

The Runner

Volume XIII, Issue II

January 2018, Clinic Edition

Regular Features:

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- Your District Reps and Committee Chairpersons
- Welcome to the Clinic
- Longevity Awards
- Scholarship Information
- Academic All-Ohio Results
- OAT&CCC Membership Application

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Welcome to the Clinic!

A message from the President, Jeff Sheets

Welcome, and thank you for coming to the 2018 OATCCC Track and Field Clinic. Once again, Wayne Clark, our clinic director, has worked all year to bring us the best and brightest coaches in our sport of track and field.

My second year as President of the OATCCC has been one of transitions and change within our sports of both Cross Country and Track. As the OATCCC works to improve our communication with our association members our website has been updated and greatly improved. The Executive Board is listed with contact information for each board member. If you have any questions for the Board, feel free to contact your representative or any of the officers at the contact link that is provided.

Other changes have included a proposal to the OHSAA about increasing the number of competitive divisions in Track, moving our Indoor State Championships from Akron to the Spire Institute in order to accommodate an ever growing audience as interest in our sport increases, and the last of the four years of the Midwest Meet of Champions in Ohio and the preparation that comes with the 2018 move to Michigan. We continue to support our wheelchair athletes and expand programs of all



Easton Hilton - home of the best clinic in the USA

Photo courtesy of Hilton Hotels

types to the middle school levels of competition. Ohio is a national leader in a lot of areas and serving as your President has been truly an honor and a privilege.

Enjoy the Clinic and ask as many questions as you wish. Thank you for all you do for our athletes, and for the sports of track and field and cross country in Ohio.

Sincerely,

Jeff Sheets
President

Mid-West Meet of Champions

Senior classic moves to Michigan State University in 2018

The Midwest Meet of Champions featuring the top seniors from Ohio, Michigan, and Indiana moves to East Lansing, Michigan for a four year stay with the first year's events being held at Michigan State University on Saturday, June 9th.

Transportation arrangements are being finalized with a tentative itinerary centered around Team Ohio busses departing on June 8th and arriving at MSU for an afternoon practice session followed by a fun evening on campus with media and entertainment events and an opportunity to meet their counterparts from the other states. Then, on Saturday, athletes will compete in one of the finest regional meets in the nation.

ANY senior interested in being a part of Team Ohio and this competition should go to [the www.oatccc.com website](http://www.oatccc.com) for information updates.



THE OHIO ASSOCIATION OF TRACK AND CROSS COUNTRY COACHES REPRESENTATION BY DISTRICT

1 Ashtabula, Trumbull, Mahoning, Columbiana

2 Lake, Geauga, Cuyahoga

3 Lorain, Medina, Wayne, Ashland

4 Summit, Portage, Stark

5 Holmes, Coshocton

Carroll, Tuscarawas

Harrison, Jefferson

6 Erie, Sandusky, Seneca

Huron, Crawford, Richland

Wyandot

7 Hancock, Putnam, Allen

Paulding, Van Wert

Mercer, Auglaize, Hardin

8 Muskingum, Guernsey

Noble, Belmont, Morgan

Monroe, Washington

9 Darke, Shelby, Miami, Logan

Champaign, Clark, Green

10 Franklin, Union, Madison, Pickaway

11 Licking, Knox

Marion, Morrow

Fairfield

12 Fayette, Ross

Pike, Highland

Adams, Scioto

13 Preble, Butler

Montgoery, Warren

14 Hamilton, Brown

Clermont, Clinton

15 Williams, Fulton

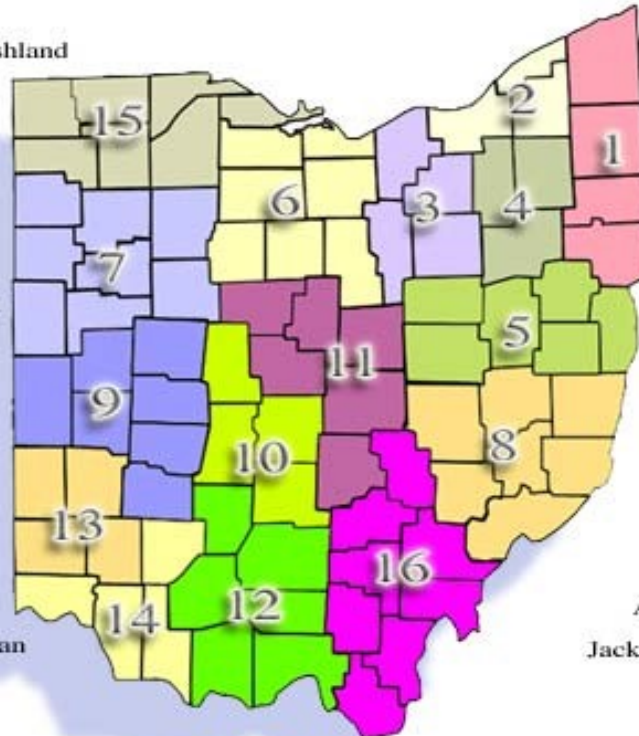
Lucas, Wood

Defience, Henry

16 Perry, Hocking

Athens, Vinton, Meigs

Jackson, Gallia, Lawrence



<u>Position</u>	<u>Name</u>	<u>School</u>	<u>Phone</u>
President	Jeff Sheets	Heath Middle School	740-788-3200
Vice Pres.	Diane Krumpak	South Range High School	330-501-3215
Past Pres.	Dugan Hill	Caldwell High School	740-732-5634
Treasurer	Sam Lehman	Olentangy Orange High School	740-548-5968
Secretary	Julie Cole	Chardon High School	440-223-4336
District 1	Robert McQuoid	Geneva High School	440-466-4831
District 2	Anjanette Whitman	Lutheran West High School	440-655-0209
District 3	Jim Glessner	Norwayne High School	330-435-6384
District 4	Mary Pusateri	St. Thomas Aquinas High School	330-705-1367
District 5	Ed Lidderdale	Sandy Valley High School	330-209-1086
District 6	Preston Foy	Colonel Crawford High School	419-564-4648
District 7	Jim Epperly	Waynesfield-Goshen High School	419-234-3328
District 8	Doug Joy	John Glenn High School	740-704-5463
District 9	Jack Lintz	Clayton Northmont High School	937-750-0214
District 10	Andy Cox	Thomas Worthington High School	614-638-9091
District 11	James Dingus	Olentangy Liberty High School	614-301-7761
District 12	Matt Paxton	Unioto High School	740-773-4105
District 13	Michael Beaty	Meadowdale High School	937-654-0660
District 14	Jeff Timmers	Cincinnati Hills Christian Academy	514-284-7422
District 15	Paul Barney	Toledo Christian High School	419-389-8700
District 16	Al Riffe	Vincent Warren High School	740-678-2393



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WELCOME TO THE CLINIC!

The OATCCC Welcomes Coaches from across the Nation

Welcome to the largest track clinic in the USA! We may take for granted that we will have an outstanding clinic every year, however, you need only attend clinics in other states to realize how lucky we are here in Ohio.

This year's clinic is dedicated to Wayne Clark who has served as the Chairman and Director of our annual clinic for the past 30 years. A Hall of Fame member in his own right as a coach and nationally known clinician, Wayne has served this Association in just about every capacity imaginable. But the growth and success of this Clinic has—despite what he will tell you about the many people who help make it possible—is due not only because of his personal love for the sports of Cross Country and Track & Field, but also his passion for teaching coaches how to be better and as a result make Ohio the national leader it has become. Thank you, Wayne—and we all hope there will be 30 more.

So—enjoy this clinic and all it has to offer. In the column to the right, please take note of the special certification classes being offered in response to the many new requirements being placed on coaches.

Additionally—we have tried to bring you the most current research and practical training based experts we can find in each of the four event areas. This year's lineup once again lives up to that billing and we look forward to seeing all of you in our many specific event sessions.

SPECIAL PRESENTATIONS

Help your kids with recruiting!

Main Hallway

This is the third year our Clinic has invited college coaches from around Ohio to have the opportunity to meet our high school coaches and talk about their athletes. At the time of printing, over a dozen college coaches have committed to this endeavor. STOP BY!

Sports Medicine / Pupil Activity Supervisor's Class

Saturday, 8:15-10:15—Magnolia Room

This class meets the sports medicine requirements for the PAS Certification. **There is a \$20 fee for this class** that is not covered by your clinic registration. Likewise, you do not have to be registered for the clinic to attend.

Pole Vault Certification

Saturday, 8:15-10:15—Room C-D-E

This class meets the three year renewal requirement of pole vault safety certification and rules updates. **There is no fee for this class** as it is covered by your clinic registration. You will need to show your clinic badge to attend.

OATCCC COMMITTEES AND CHAIRPERSONS

Track & Field Clinic Director	Wayne Clark	Cross Country Clinic Director	Carson Cheek
Indoor State Championship Meet	Jeff Sheets	Hall of Fame Chairperson	Neal Charske
Mid-East Cross Country Director	Neal Charske	Scholarship Chairperson	Bob Karl
Awards Chairperson	Diane Krumpak	Historian	Carson Cheek
Academic All-Ohio	R. Scott Williamson	The Runner Editor	Dave Kirk
College Liaison	Kris Boey Ohio Wesleyan Univ.	OHSAA Liaison	Dale Gabor OHSAA, Director CC/TF
Mid-West Track Meet Coordinator	Lori Robinson Thomas Worthington HS	S.E.I. Chairman	Jeff Sheets
Pole Vault Safety Clinics	Marty Dahlman	Web Site	Bob Hollen, Andy Cox Ed Lidderdale
Cross Country Poll	Dugan Hill	Constitution / Bylaws	Vern Kiehl
Membership Chairman	Donna Joseph	Wheelchair Division Liaison	Dave Kirk

A complete contact list of phone numbers and addresses for these people can be found at:

<http://oatccc.com/contact-us.aspx>



Clinic Notes

General Membership Business Meeting

Jeff Sheets, OAT & CCC President

The General Meeting of the OATCCC will be held on Thursday night at 9:30pm. This meeting is open to all members of the Association and changes to the OATCCC Constitution and Bylaws brought forward by the Executive Board may be voted on at this meeting. You are encouraged to come! The agenda for this meeting is as follows:

AGENDA FOR THE GENERAL MEMBERSHIP BUSINESS MEETING

State Track & Field Clinic
Easton Hilton, Room A
Columbus, Ohio

Thursday, January 25, 2018—9:30pm

Call to Order	Sheets
Secretary's Report	Cole
Treasurer's Report	Lehman
Standing Committee Reports	
Historian	Cheek
Membership	Joseph
District Representatives Intro	Sheets
State of CC/TF - Proposals	Sheets
Mid East Championships	Charske
Midwest Meet	Robinson
Indoor Track Championships	Sheets
<i>The Runner</i>	Kirk
Scholarship Committee	Karl
Web Site	Cox / Lidderdale
S.E.I.	Sheets
Cross Country State Meet	Oerhtman
College Liaison	Boey
T & F Clinic	Clark
State T & F Meet	Oehrtman
For the Good of the Sport	Sheets
Adjournment	Beaty

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Clinic Notes (Cont'd)

Other Clinic Notes

MF Social / Karaoke Night

Thursday, 10:30pm-12:30am (Juniper Room, Easton C-D-E)

Always a favorite. Come share a song with your fellow coaches.

Athletes in Action - Tim Ellis

Friday, 7:30 - 8:15am (Magnolia Room)

The Fellowship of Christian Athletes will have a breakfast meeting beginning at 7:30am in the Magnolia Room of the Hilton. Fellowship and good feelings are free - Vasco Paving will be sponsoring this breakfast gathering.

Rules Interpretation Meeting

Friday (By Division—check your Clinic schedule for room and time!)

You must be registered and wearing your clinic badge to enter this meeting. Meetings will be done by division and this year on a staggered time schedule. Therefore—please check the Clinic schedule for the appropriate room and time. You may stay in the room of the session you were attending. No one will be admitted once the meeting has begun and you must stay for the entire time to receive credit. Don't forget your OHSAA cards that came in your Rules Interpretation packet!

UCS Social

Friday, 9:30-12:30am (Easton B)

Join us at the conclusion of the Hall of Fame Banquet!

Academic All-Ohio Results from 2017 Cross Country

R. Scott Williamson, Chairperson

Our endeavor in honoring our scholar-athletes with the distinction of academic All-Ohio has been very successful. The OATCCC proudly recognized nearly 500 student athletes at this fall's State Cross Country Meet. This was a very proud moment for these athletes, their parents, and their coaches. Congratulations to all!

The 2017 Cross Country recipients are posted on the Association website (<http://oatccc.com/academic-all-ohio/>). For a complete list of all honorees, please see our display in the hospitality room at the Clinic. We were the first coaches' association in Ohio to celebrate our athletes' scholastic abilities as well as their athletic excellence. Over the past 23 years, our program has grown to where we recognize nearly 1,200 Ohio student-athletes each year as Academic All-Ohio. We have received many positive comments on this program, and with the coaches' help, we are looking for even better results this spring.

In the Clinic and spring edition of *The Runner*, and in your outdoor track Regional packets (in May), you will find an application form. If you do not find this form, please question your Regional meet manager as this form has been made available to all Regional managers. If you have a State Meet bound athlete who is eligible for this award, you must bring the completed form to the OATCCC table at the State Meet. Also bring the athlete with you to receive their certificates. It is the responsibility of the coach to have the eligibility form signed by the school principal or a guidance counselor. No athlete will be entered into our records whose grade point average has not been correctly figured on a 4.000 point scale. This can and must be done.

These records are made available to interested college coaches upon request and are posted on the OATCCC website.



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Mid-East Cross Country Championships

Neal Charske

The Thirty-first Annual Mid-East Cross Country Meet was held in Kettering on November 18, 2017 on a pretty typical fall day, but with wet and sloppy course conditions that slowed runners to some extent.

Meet Director, Neal Charske, reports that the individual winner of the girls race was Sophie Carrier of Shaker Heights HS (OH) in a time of 18:25. The winner of the boys division was Dustin Horter from Lakota East HS (OH) in a time of 15:51. In the team scoring, Ohio finished 2nd in the boys race with 42 points. Michigan won the event with 35 points while Indiana finished 3rd with 67 points and Illinois finished 4th with 72 points. In the girls race, Ohio won for the first time since 2014 with 38 points in a tight race. Indiana finished 2nd with 46 points followed by Michigan with 51 and Illinois with 122. This is the 9th time the women have won.

Top scorers for the Ohio girls were Sophie Carrier (Shaker Heights) - 1st (18:25), Sydney Seymour (St. Joseph's Acad) - 7th (19:21), Emma Bower (Olentangy Liberty) - 8th (19:23), Perri Bockrath (Alter) - 9th (19:30), and Claire Steigerwald (Gahanna Lincoln) - 13th (19:45). The Ohio boys top finishers were Dustin Horter (Lakota East) - 1st (15:51), Zach Applegate (Bowling Green) - 4th (16:03), Nate Kawalec (Chardon) - 11th (16:27), Nate Cousino (Whitmer) - 12th (16:27), and Joe Spitzer (Versailles) - 14th (16:28).

For a complete listing of the Mid-East results, check with our OATCCC website, or at the following address:

[OATCCC Mideast XC Information](#) AND [MileSplit complete results](#)



Dustin Horter and Sophie Carrier
2017 Mideast XC Champions

<http://oh.milesplit.com/articles/227708-dustin-horter-sophie-carrier-take-wins-at-the-mid-east-xc-championship>

Ohio Well Represented at the Foot Locker Midwest Regionals

Kreft, Scrape, and Johnson qualify to the National Championships

A number of Ohio runners gave up part of their Thanksgiving break to make the trek to the University of Wisconsin-Parkside in Kenosha on Saturday, November 25, 2017. The weather was pretty brisk at the start of the race, but with race time temps in the upper 30's and a dry surface, times were still fast.

In the boys team race, Ohio was led by a trio of National Championship qualifiers: Zach Kreft (Buckeye Valley, 2nd), Matt Scrape (Pickerington Central, 4th), and Chad Johnson (Colonel Crawford, 6th). Lucas Bons (Dublin Coffman, 13th), Justin Iler (University School, 30th), Nate Kawalec (Chardon, 33rd) and Vincent Mauri (Warren Howland, 34th) rounded out the Ohio top seven. With a total of 55 points, Ohio finished second behind Illinois (47). Michigan (78), Indiana (100), and Colorado (131) rounded out the top five teams of the thirteen states competing.

In the girls team race, Ohio finished 7th in a fairly tight race with 149 points. Team champion Michigan (28) was followed by Illinois (61), Minnesota (110), Colorado (134), Wisconsin (136) and Indiana (141). Missouri trailed Ohio with 207 to earn 8th place.

Ohio scorers were led by Faith Duncan (Lebanon, 17th), Leah Roter (Beachwood, 23rd), Sydney Seymour (St. Joseph's Academy, 27th), Grace Kilroy (Centerville, 37th), and Madelynn Frey (Cincinnati Colerain, 45th). Alicia Neumeier (Lakota East, 51st) and Lindsey Ott (Olentangy Orange, 55th) rounded out the Ohio top seven.

Good luck to Zach Kreft, Matt Scrape, and Chad Johnson in San Diego, and congratulations to all of you on an outstanding cross country season! You represented yourselves and Ohio well!!

[\(complete Midwest results here\)](#)



Kreft, Scrape, and Johnson
Midwest Regional National Qualifiers

Photos courtesy of

<http://footlockercc.com/midwest/#>



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Foot Locker Nationals Once Again Features an Ohio Athlete *Ohio boys trio compete at the National Championships*

Congratulations to Zach Kreft (Buckeye Valley), Matt Scrape (Pickerington Central), and Chad Johnson (Colonel Crawford) who qualified to the Foot Locker Cross Country National Championships held at Balboa Park, San Diego, California, on December 9, 2017.

In qualifying to this event, these athletes had to finish in the top 10 at the Midwest Regional held in Kenosha, WI on November 25th during the Thanksgiving holidays. These three athletes finished in 2nd, 4th, and 6th respectively.

At the National Championships, Johnson finished in 11th place running finishing fifth for the Midwest contingent just ahead of Kreft in 12th place. Scrape finished in 19th. Dylan Jacobs of Orland Park (ILL) took top individual honors leading the Midwest team to the Regional title by one point over the South, 31 to 32. The Northeast finished in third with 81 points and the West finished with 98 points.

Claudia Lane (Jr, Malibu HS, CA) repeated as girls Champion.

To Chad, Zach, and Matt —good luck with your collegiate careers, however, before you go, please know how proud Ohio is of the way you represented yourselves, your schools, your communities, and all of us in Ohio. Congratulations and good luck in the future as you pursue your collegiate running careers.



Johnson, Kreft, and Scrape at the National Championship finish line

Photo courtesy of the Foot Locker Cross Country National Championship website (<http://www.footlockercc.com>)

2016—2017 OHIO GATORADE ATHLETES OF THE YEAR

Looking back at last year's winners

(Photos courtesy of these athletes' hometown newspapers and Gatorade.com)



India Johnson
Hilliard Davidson HS

Ohio Athlete of the Year
2016 Cross Country



Dustin Horter
Lakota East HS

Ohio Athlete of the Year
2016 Cross Country



Molly Leppelmeir
McComb HS

Ohio Athlete of the Year
2017 Track and Field
Throws



Max Frye
New Albany HS

Ohio Athlete of the Year
2017 Track and Field
Hurdles

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2017 DISTRICT COACHES OF THE YEAR

		BOYS TRACK & FIELD		GIRLS TRACK AND FIELD
1		Emily Long, Geneva HS		Cindy Dickey, Lakeview HS
2		Antonio Coleman, Warrensville Hts. HS		Willie Smith, Beachwood HS
3		Kirstie Mahas, Smithville HS		Jason Ayers, Orville HS
4		Lee Sternberg, East Canton HS		Orlando Green, Akron Buchtel HS
5		Zach Mottick, Garaway HS		Chris Wolf, Carrollton HS
6		Ralph Baker, Lexington HS		Mike Lyons, Ontario, Ontario HS
7		William Thiesen, Bluffton HS		Emmanuel Curtis, Lima Senior HS
8		Shawn Valoric, Bellaire HS		Doug Joy, John Glenn HS
9		Kyle Moore, Covington HS		Brian Rioch, Anna HS
10		Bill Darling, Thomas Worthington HS		Roger Whittaker, Gahanna Lincoln HS
11		Jason Roach, Pickerington Central HS		Hunter Nichols, Pickerington Central HS
12		Jason Wells, Circleville HS		Brian Netter, Unioto HS
13		Sidney Booker, Dunbar HS		Antoine Sain, Dunbar HS
14		Sue Savage, Indian Hill HS		Timothy Crooks, Cincinnati Withrow HS
15		Troy Roth, Montpelier HS		Dina Gladieux, Archbold HS
16		Noah Watkins, Nelsonville-York HS		Josh Fogler, Readsville Eastern HS

DISTRICT		BOYS CROSS COUNTRY		GIRLS CROSS COUNTRY
1		Chris Rupe, McDonald HS		Steve Hill, Ashtabula Edgewood HS
2		Steve Stahl, Rocky River HS		Chris Farroni, Hawken HS
3		Milt Place, Medina HS		Devan Lippincott, Medina Highland HS
4		Mark McConnell, Hudson		Megan Petraska, Hudson HS
5		Bruce Crile, New Philadelphia HS		John Williams, Minerva HS
6		Chris Zuercher, Shelby HS		Denise Benson, Lexington HS
7		Emily Holliday, Van Wert HS		Jessie Magoto, Minster HS
8		Chrissy Lewis, Martins Ferry HS		Chrissy Lewis, Martins Ferry HS
9		Dennis Prenger, Fort Loramie HS		Brian Kimmel, Tippecanoe HS
10		Pat Schlecht, Hilliard Davidson HS		Darrell Dewese, Olentangy Liberty HS
11		Nathan Ritz, Buckeye Valley HS		Dennis West, Mount Gilead HS
12		Raymond Friend, Leesburg Fairfield HS		John Williams, Zane Trace HS
13		Kevin Welsh, Centerville HS		Dave Dobson, Centerville HS
14		Tom Rapp, Mason HS		Rachel Bea, Ursuline HS
15		Jeremy Elliot, Toledo Whitmer HS		Tom Wagner, Pettisville HS
16		J.D. Walters, Sheridan HS		Rob Myers, Fairfield Union HS

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2018 Indoor State Championship Moves to Spire Institute

Jeff Sheets, Heath HS

The OATCCC will sponsor the thirteenth annual State Indoor Track and Field Championships on Saturday, March 3rd, at the [Spire Institute in Geneva](#). This year's schedule will feature the top 24 athletes in both the DII/III Meet in the morning followed by the Division I Meet in the afternoon and evening—a reversal of the 2017 Championship format.

The Top 40 list of each event and for declarations for the State Championship will again be maintained throughout the course of the indoor season so athletes and coaches can track their progress. We will continue the acceptance of results from some out-of-state meets and this will continue in 2018. For example, many Cincinnati schools run at the University of Kentucky and this year, those results will again be accepted—but check ahead of time!

The facility at Spire is a US Olympic training facility with state-of-the-art competition venues and a Benyon 300M, eight lane track. With two pit areas in each of the jumping field events in the jumps, simultaneous boys/girls events competition will be similar to what athletes have been accustomed in past years. Although access to the field, even for coaches, will be much more restricted than at Akron, visibility of events and seating for 5,000 and live video feed should more than make up for this.

Spire and OATCCC officials continue to work on the details of event scheduling and competition flow in order to maximize this experience for athletes and fans alike. You can follow developments on the [oatccc.com](#) website ([click here](#)).

Our State Championships have always been very professionally organized and it is the desire of the OATCCC Executive Committee to offer another opportunity for Ohio athletes to showcase their talents. Good luck—and see you in Geneva!

Midwest Meet of Champions—Preparing for 2018

Lori Robinson, Thomas Worthington HS

The 2018 Midwest Meet of Champions will be the first of the meet's four-year cycle in Michigan. The meet is scheduled for Friday/Saturday, June 8/9, 2018, at [Michigan State University](#) in East Lansing, Michigan. This competition showcases senior talent from the states of Ohio, Indiana, and Michigan. We are also hopeful that past participants—Pennsylvania, West Virginia, and Illinois - might re-join us in the near future.

In 2017, Team Ohio's men's and women's squads combined for 381 points to outscore Team Michigan's 326.5 and Team Indiana's 240.5. In the women's meet, Ohio won their fourth consecutive meet with 228 points followed by Michigan with 160.5 and Indiana with 84.5. The women won ten of the events including a 1-2-3 finish in the discus, a tied meet record in the pole vault, and a 1-2 finish in the 1600M. They also won the 4 x 2, 4 x 4, and 4 x 8 relays. In the men's meet, Ohio made it six Championship titles in a row with 179 points ahead of Michigan's 149 and Indiana's 147. Ohio's male athletes won five of the seventeen events including the discus, 1600M, 3200M, and the 4 x 2 and 4 x 4 relays.

For a complete list of results, rosters and photos from the meet, [CLICK HERE FOR BOYS](#), [HERE FOR GIRLS](#).

BE A PART OF IT IN 2018 — AND HERE IS HOW:

1. Coaches should make the Midwest staff aware of their athlete's contact information by (A) filling out and dropping off a "Quick Fact" questionnaire at our table during the Clinic weekend and/or the Indoor Championships
(B) go to our team website [by clicking here](#) or to the [Association website](#) and fill out an on-line questionnaire
(C) or directly contact Lori Robinson of Thomas Worthington High School
2. Speak early with your senior athlete and his parents about *holding that date*. Please don't schedule a graduation party for these days!
3. Be certain to DECLARE by filling out a quick DECLARATION FORM at the Midwest Meet tent during the State Outdoor Championships. For your convenience, the Midwest Staff will be setting up the tent early on Thursday afternoon. Our goal is to receive 95% of the declarations prior to the start of the meet.

HOPE TO SEE YOU THERE—AND GO TEAM OHIO!

Visit the OAT & CCC website at: www.oatccc.com



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Track and Cross Country Coaching Longevity Awards

Mike Beam, Chairperson

The OATCCC wishes to recognize the coaches who have devoted twenty or more years of devoted service to our sports. If you meet the following criterion or if you know of another coach who qualifies—whether active, retired, or deceased—report to the “Awards” display area at the Clinic, or contact Mike Beam at:

Mike Beam
Morgan High School
8005 Raider Drive
McConnelsville, Ohio 43756
mc-beamm@seovec.org

The awards are as follows (application on page 12):

CERTIFICATE: A coach who has coached 20 years in one sport (track or CC) or 30 combined seasons of both can receive a certificate at the Awards display

LAPEL PIN: A coach who has coached 25 years in one sport or 40 seasons of both can receive a lapel pin at the Awards display.

PLAQUE: A coach who has coached 30 years in one sport or 50 combined seasons of both and if they have accomplished either of these during the most recent calendar year, qualifies for a plaque.

OATCCC Marvin Crosten Scholarship Applications

Bob Karl, Scholarship Chairperson

The OATCCC Marv Crosten Scholarship program was established to recognize the outstanding sons and daughters of OATCCC members with scholarship awards. Named in honor of long-time coach and OATCCC officer, Marv Crosten, this scholarship program is available for students currently in their senior year of high school or their freshman year of college. The scholarships are for one year only and the parent-coach must have been an active member of the OATCCC for three consecutive years directly prior to the application being filed.

The individual scholarship awards will be given in recognition of outstanding athletes, coaches, Hall of Fame members, Ed Barker Award recipients, and the current OATCCC president. This is done in order to honor many of the positive contributors to our two sports over the years. The amount of the scholarship is \$1,000. It is a privilege to be able to help these young people as they further their education at the collegiate level.

The OATCCC scholarship committee is accepting applications for the 2018 awards. The deadline for applications to be returned to the scholarship committee is April 1, 2018. [Click here for applications](#) and send to:

Bob Karl, OATCCC Scholarship Chairperson
3005 Laplata Drive
Kettering, Ohio 45420

2017 OATCCC FRED DAFLER AWARD WINNERS

GIRLS' TRACK

John Williams
Minerva HS

BOYS' TRACK

Stewart Behm
Tiffin Calvert HS

GIRLS' CROSS COUNTRY

Byron Kimmel
Tippecanoe HS

BOYS' CROSS COUNTRY

Obie Mouser
Defiance HS

*Congratulations to all of our Career Coaches of the Year!
It is a privilege to honor you for your years of dedication and accomplishment.*



Ohio Association Of Track And Cross Country Coaches

TRACK AND CROSS COUNTRY COACHING LONGEVITY APPLICATION

The OAT&CCC wishes to recognize the coaches who have many years of devoted service. Coaches who meet the following criteria or know other coaches who have qualified are urged to contact the longevity chairman at the Awards Display Area at the OAT&CCC clinic in January. Coaches to be considered may be active, retired, or deceased. Coaches may should send this form with the information at the bottom of the sheet to Mike Beam through his e-mail address (mc-beamm@seovec.org)

QUALIFICATIONS:

1. In one of two categories - in a single sport, or combination of both sports.
 - A. If you have coached **either** Track **or** Cross Country **for 20 seasons or more;**
 - B. If you have coached **both** Track and Cross Country **for a combined 30 seasons or more.**
2. All seasons of coaching are included: Jr. High, High School, and College - head or assistant positions
3. Count out of state coaching only if you have been coaching in Ohio for more than ten years.
4. Count only one season per year if you coach both boys and girls teams - or jr. high and high school teams. Please be careful not to double count the number of seasons.
5. Do not count indoor track as an additional season if you coach track.

OAT & CCC LONGEVITY AWARDS:

CERTIFICATE AWARD: A coach has 20 seasons in one sport (*either track or cross country*), or 30 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic. The certificates can be updated every five years and at retirement.

LAPEL PIN AWARD: A coach who has 25 seasons in one sport (*either track or cross country*), or 40 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic.

PLAQUE AWARD: A coach who has 30 seasons in one sport (*either track or cross country*), or 50 combined seasons (in *both* track and cross country) can receive a plaque if they have accomplished either during the most recent school year. A coach who may qualify in both criteria may purchase a second plaque by contacting the Longevity Committee Chairperson. The cost is approximately \$25.

Coach _____

School _____

Home Address _____

Home Phone (_____) _____

E-Mail Address _____

History	Schools	Level	Years	Total
T & F	_____	_____	19____ - _____	_____
T & F	_____	_____	19____ - _____	_____
T & F	_____	_____	20____ - _____	_____
CC	_____	_____	19____ - _____	_____
CC	_____	_____	19____ - _____	_____
CC	_____	_____	20____ - _____	_____
Total seasons				_____



THE RUNNER

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CLASS OF 2018 HALL OF FAME

Neal Charske, Chairperson

The OAT&CCC Hall of Fame is an impressive display of names and pictures of its members now featured at the Jesse Owens Track Facility at Ohio State University. Inductees are also featured on the Association website at <http://oatccc.com>. Members of the Hall of Fame, as well as the Ed Barker Award winners, are voted on by the Executive Board who receive the nominations from the district representatives. If you have someone you would like to nominate for the Hall of Fame, please see your district representative and fill out the special form by June 30th of the year for which you are asking consideration.

Frank Russo

Whether you know them as Cincinnati LaSalle, or by the technical name of the school, “La Salle” - if you have seen them run, you will remember them. During the 35 year period under the guiding hand of Frank Russo, they have established one of the most impressive championship résumés in Ohio high school cross country and track and field history—including 28 GCL Championships—and it is not one to be surpassed or forgotten any time soon.

Following a successful high school career of his own, which culminated in a #4 individual State Championship finish and leading his Cincinnati Colerain team to their first ever State Championship title in 1978, Frank went on to Ohio State where he was a five time letterman in cross country and track and field. He was also the team captain of the Buckeyes in 1982 before returning to the Cincinnati area to begin building the Lancer dynasty.

Frank has coached 281 athletes to the State Championship level of competition with 118 of them earning All Ohio honors including 19 State Champion individuals and relays. Frank has had four individual State Cross Country Champions including two-time winner, Allen Bader. La Salle has also had four individual Footlocker All-Americans as well as qualifying as a team to the Nike XC Nationals in 2006 where they finished 15th.

Frank has served the OATCCC as a pollster for boys cross country and is the President of the Southwest Ohio TF/XC Coaches Association. He currently resides in Loveland, Ohio.

La Salle High School Team Titles:

District Champions: 28

Regional Champions: 10

State Champions: 4

National Championships (NXN): 15th

District Runner-up: 16

Regional Runner-up: 7

State Runners-up: 6



Richard Bruggeman

The hurdle events have always been strength events and even at the State Championship level in today's era, seniors year in and year out will make up over half of the qualifying positions in these events. So, it is not surprising that good hurdlers do not hit their full stride until college competition or beyond. Just such a hurdler was Dick Bruggeman.

A 1965 graduate of Marion Elgin High School, Dick used the lessons taught by Coach Dale Kinsell to set school records in the 120yd high hurdles, the 180yd low hurdles, and the 440yd dash. At the 1965 State Meet, his fourth place in the 120yd HH and contribution to the Comets' State Championship mile relay came up just short of the State Runner-up title in Class A Track & Field.

From Elgin, Dick went to Ohio State where Coach Frank Zubovich took advantage of his emerging middle sprints protégé to dominate the Big Ten in the 440yd hurdles and the 600yd run. Dick won the Big Ten 440yd hurdle title in 1968 and the Runner-up title in 1969. In 1970, Dick took Runner-up honors in the 600yd run and set an Ohio State Indoor Track & Field record of 1:09.3. In addition to helping set another Ohio State record in the mile relay, Dick also garnered All-American honors in the 600yd run.

Following his Ohio State career, Dick turned his focus to the 400M hurdles and national and international competition. With several key championship performances including a USTFF Championship, AAU Championship, and All-American honors in the 400M, the 1972 Olympic Trials followed. At the Trials in Eugene, Oregon, Dick finished 2nd to make the US Olympic Team that would later travel to Munich. Dick's lifetime best of 48.6 was, at the time, the #4 fastest time ever run. Dick continued to compete in the 400M hurdles after Munich, and in 1975, was a member of the first U.S. National Track and Field Team that toured the People's Republic of China.

Today, Dick resides in Powell, Ohio.





THE RUNNER

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CLASS OF 2018 HALL OF FAME (Continued)

Neal Charske, Chairperson

Rachel Sauder Kinsman

Steve Prefontaine would have liked Rachel—not for the victories she won, but for the one taken away. In the long run, the rules that held him back faded away and it was his success on the track that made him special. It would have been easy for Rachel to let the negative define her, but that's not the way of Champions. The rules that held her back faded away also, and now all we remember about her is the way she won on the track. Yes, Pre would have liked Rachel.

Win she did. A dominant cross country and track runner coming out of Archbold High School, Rachel finished 7th, 2nd, 1st, and 1st at the Cross Country State Championships. In Track, she was a four time State Champion in the 1600M and repeated those four Championship titles in the 3200M. She also held the 3200M State Record from 1990-1997. Nobody could touch her.

At Auburn, she went even faster winning All-American honors seven times, twice in cross country and five times in track. A two time SEC Champion in the 5,000M and two time Champion in the 10,000M, she chose to focus on the 10K taking 2nd at the NCAA Championships her junior year and 3rd in her senior year. She still holds Auburn's 1500M record at 4:17.81 set in 1996 and is listed on the Tigers' All-Time Performers list in the mile, the 3000M, and the 5000M.

Professionally, Rachel ran the 5K and 10K Olympic Trials in 2000 and competed in the Olympic Trials Marathon in 2004 and 2008 with a personal best time of 2:37.51. She also has PR's in the mile of 4:32, the 5K at 15:38, the 10K at 32:36, and the half marathon at 1:15:15. Her versatility and accomplishments in all of these events make her one of Ohio's finest distance runners ever.

Today, Rachel still lives in Archbold, Ohio.



Cameé Williams Beyers

Multi-event athletes are always fun to watch at the State Meet, not only because of the appreciation of such fantastic all around talent, but also because of the anticipation of what that athlete might do at the next levels of competition in the Pentathlon and Heptathlon.

Cameé (Williams) Beyers of Springfield South High School won her first State Championship title (300M H) as a 14-year-old freshman, the youngest athlete from Clark County to do so. She had already taken 2nd in the 100HH and track enthusiasts put a check next to her name in their programs as a kid to watch over the next three years—and she did not disappoint. As a sophomore, she won the Long Jump and set a state record (her 20-1¼ jump remains the #2 all-time jump in Ohio), took 2nd in both the High Jump and 300IH, following a 4th place run in the 100HH. That summer, at the Junior Olympic National Meet in Houston, she set a National Record in the High Jump (5-11¼) in 15-16 age group.

In February of her junior year, her National High School Championship title in the Pentathlon sent a message to the rest of Ohio that she would be ready for the State Meet that spring. Cameé won the High Jump, Long Jump, and took 2nd in the 300IH, and 3rd in the 100HH earning her school 34 points and winning the Division I Runner-up team title by herself—a follow-up to the Regional team title she had won the week before. A back injury in the 1998 Regional Meet robbed us all of a chance to see what she might do her senior year, but she left her high school career behind having earned All-American honors in five separate events.

At the University of Illinois, Cameé's Big Ten Pentathlon championship also set a stadium record at Penn State. She set the Big Ten Heptathlon 100M H record on her way to a Runner-up performance. She won All-American honors in the indoor 60HH and the outdoor 100HH. At the Drake Relays, Cameé ran the second leg of the 4 x 100M shuttle hurdle relay team that set a National, Collegiate, and World Record in 2001. It was the first time any relay was named the meet MVP. Cameé also earned several scholar-athlete awards at the University of Illinois.

Cameé remains one of Ohio's finest multi-event athletes. She is an English teacher and has her own health and wellness business. She resides in McLean, Virginia with her husband, Ben, and two daughters, Jacqueline and Simone.



PLEASE JOIN US!

The OAT&CCC Hall of Fame Banquet will be held Friday, January 26, 2018 in rooms A-B of the Easton Hilton Hotel, from 6:30 - 9:30pm. Even if you are not coming to the banquet, please feel free to join us for the UCS social from 9:30pm - 12:30am in room Easton B. Come join the fun!



CLASS OF 2017 HALL OF FAME (Continued)

Neal Charske, Chairperson

Jeff Howard

The first rule of hunting for a coaching job: “Never follow the legend.” But—when Stan Stammen capped his 32 year coaching career with his induction into the Hall of Fame (Class of 2006), Jeff Howard picked up the reins of Woodridge cross country and a co-coaching role in track and over the past 19 years has continued a tradition of excellence few programs can ever hope to achieve.

The respect that Jeff holds for the program, his predecessors, the tradition, and the sport has carried over to every aspect of the program and infused an enthusiasm for running that has become a Woodridge “way of life.” He has shared this expertise with coaches as a speaker at several local and state clinics and with athletes while serving as the Mid-East XC coach from 2008-10 and as a Midwest TF coach in 2012. He was chosen to represent Ohio as the NFHS Coach of the Year in 2013-14 and was named the Boys Cross Country Midwest Region (a region covering eight states) Coach of the Year. And yes—his teams have won.

The Bulldogs have had 293 athletes qualify to the State Championships with 116 earning All-Ohio honors and several of them earning State Champion titles. They have won a combined 23 District titles, 15 Regional Championships and have been the cross country State Champion on eight occasions including a five year consecutive streak in boys Division II ('06-'10), and in 2016, a sweep of the boys' and girls' titles. The 2010 boys' track team also garnered a State Runner-up title and the boys 4 x 800M relay still holds the State Record at 7:37.43 set in 2011. The Bulldogs' appearances at the 2017 State Cross Country Championship marked the 14th time the boys and the girls teams have qualified to this level of competition. It was also the 14th consecutive trip for the boys and 13th for the girls. Additionally, the girls rank 9th in all-time appearances at the State Meet tied with Cleveland Hts. Beaumont.

Jeff continues to coach and teach at Woodridge and he and his family live in Cuyahoga Falls, Ohio.



Anissa Campbell

In 1991, when Anissa Campbell was a freshman, she lost a 100M race. It was the State Championships and she took home the Runner-up title that year, but that was it—she never lost another one. Not at any level—not a qualifying heat, not in duals or invitationals, and not at the State Championships.

Under the guidance of Coach Tim Thomas, the Ironton High School sprinter quickly established herself as a “force” on the track and she would go on to win five State Championship titles over the next three years of her career, three of them in the 100M. She won the 100M as a sophomore and repeated as a junior, but it was her senior year when she truly made her mark on State Championship history by winning three titles in the 100M, 200M, and 4 x 100M relay. The thirty points scored that day by Ironton tied them with Bay Village for the State Runners-up team title, the only State title in Ironton history.

Other championship performances her senior year included winning the 55M dash at the Ohio Indoor Classic and winning the Midwest Meet of Champions 100M. At the Midwest Meet, she also anchored the winning 4 x 100M relay for Team Ohio. Her school records in the 100M (11.81), 200M (25.00), and 4 x 100M relay still stand.

