaches

ACADEMIC ALL-OHIO AWARD 2019 OUTDOOR TRACK AND FIELD

ELIGIBILITY

1. You must have an accumulative high school G.P.A. of 3.5 or better to be eligible. Grades must be computed on a 4.0 scale and carried out to three (3) decimal places. If your school does not use a 4.0 scale, you must have your guidance counselor convert the average to an unweighted 4.0 scale equivalent. G.P.A.'s must be calculated at the end of each semester preceding the student's current season.
2. Athletes must qualify for the State Meet
3. Freshmen are not eligible
4. Only relay team members who competed at the Regional or State Meets are eligible.

Nomination Form

(Use this form for boys or girls - not both - and please write very neatly or type)

SCHOOL NAME _____ DIVISION: I II III
ADDRESS _____ COACH'S NAME _____
CITY _____ COACH'S PHONE _____
ZIP _____ SCHOOL PHONE _____

STUDENT NAME	SEX	GRADE	GPA	EVENT (S)	(For OATCCC use only)
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____	_____

Principal's signature _____ Coach's signature _____

1. The coach is responsible for turning in this form at the OATCCC table at the State Track Meet. Please bring your athletes with you to receive their award at this time. Forms turned in after the State Meet will NOT be eligible.
2. The coach is responsible for having this form signed by the school principal or counselor.
3. The coach will have the responsibility of notifying their respective local media.
4. **G.P.A. cannot be over 4.000**



Ohio Association Of Track And Cross Country Coaches

Membership is for the calendar year, January 1, 2019 - December 31, 2019
DO NOT SEND THIS FORM IN IF YOU REGISTERED FOR THE CLINIC!

SCHOOL _____ TELEPHONE _____
SCHOOL ADDRESS _____
CITY _____ ZIP _____

Individual Memberships:

_____ \$10 For each coach - list coaches on the lines below.

School Memberships:

_____ Enroll your entire staff! The price is still \$10 each, but it says something about your staff!

*Membership includes voting and Association privileges: Mid East Cross Country Championships,
OAT&CCC Indoor State Championships, Midwest Meet of Champions, and the OAT&CCC Runner*

Print Name(s) for school, individual, or association membership below:

		Coaching Position (please circle)		
			Boys	Girls
			Track / CC	Track / CC
1.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:	E-Mail:	
2.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:	E-Mail:	
3.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:	E-Mail:	
4.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:	E-Mail:	

Make checks payable to OAT&CCC

(Mail to address below if different than school)

Mail to:

**Donna Joseph
3822 Highland Avenue
Shadyside, Ohio 43947**



*The Ohio Association of
Track & Cross Country Coaches*

**Dave Kirk, Editor
Galion High School**

Boys' Varsity Cross Country

Boys' Varsity Track

Boys' MS Cross Country

Boys' MS Track

Girls' Varsity Cross Country

Girls' Varsity Track

Girls' MS Cross Country

Girls' MS Track

PLEASE ROUTE TO: