

# The Runner

Volume XI, Issue II

January 2016, Clinic Edition

## Regular Features:

- President's Message
- Your District Reps and Committee Chairpersons
- Welcome to the Clinic
- Longevity Awards
- Scholarship Information
- Academic All-Ohio Results
- OAT&CCC Membership Application

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## Welcome to the Clinic!

### *A message from the President, Dugan Hill*

Hello everyone and welcome to the 2016 Track & Field Clinic! Wayne Clark is our clinic director and the year round effort he gives to this clinic is irreplaceable and shows in every aspect of this clinic. The highlight of our clinic is the Hall of Fame Banquet on Friday evening.

Learn as much as you can at this clinic while attending as many sessions as you can and asking questions of all our expert clinicians. Most of all, collaborate with your fellow coaches. We are fortunate to have some of the best coaches in the country; take advantage of this wealth of knowledge walking our halls.

On our website, district reps are listed with contact info so you may contact them with your concerns, and we continue to discuss the items that can help our sports move forward.

A topic of great concern is the issue of combined enrollment. At present Cross Country is the only OHSAA sport using both the girls and the boys enrollment numbers to determine divisions. There has been some concern that this may be coming for Track & Field. Dr. Ross has asked Mr. Gabor to put together a committee of coaches, athletic directors and administrators to study this issue.

This ends my second tenure as president of



Easton Hilton - home of the best clinic in the USA

*Photo courtesy of Hilton Hotels*

the OATCCC. I have been honored to work with so many men and women who work tirelessly to make our sports and athletes the best they possibly can be. Working with Dr. Ross, Dale Gabor, and everyone at the OHSAA has continually been a pleasure.

Have a great clinic and thank you for all you do for our athletes and for the sports of Track & Field and Cross Country in the State of Ohio.

Sincerely,

Dugan Hill, President

## Mid-West Meet of Champions

### *Senior classic returns to Ohio Wesleyan University in 2016*

The Midwest Meet of Champions featuring the top seniors from Ohio, Michigan, and Indiana returns to Ohio for a four year stay with the first year's events being held at Ohio Wesleyan University on Saturday, June 11.

Athletes arrive on campus on Friday, June 10 and are treated to a fun evening on campus with media and entertainment events and an opportunity to meet their counterparts from the other states. Then camaraderie is set aside as athletes represent their states in head to head competition often resulting in national level efforts.

ANY senior interested in being a part of Team Ohio and this competition should go to the [www.oatccc.com](http://www.oatccc.com) website for further information.



# THE OHIO ASSOCIATION OF TRACK AND CROSS COUNTRY COACHES REPRESENTATION BY DISTRICT

1 Ashtabula, Trumbull, Mahoning, Columbiana

2 Lake, Geauga, Cuyahoga

3 Lorain, Medina, Wayne, Ashland

4 Summit, Portage, Stark

5 Holmes, Coshocton

Carroll, Tuscarawas

Harrison, Jefferson

6 Erie, Sandusky, Seneca

Huron, Crawford, Richland

Wyandot

7 Hancock, Putnam, Allen

Paulding, Van Wert

Mercer, Auglaize, Hardin

8 Muskingum, Guernsey

Noble, Belmont, Morgan

Monroe, Washington

9 Darke, Shelby, Miami, Logan

Champaign, Clark, Green

10 Franklin, Union, Madison, Pickaway

11 Licking, Knox

Marion, Morrow

Fairfield

12 Fayette, Ross

Pike, Highland

Adams, Scioto

13 Preble, Butler

Montgoery, Warren

14 Hamilton, Brown

Clermont, Clinton

15 Williams, Fulton

Lucas, Wood

Defience, Henry

16 Perry, Hocking

Athens, Vinton, Meigs

Jackson, Gallia, Lawrence



<u>Position</u>	<u>Name</u>	<u>School</u>	<u>Phone</u>
<b>President</b>	Dugan Hill	Caldwell High School	740-732-5634
<b>Vice Pres.</b>	Jeff Sheets	Heath Middle School	740-788-3200
<b>Past Pres.</b>	Ed Lidderdale	Sandy Valley High School	330-484-3628
<b>Treasurer</b>	Sam Lehman	Olentangy Orange High School	740-657-4100
<b>Secretary</b>	Donna Joseph		740-676-2365
<b>District 1</b>	Diane Krumpak	South Range High School	330-549-2163 x39133
<b>District 2</b>	Julie Cole	Chardon High School	440-223-4636
<b>District 3</b>	Jim Glessner	Norwayne High School	330-435-6384
<b>District 4</b>	Mary Pusateri	St Thomas Aquinas HS	330-744-8451
<b>District 5</b>	Mark Albaugh	Claymont High School	740-922-3471
<b>District 6</b>	John Knickel	Carey High School	419-396-7638
<b>District 7</b>	Jim Epperly	Waynesfield-Goshen High School	419-234-3328
<b>District 8</b>	Doug Joy	John Glenn High School	740-704-5463
<b>District 9</b>	Jack Lintz	Tippecanoe High School	937-667-8448
<b>District 10</b>	Andy Cox	Thomas Worthington High School	614-883-2250
<b>District 11</b>	Zak Holland	Newark Catholic HS	740-644-0787
<b>District 12</b>	Matt Paxton	Unioto High School	740-773-4105
<b>District 13</b>	Mike Beaty	Meadowdale High School	937-654-0660
<b>District 14</b>	Jeff Timmers	Cin. Mariemont High School	513-272-7600
<b>District 15</b>	Paul Barney	Toledo Christian High School	419-389-8700
<b>District 16</b>	Al Riffey	Vincent Warren High School	740-678-2393



## WELCOME TO THE CLINIC!

Wayne Clark, Chairman

Welcome to the largest track clinic in the USA! We may take for granted we will have an outstanding clinic every year, however, you need only attend clinics in other states to realize how lucky we are here in Ohio. This year's clinic is dedicated to the Scott and Kay Williamson in appreciation of their work helping us to recognize Academic All-Ohio athletes in both cross country and track. For 21 years, their efforts have helped us recognize thousands of exceptional student-athletes.

Your OATCCC Executive Committee works very hard to provide a quality clinic for you. In the column to the right, please take note of the special certification classes being offered in response to the many new requirements being placed on coaches.

Additionally—we have tried to bring you the most current, research and practical training based experts we can find in each of the four event areas. This year's lineup promises to be one of our best.

Let me take this moment to personally thank you for attending and I hope that you have fantastic Indoor and Outdoor Track and Field seasons!

Sincerely,  
Wayne Clark  
[wclark@clover.net](mailto:wclark@clover.net)

## SPECIAL PRESENTATIONS

### NEW THIS YEAR—The Recruiting Room Juniper Room

This is a new concept being offered through our Clinic and inviting college coaches from around Ohio to have the opportunity to meet coaches and talk about their athletes. At the time of printing, over a dozen college coaches have committed to this endeavor. STOP BY!

### Sports Medicine / Pupil Activity Supervisor's Class Saturday, 8:15-10:15—Magnolia Room

This class meets the sports medicine requirements for the PAS Certification. **There is a \$20 fee for this class** that is not covered by your clinic registration. Likewise, you do not have to be registered for the clinic to attend.

### Pole Vault Certification Saturday, 8:15-10:15—Room C-D-E

This class meets the three year renewal requirement of pole vault safety certification and rules updates.. **There is no fee for this class** as it is covered by your clinic registration. You will need to show your clinic badge to attend.