From Ironton, Anissa took her talents to the University of Tennessee where she helped the Volunteers place at the NCAA Championships in the 4 x 100M relays. In 1996, they placed 8th and earned All-American honors. In 1997, with three of the same foursome returning, the Lady Vols ran a 44.07 to earn 3rd place and once again take All-American honors home to Knoxville. Anissa's senior year (1998) would see her set personal bests in the 100M (11.62) and the 200M (23.97).

In 2014, Anissa became the first female athlete to be inducted into the Ironton High School Hall of Fame. Anissa currently resides in Houston, Texas.



Visit the OAT & CCC Hall of Fame at: <http://www.oatccc.com/halloffame>



CLASS OF 2018 HALL OF FAME (Continued)

Neal Charske, Chairperson

Beth Weyer Hubans

Coach Gary Lill used to kind of joke about how he was never a thrower, but it never seemed to stop him from producing great throwers at the State Championships, and Beth Weyer (now Hubans) was one of the best. A great all around athlete—she was a six time varsity award winner in volleyball and basketball as well as team captain and MVP in both sports—Track & Field was where she made her mark at the State Championship level.

Coming out of Sandusky St. Mary's High School, Beth dominated the throwing events in Northwest Ohio during her high school years of competition. Her Sandusky Bay Conference championship as a freshman was the first victory she would earn at the league level of competition and she became the first girl to win the SBC in all four years of competition. In her sophomore year, she won the Regional discus championship title on her way to winning her first of four State Championship titles.

Her junior and senior years, she added the shot put to her agenda and won the Regional discus and shot put titles in both years. Beth took the State Champion title in discus for the second and third times in those two years and also won the shot put her junior year. Her senior year, she was the State Runner-up in the shot put. The four time State Champion went on to win the discus at the Midwest Meet of Champions in 1997 and also took 4th in the shot put for Team Ohio winning her the MVP title..

Recruited by Kent State, Beth added the hammer and the weight throw to her event schedule and excelled at both. In 2002, she was the MAC discus champion and also took second in the hammer hitting the NCAA provisional qualifying mark in both events. At the conclusion of the season, she was named the KSU 2002 Outdoor TF Athlete of the Year. She was the Kent State and MAC record holder in the hammer throw as well as being currently ranked amongst KSU's top ten all-time performances in the discus, the hammer, and the weight throw.

Beth currently teaches for the Danbury Local Schools and is the Head Girls Track & Field Coach of the Lakers. She lives with her family in Oak Harbor, Ohio.



2018 ED BARKER AWARD

Neal Charske, Chairperson

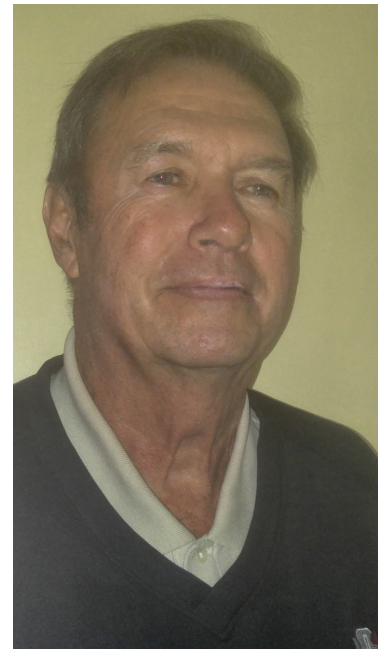
The OATCCC Association was started in 1941, the brainchild of Ed Barker. In 1964, the OATCCC chose his name to represent the award now given as an acknowledgement to individuals who have shown the most exceptional service to the OATCCC and to the sports of Cross Country and Track & Field in Ohio.

The OATCCC takes great pride in naming Gary Baumgartner the 2018 Ed Barker Award winner for the major impact he has had on the sports of cross country and track & field with the development of Baumspage.

Baumspage has revolutionized our sport in many facets, all of which have had a positive impact. For coaches, entries for meets is far less tedious and time consuming and the easy access of meet results has been utilized and appreciated by not only coaches, but also athletes, parents, fans, media personnel, and college coaches. Not until the advent of Baumspage did our sports enjoy the tremendous publicity and coverage enjoyed today.

First introduced in 2001, the OHSAA now utilizes Baumspage for all of its tournament entries in cross country and track and field. The page has also expanded to include entries for tournaments taking place in wrestling and golf. In 2005, Baumspage helped the OATCCC with entries for the first Indoor State Championships. In 2013, Gary was instrumental in helping the OHSAA and OATCCC formulate the entry process by which the newly formed Wheelchair Division in Track & Field would be conducted. In 2017, Ohio added the 7th and 8th Grade TF State Championship, and once again, Baumspage was there.

For all he has done for all of us, the OATCCC is proud to recognize Gary Baumgartner as the 2018 Ed Barker Award winner.





THE RUNNER

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OHSAA SPORTSMANSHIP, ETHICS, AND INTEGRITY AWARD WINNERS

GIRLS' TRACK

Joe King
Lutheran West HS

BOYS' TRACK

Mark Cook
Wapakoneta HS

GIRLS' CROSS COUNTRY

Sandy Debos
Tusky Valley HS

BOYS' CROSS COUNTRY

Jeff McDaniel
Troy Christian HS

Congratulations—and thank you! Your outstanding traits of ethical behavior and integrity in your duties and responsibilities are a credit to our profession.

2017 CROSS COUNTRY CLINIC

Carson Cheek, Clinic Director

If you missed the 2017 Cross Country Clinic, then you missed another outstanding day in Dayton. The featured speaker was Derek Leininger, the original creator of IndianaRunner.com, Indiana's #1 website for cross country and track & field. Delivering two presentations was St. Thomas Aquinas head girl's coach, Eldon Jones. Keith Maderas, coach of Perrysburg boys cross country, kicked off the clinic with a spirited and well received presentation. Mary and Paul Pusateri, also of St. Thomas Aquinas, gave a talk on their boys' program while Dugan Hill reviewed the State Meet while doing a great job of fielding a variety of questions.

The number of coaches attending the Clinic was reported at over 150 participants making the Ohio Distance Clinic the largest single day cross country clinic in the nation. A special thanks goes out to Blue Star whose continuing sponsorship helps make this weekend a success. Also thanks to *Run Ohio* who provides much appreciated help in spreading information about this clinic.

In 2018—the clinic will once again be held in conjunction with the Mid East Cross Country Meet and sponsored by MF Athletics and will feature Greg McMillan, the creator of the McMillan Running Calculator.

Please mark your dates: Friday, November 16th is the Cross Country Clinic and Saturday, November 17th will be the 32nd Mid East Championship. The Thursday night (November 15th) Coaches' Social will make its return.

Coaches—start getting your seniors signed up now for the Meet, come down for the Clinic, and then stay and support your athletes! Stay tuned for updates in the fall edition of *The Runner* concerning hotel information and speaker format.

Any questions, please feel free to contact Carson Cheek at (419) 305-5797.

2017 DISTINGUISHED SERVICE AWARD WINNERS

Nominations for this award are submitted to the District Representatives and winners are announced—odd numbered districts in odd years, even numbered districts in even years.