## OAT&CCC COMMITTEES AND CHAIRPERSONS

<b>Track &amp; Field Clinic Director</b>	Wayne Clark	<b>Cross Country Clinic Director</b>	Carson Cheek
<b>Indoor State Championship Meet</b>	Jeff Sheets	<b>Hall of Fame Chairperson</b>	Neal Charske
<b>Mid-East Cross Country Director</b>	Neal Charske	<b>Scholarship Chairperson</b>	Bob Karl
<b>Awards Chairperson</b>	Diane Krumpak	<b>Historian</b>	Carson Cheek
<b>Academic All-Ohio</b>	R. Scott Williamson	<b>The Runner Editor</b>	Dave Kirk
<b>College Liaison</b>	Kris Boey Ohio Wesleyan Univ	<b>OHSAA Liaison</b>	Dale Gabor OHSAA, Director CC/TF
<b>Mid-West Track Meet Coordinator</b>	Lori Robinson Marysville HS	<b>S.E.I. Chairman</b>	Jeff Sheets
<b>Pole Vault Safety Clinics</b>	Marty Dahlman	<b>Web Site</b>	Bob Hollen, Andy Cox
<b>Cross Country Poll</b>	Rick Geye		

*A complete contact list of phone numbers and addresses for these people can be found at:*

<http://www.oatccc.com/info.html>



## Clinic Notes

### General Membership Business Meeting

Dugan Hill, OAT & CCC President

The General Meeting of the OATCCC will be held on Thursday night at 9:30pm. This meeting is open to all members of the Association and any changes to the OATCCC Constitution and Bylaws brought forward by the Executive Board will be voted on at this meeting. You are encouraged to come! The agenda for this meeting is as follows:

#### AGENDA FOR THE GENERAL MEMBERSHIP BUSINESS MEETING

State Track & Field Clinic  
Easton Hilton, Room A  
Columbus, Ohio

Thursday, January 28, 2016—9:30pm

Call to Order	Hill
Secretary's Report	Joseph
Treasurer's Report	Lehman
Standing Committee Reports	
Historian	Cheek
Membership	Joseph
District Representatives Intro	Hill
State of CC/TF - Proposals	Hill
Mid East Championships	Charske
Midwest Meet	Robinson
Indoor Track Championships	Sheets
<i>The Runner</i>	Kirk
Scholarship Committee	Karl
Web Site	Hollen / Cox
S.E.I.	Hill
Cross Country State Meet	Oerhtman
College Liaison	Boey
T & F Clinic	Clark
State T & F Meet	Oehrtman
For the Good of the Sport	Hill
Adjournment	Beaty

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## Clinic Notes (Cont'd)

### Other Clinic Notes

#### **MF Social / Karaoke Night**

**Thursday, 10:30pm-12:30am (Juniper Room, Easton C-D-E)**

Always a favorite. Come share a song with your fellow coaches.

#### **Athletes in Action - Tim Coleman & Tim Ellis**

**Friday, 7:30 - 8:15am (Magnolia Room)**

The Fellowship of Christian Athletes will have a breakfast meeting beginning at 7:30am in the Magnolia Room of the Hilton. Fellowship and good feelings are free - Vasco Paving will be sponsoring this breakfast gathering.

#### **Rules Interpretation Meeting**

**Friday (By Division—check your Clinic schedule for room and time!)**

You must be registered and wearing your clinic badge to enter this meeting. Meetings will be done by division and this year on a staggered time schedule. Therefore—please check the Clinic schedule for the appropriate room and time. You may stay in the room of the session you were attending. No one will be admitted once the meeting has begun and you must stay for the entire time to receive credit. Don't forget your OHSAA cards that came in your Rules Interpretation packet!

#### **UCS Social**

**Friday, 9:30-12:30am (Easton B)**

## Academic All-Ohio Results from 2015 Cross Country

**R. Scott Williamson, Chairperson**

Our endeavor in honoring our scholar-athletes with the distinction of academic All-Ohio has been very successful. The OAT&CCC proudly recognized nearly 500 student athletes at this fall's State Cross Country Meet. This was a very proud moment for these athletes, their parents, and their coaches. Congratulations to all! The 2015 Cross Country recipients are posted on the Association website ([www.oatccc.com](http://www.oatccc.com)). For a complete list of all honorees, please see our display in the hospitality room at the clinic. We were the first coaches' association in Ohio to celebrate our athletes' scholastic abilities as well as their athletic excellence. Over the past 21 years, our program has grown to where we recognized nearly 1,200 Ohio student-athletes last year as Academic All-Ohio. We have received many positive comments on this program and with the coaches' help, we are looking for even better results this spring.

In the clinic and spring edition of *The Runner*, and in your outdoor track Regional packets (in May), you will find an application form. If you do not find this form, please question your regional meet manager as this form has been made available to all regional managers. If you have a State Meet bound athlete who is eligible for this award, you must bring the completed form to the OAT&CCC table at the State Meet. Also bring the athlete with you to receive their certificates. It is the responsibility of the coach to have the eligibility form signed by the school principal or a guidance counselor. No athlete will be entered into our records whose grade point average has not been correctly figured on a 4.000 point scale. This can and must be done.

These records are made available to interested college coaches upon request and are posted on the OAT&CCC website.



## Mid East Cross Country Championships Neal Charske

(Ohio team photos—Boys & Girls)

The Twenty-ninth Annual Mid-East Cross Country Meet was held in Kettering on November 21, 2015 on a beautiful day for XC championship racing.

Meet Director, Neal Charske reports that the individual winner of the girls race was Lauren Johnson of West Lafayette HS (IN) in a time of 18:16. The winner of the boys division was Brian Law from Homestead HS (IN) in a time of 15:42. In the team scoring, Ohio finished 2nd in the boys race with 36 points. Indiana won the event with 32 points while Michigan finished 3rd (67) and Illinois finished 4th with 104 points. In the girls race, Indiana nearly swept the field winning the team title with 16 points followed by Ohio (55), Illinois (92), and Michigan with 98 points.

Top scorers for the Ohio girls were Carly Davis (Dublin Jerome) - 5th (18:36), Lainey Studebaker (Centerville) - 7th (18:51), Taylor Malchow (Centerville) - 6th (19:09), Rachel Wentworth (Garaway) - 15th (19:13), and Maegan Murphy (Mason) - 17th (19:19). The Ohio boys top finishers were Mitchell Poynter (Tippecanoe) - 3rd (15:46), Edmund Coleman (Ashland) - 6th (15:55), Bradley Davis (Dublin Jerome) - 8th (15:59), Tanner Hawley (Black River) - 9th (16:00), and Stephen Jones (Troy) - 10th (16:00).

For a complete listing of the Mid-East results, check with our OATCCC website, or at the following address:

<http://www.oatccc.com/crosscountry/Mideast/WebPages/results.html> AND [See all of the meet photos here](#)



## Ohio Well Represented at the Foot Locker Midwest Regionals *Andrew Jordan of Watkins Memorial qualifies to the National Championships*

Weather seemed to keep down the number of Ohio runners who gave up part of their Thanksgiving break to make the trek to the University of Wisconsin-Parkside in Kenosha on Saturday, November 28, 2015. In fact, weather considerations forced a change in the course using the alternate circuit instead of going through the woods. Race time temps were in the 30's, but times were still fast.

In the boys team race, Ohio got their scoring from Andrew Jordan (Watkins Memorial, 4th), Danny Cohen (Solon, 21st), Joe Riordan (Solon, 25th), Joseph Trojan (University, 30th), and Chad Johnson (Colonel Crawford, 35th). Mitchel Poynter (Tippecanoe, 44th) and C.J. Ambosio (St. Ignatius, 47th) rounded out the Ohio top seven. With a total of 111 points, Ohio finished fourth behind Michigan (72), Indiana (76), and Illinois (77). Wisconsin, with 117 points, was 5th.

In the girls team race, Ohio finished 7th by virtue of a tiebreaker with Missouri at 188 points. Team Champion Michigan (57) was followed by Illinois (72), Indiana (86), Colorado (141), Iowa (176), and Minnesota (186).

Ohio scorers were Mary Kate Vaughn (Oakwood, 29th), Sydney Seymour (St Joseph Academy, 34th), Rebecca Craddock (Brunswick, 46th), Rachel Wentworth (Garaway, 50th), and Marissa Smith (Logan, 73rd). Maggie Wagner (St Joseph Academy, 74th) and Haley Wright (Unioto, 91st) rounded out the Ohio top seven.

Congratulations to all of you on an outstanding cross country season! You represented yourselves and Ohio well!!



**Boys Start  
Midwest Regional Qualifier**

Photos courtesy of  
<http://www.footlockerccc.com> (L)  
and [the newarkadvocate.com](http://www.newarkadvocate.com) (R)



# THE RUNNER

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## Foot Locker Nationals Once Again Features an Ohio Athlete *Andrew Jordan (Watkins Memorial HS) competes at the National Championships*

Congratulations to Andrew Jordan of Watkins Memorial High School on his qualifying effort to the Foot Locker Cross Country National Championships held at Balboa Park, San Diego, California, on December 12, 2015.

In qualifying to this event, these athletes had to finish in the top 10 at the Midwest Regional held in Kenosha, WI on November 28 during the Thanksgiving holidays. Jordan finished in 4th place with a time of 14:59.

At the National Championships, Andrew finished in 6th place running 15:16.6 and finishing third for the Midwest contingent. The overall winner was Hunter Adams (Loudon Valley HS, VA) in 14:55.7. Midwest runners won the Regional race with the top five scoring 34 points followed by the West at 48, the Northeast at 67, and the South at 74.

To you Andrew —good luck with your collegiate career. However, before you go, please know how proud Ohio is of the way you represented yourself, your school, your community, and all of us in Ohio. Well done!



**Andrew Jordan at the Midwest Regional finish line**

*Photo courtesy of the Foot Locker Cross Country National Championship website (<http://www.footlockercc.com>)*

## 2014—2015 OHIO GATORADE ATHLETES OF THE YEAR

### *Looking back at last year's winners*

*(Photos courtesy of these athletes' hometown newspapers—Track photos courtesy of [Gatorade.com](http://Gatorade.com))*



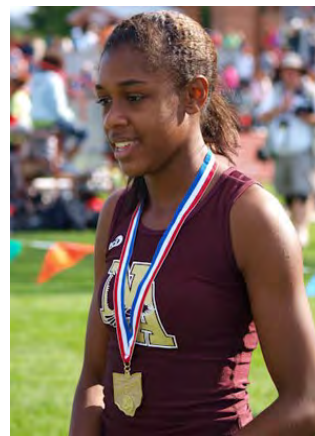
**Dominique Clairmonte**  
Lexington HS

**Ohio Athlete of the Year**  
2014 Cross Country



**Mike Vitucci**  
St. Xavier HS

**Ohio Athlete of the Year**  
2014 Cross Country



**Karrington Winters**  
New Albany HS

**Ohio Athlete of the Year**  
2015 Track and Field  
Sprints



**Chad Zallow**  
John F. Kennedy HS

**Ohio Athlete of the Year**  
2015 Track and Field  
Hurdles

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# THE RUNNER

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## 2015 DISTRICT COACHES OF THE YEAR

	GIRLS TRACK & FIELD	BOYS TRACK AND FIELD
1	Robert McQuoid, Geneva HS	Jack Thornton, Warren JFK HS
2	Fred Kieser, St Joseph's Academy	Eric Schroeder, Lake Catholic HS
3	Jason Ayers, Orrville HS	Mark Shutler, Triway HS
4	Randy Vrawford, St Thomas Aquinas HS	Dan Lancianese, St Vincent-St Mary HS
5	Rich Patterson, West Holmes HS	Zach Mottice, Garaway HS
6	Todd Roston, Galion HS	Darrell Charlton, Sandusky HS
7	Jared Krout, Liberty Benton HS	Stephen Carter, Lima Senior HS
8	Doug Joy, John Glenn HS	Rich Materkosky, Martins Ferry HS
9	Kurt Snyder, Troy HS	Dean Stewart, Anna HS
10	Roger Whittaker, Gahanna Lincoln HS	Chad Biegler, Dublin Coffman HS
11	Rob Myers, Fairfield Union HS	David Spring, Pickerington North HS
12	John Williams, Zane Trace HS	Jason Wells, Circleville HS
13	Chad Miller, Meadowdale HS	Sidney Booker, Dunbar HS
14	Darren Braddix, Withrow HS	Lori Spence, Northwest HS
15	Dina Gladioux, Archbold HS	Steve Spenthoff, Tol. St John's HS
16	Christian Sevcik, Logan HS	Adam Hoffman, Sheridan HS

DISTRICT	GIRLS CROSS COUNTRY	BOYS CROSS COUNTRY
1	Mike Richards, McDonald HS	Dave Deeter, Maplewood HS
2	Dave Englander, Shaker Hts HS	Mike Gallagher, St Ignatius HS
3	Garth Gucker, Cloverleaf HS	Joe Ortiz, Mapleton HS
4	Eldon Jones, St Thomas Aquinas HS	Bob Sudmoir, Louisville HS
5	John Williams, Minerva HS	Steve Sparks, Dover HS
6	Denise Benson, Lexington HS	Denise Benson, Lexington HS
7	Jessica Magoto, Minster HS	Mark Gleason, Findlay HS
8	Mike Beam, Morgan HS	Chrissy Lewis, Martins Ferry HS
9	Byron Kimmel, Tippecanoe HS	Dennis Prenger, Fort Laramie HS
10	Darren Dewese, Olentangy Liberty HS	Bill Darling, Thomas Worthington HS
11	Nathan Corum, Watkins Memorial HS	Scott Brown, Heath HS
12	Matt Paxton, Unioto HS	Raymond Friend, Leesburg Fairfield HS
13	Dave Dobson, Centerville HS	John Agnew, Carroll HS
14	Terri Thomas, Mariemont HS	Andy Weitmarchen, St Xavier HS
15	Ray Strassner, Tol Notre Dame Academy	Tim Atkinson, Liberty Center HS
16	Josh Fogle, Reedsville Eastern HS	JD Walters, Sheridan HS

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## 2016 Indoor State Championships

Jeff Sheets, Heath HS

The OATCCC will sponsor its ninth annual State Indoor Track and Field Championships on Saturday, March 5th, at the University of Akron. This year's schedule will once again feature DI in the morning followed by the Division II/III Meet in the afternoon and evening.

The Top 35 list of each event and for declarations for the State Championship will again be maintained throughout the course of the indoor season so athletes and coaches can track their progress. A change carried over from past meets includes the acceptance of results from some out-of-state meets and this will continue in 2016. For example, many Cincinnati schools run at the University of Kentucky and this year, those results will again be accepted—but check ahead of time!

The facility at Akron includes a 300M track, seating for 1200 spectators, and available areas to hold all field events at the same time. Mr. Paul Hammond, Assistant Athletic Director for Facilities, and Mr. Jeff Sheets are collaborating to maintain fees at last year's levels.

The University of Akron provides an absolutely outstanding state championship venue along with a very well organized format and structure for the meets. The State Championships are very professionally organized and it is the desire of the OATCCC Executive Committee to offer another opportunity for Ohio athletes to showcase their talents. Good luck—and see you at Akron!

## Midwest Meet of Champions—Preparing for 2016

Lori Robinson, Marysville HS

The 2016 Midwest Meet of Champions will be the third of the meet's four-year cycle in Ohio hosted by the OATCCC. The meet is scheduled for Friday/Saturday, June 10/11, 2016, at Ohio Wesleyan University in Delaware, Ohio. This competition showcases senior talent from the states of Ohio, Indiana, and Michigan. We are also hopeful that past participants—Pennsylvania, West Virginia, and Illinois - might re-join us in the near future.

In 2015, Team Ohio's men's and women's squads combined for 433 points to outscore Team Michigan's 308 and Team Indiana's 227. In the women's meet, Ohio repeated with top honors winning 209 points followed by Michigan with 178 and Indiana with 88. The women won nine of the events including some 1-2 finishes. In the men's meet, Ohio made it four Championship titles in a row with 224 points ahead of Michigan's 130 and Indiana's 119. Ohio's male athletes also won eight of the seventeen events including 1-2-3 sweeps in both hurdle events.

For a complete list of results, rosters and photos from the meet, [click here](#).

### ***BE A PART OF IT IN 2016 — AND HERE IS HOW:***

1. Coaches should make the Midwest staff aware of their athlete's contact information by (A) filling out and dropping off a "Quick Fact" questionnaire at our table during the Clinic weekend and/or the Indoor Championships (B) go to our team website [by clicking here](#) or to the [Association website](#) and fill out an on-line questionnaire (C) or directly contact Lori Robinson of Marysville High School
2. Speak early with your senior athlete and his parents about *holding that date*. Please don't schedule a graduation party for these days!
3. Be certain to DECLARE by filling out a quick DECLARATION FORM at the Midwest Meet tent during the State Outdoor Championships. For your convenience, the Midwest Staff will be setting up the tent early on Thursday afternoon. Our goal is to receive 95% of the declarations prior to the start of the meet.

**HOPE TO SEE YOU THERE—AND GO TEAM OHIO!**

***Visit the OAT & CCC website at: [www.oatccc.com](http://www.oatccc.com)***



# THE RUNNER

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## Track and Cross Country Coaching Longevity Awards Nancy Beattie, Chairperson

The OAT & CCC wishes to recognize the coaches who have many years of devoted service. If you meet the following criterion or if you know of another coach who qualifies—whether active, retired, or deceased—report to the “Awards” display area at the clinic, or contact Nancy Beattie at:

Nancy Beattie  
1741 Highland View Drive  
Powell, Ohio 43065  
[ncbeattie@aol.com](mailto:ncbeattie@aol.com)

The awards are as follows (application on page 12):

- CERTIFICATE:** A coach who has coached 20 years in one sport (track or CC) or 30 combined seasons of both can receive a certificate at the Awards display
- LAPEL PIN:** A coach who has coached 25 years in one sport or 40 seasons of both can receive a lapel pin at the Awards display.
- PLAQUE:** A coach who has coached 30 years in one sport or 50 combined seasons of both and if they have accomplished either of these during the most recent calendar year, qualifies for a plaque.

## OAT & CCC Marvin Crosten Scholarship Applications Bob Karl, Scholarship Chairperson

The OAT & CCC Marv Crosten Scholarship program was established to recognize the outstanding sons and daughters of OAT & CCC members with scholarship awards. Named in honor of long-time coach and OAT&CCC officer, Marv Crosten, this scholarship program is available for students currently in their senior year of high school or their freshman year of college. The scholarships are for one year only and the parent-coach must have been an active member of the OAT&CCC for three consecutive years directly prior to the application being filed.

The individual scholarship awards will be given in recognition of outstanding athletes, coaches, Hall of Fame members, Ed Barker Award recipients, and the current OAT&CCC president. This is done in order to honor many of the positive contributors to our two sports over the years. The amount of the scholarship is \$1,000. It is a privilege to be able to help these young people as they further their education at the collegiate level.

The OAT&CCC scholarship committee is accepting applications for the 2016 awards. The deadline for applications to be returned to the scholarship committee is April 1, 2016. [Click here for applications](#) and send to:

Bob Karl, OAT&CCC Scholarship Chairperson  
3005 Laplata Drive  
Kettering, Ohio 45420

## 2015 OATCCC FRED DAFLER AWARD WINNERS

### GIRLS' TRACK

Susan Ritter Burnell  
New Bremen HS

### BOYS' TRACK

Greg Fraunfelter  
Logan HS

### GIRLS' CROSS COUNTRY

Rennie Bare  
Newark Catholic HS

### BOYS' CROSS COUNTRY

Chuck Zobel  
Garaway HS

*Congratulations to all of our Career Coaches of the Year!  
It is a privilege to honor you for your years of dedication and accomplishment.*



# Ohio Association Of Track And Cross Country Coaches

## TRACK AND CROSS COUNTRY COACHING LONGEVITY APPLICATION

The OAT&CCC wishes to recognize the coaches who have many years of devoted service. Coaches who meet the following criteria or know other coaches who have qualified are urged to contact the longevity chairman at the Awards Display Area at the OAT&CCC clinic in January. Coaches to be considered may be active, retired, or deceased. Coaches may should send this form with the information at the bottom of the sheet to Nancy Beattie through her e-mail address ([ncbeattie@aol.com](mailto:ncbeattie@aol.com))

### QUALIFICATIONS:

1. In one of two categories - in a single sport, or combination of both sports.
  - A. If you have coached **either** Track or Cross Country for **20 seasons or more**;
  - B. If you have coached **both** Track and Cross Country for a **combined 30 seasons or more**.
2. All seasons of coaching are included: Jr. High, High School, and College - head or assistant positions
3. Count out of state coaching only if you have been coaching in Ohio for more than ten years.
4. Count only one season per year if you coach both boys and girls teams - or jr. high and high school teams. Please be careful not to double count the number of seasons.
5. Do not count indoor track as an additional season if you coach track.

### OAT & CCC LONGEVITY AWARDS:

**CERTIFICATE AWARD:** A coach has 20 seasons in one sport (*either track or cross country*), or 30 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic. The certificates can be updated every five years and at retirement.

**LAPEL PIN AWARD:** A coach who has 25 seasons in one sport (*either track or cross country*), or 40 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic.

**PLAQUE AWARD:** A coach who has 30 seasons in one sport (*either track or cross country*), or 50 combined seasons (in *both* track and cross country) can receive a plaque if they have accomplished either during the most recent school year. A coach who may qualify in both criteria may purchase a second plaque by contacting the Longevity Committee Chairperson. The cost is approximately \$25.

Coach \_\_\_\_\_

School \_\_\_\_\_

Home Address \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

History	Schools	Level	Years	Total
T & F	_____	_____	19__ - _____	_____
T & F	_____	_____	19__ - _____	_____
T & F	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
<b>Total seasons</b>				_____





## CLASS OF 2016 HALL OF FAME

Neal Charske, Chairperson

*The OAT&CCC Hall of Fame is an impressive display of names and pictures of its members. Inductees are featured on the association website at [www.oatccc.com](http://www.oatccc.com). Members of the Hall of Fame, as well as the Ed Barker Award winners, are voted on by the Executive Board who receive the nominations from the district representatives. If you have someone you would like to nominate for the Hall of Fame, please see your district representative and fill out the special form by June 30<sup>th</sup> of the year for which you are asking consideration.*

### Lewis Johnson

Sometimes in athletics, it just takes a little time to hit one's stride, and then a "late bloomer" comes out of the pack and shows everyone the diamond that was hidden just beneath the surface. Such a runner was Lewis Johnson of Cincinnati Northwest High School.

Lewis was a pretty good high school athlete and every coach out there can use an extra 400M runner. By the end of his 1982 senior year, he had PR'd with a very respectable 51.5 and had also turned a 1:59 800M. He