DISTRICT 1	Bob Zimny
DISTRICT 3	Scott Norman
DISTRICT 5	Dean Kreinbuhl
DISTRICT 7	Marc Arce, Lisa Klingshirm
DISTRICT 9	Roger Bowen
DISTRICT 11	Scott Raymond
DISTRICT 13	Yolonda R. Davis
DISTRICT 15	Don Dressell

*Thank you for all you have done over the years on behalf of
The sports of cross country and track and field!*



THE RUNNER

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WENDY'S HEISMAN AWARD—STATE WINNERS

R. Scott Williamson, Academic All-Ohio Chairperson

Ask any cross country or track coach and they will tell you how much the effort and work ethic exhibited by their athletes translates directly to the classroom. In a continuing effort to recognize the efforts of the athletes in our sport off the field as well as on, the OATCCC would like to recognize Sarah Ryser of Girard HS and Brendan Siefker of Ottoville HS who were selected as the Ohio Heisman Award winners for 2017. This marks the fourth year in a row a CC/TF athlete has represented Ohio for this award.

This award recognizes seniors from any of the nation's 29,000 public and private high schools whose credentials and qualifications are reviewed by Scholarship Management Services in cooperation with Wendy's. Students are judged not only for their athletic accomplishments, but also for their academic performance, extracurricular activity involvement, and community leadership. School Winners, State Finalists, and State Winners are then selected. From this elite group of 50, twelve National Finalists—and Brendan was one of these—are chosen to attend the Heisman Trophy Awards Presentation in New York City where the National Winner is chosen.

In Ohio over 300 students were chosen as their School Winner and from that list, twenty were chosen to be the State Finalists. Brendan and Sarah were chosen from this group. Brendan also received national recognition in NYC.

On behalf of the OATCCC and Ohio, great job and congratulations to you both!



*Brendan Siefker and
Sarah Ryser*

OHIO ATHLETES RECEIVE US PARALYMPIC ALL-AMERICAN RECOGNITION

Dave Kirk, US Paralympics Liaison

US Paralympics, a division of the US Olympic Committee, selected 71 athletes—37 boys and 34 girls—in 141 positions from across the nation as 2017 US Paralympic High School All-Americans. This is the eighth year that US Paralympics has honored the top track & field athletes with Paralympic-eligible impairments based off performances during the 2017 track season.

Participation by athletes with Paralympic classifications continues to grow with this national recognition of "ability" and of what can be accomplished when talent and desire meet opportunity. In 2016, the All-American pool of recognition came from 26 states—the first time more than half the nation was represented. In 2017, the number of states rose to 28 and participation numbers are rising with each year. Ohio, 5th in 2016, rose to 4th behind Washington (19), Colorado (17), and New Jersey (12) in the total number of recognized performances. Ohio had 11 performances of note.

Additionally, in Ohio, 2017 saw the addition of a State Championship in Track & Field to the Jr. High/Middle School level of competition and Paralympic athletes in 7th and 8th grades competed, received State recognition for their championship performances, and scored for their teams in this one day, all-divisions meet. Ohio is the only state to include these athletes in championship competition at these grade levels and ensures the continuing growth of these events at the high school level.

And at the high school level, athletes competed at the State Championship Meet in June before moving on to national level competitions in Wisconsin in July. Five athletes—Chance Milledge (Oak Harbor HS), Sammy Rhodes (Wooster Triway HS), Kaylee Hurley (McClain HS), Eric Rine (Bowling Green HS), and Kelli Ann Stallkamp (Ohio Connections, Lima) - earned All-American honors in 11 positions. Sammy Rhodes was ranked #1 nationally in the Javelin while Kaylee Hurley received All-American recognition in four events—the 800M, Discus, Shot Put, and Javelin.

The benefits that the awareness the Wheelchair Division has created about Paralympic sport and the job our coaches are doing working with these students to dream bigger and compete in Paralympic sport continue to make Ohio a national leader in this area of Track and Field competition.

GREAT JOB OHIO!



*Kaylee Hurley
State Champion
All-American*



**The OATCCC says,
"THANK YOU!" to ASICS -**

**The sponsor and uniform supplier to our teams at the
Midwest Meet of Champion
Thanks for helping our champions *look* like champions!**



Ohio Association Of Track And Cross Country Coaches

ACADEMIC ALL-OHIO AWARD 2018 OUTDOOR TRACK AND FIELD

ELIGIBILITY

1. You must have an accumulative high school G.P.A. of 3.5 or better to be eligible. Grades must be computed on a 4.0 scale and carried out to three (3) decimal places. If your school does not use a 4.0 scale, you must have your guidance counselor convert the average to an unweighted 4.0 scale equivalent. G.P.A.'s must be calculated at the end of each semester preceding the student's current season.
2. Athletes must qualify for the State Meet
3. Freshmen are not eligible
4. Only relay team members who competed at the Regional or State Meets are eligible.

Nomination Form

(Use this form for boys or girls - not both - and please write very neatly or type)

SCHOOL NAME _____ DIVISION: I II III
ADDRESS _____ COACH'S NAME _____
CITY _____ COACH'S PHONE _____
ZIP _____ SCHOOL PHONE _____

STUDENT NAME	SEX	GRADE	GPA	EVENT (S)	(For OATCCC use only)
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____	_____

Principal's signature _____ Coach's signature _____

1. The coach is responsible for turning in this form at the OATCCC table at the State Track Meet. Please bring your athletes with you to receive their award at this time. Forms turned in after the State Meet will NOT be eligible.
2. The coach is responsible for having this form signed by the school principal or counselor.
3. The coach will have the responsibility of notifying their respective local media.
4. **G.P.A. cannot be over 4.000**



Ohio Association Of Track And Cross Country Coaches

Membership is for the calendar year, January 1, 2018 - December 31, 2018
DO NOT SEND THIS FORM IN IF YOU REGISTERED FOR THE CLINIC!

SCHOOL _____ TELEPHONE _____
SCHOOL ADDRESS _____
CITY _____ ZIP _____

Individual Memberships:

_____ \$10 For each coach - list coaches on the lines below.

School Memberships:

_____ Enroll your entire staff! The price is still \$10 each, but it says something about your staff!

*Membership includes voting and Association privileges: Mid East Cross Country Championships,
OAT&CCC Indoor State Championships, Midwest Meet of Champions, and the OAT&CCC Runner*

Print Name(s) for school, individual, or association membership below:

		Coaching Position (please circle)		
			Boys	Girls
			Track / CC	Track / CC
1.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:		E-Mail:
2.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:		E-Mail:
3.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:		E-Mail:
4.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address		Phone:		E-Mail:

Make checks payable to OAT&CCC

(Mail to address below if different than school)

Mail to:

**Donna Joseph
3822 Highland Avenue
Shadyside, Ohio 43947**



*The Ohio Association of
Track & Cross Country Coaches*

**Dave Kirk, Editor
Galion High School**

Boys' Varsity Cross Country

Boys' Varsity Track

Boys' MS Cross Country

Boys' MS Track

Girls' Varsity Cross Country

Girls' Varsity Track

Girls' MS Cross Country

Girls' MS Track

PLEASE ROUTE TO: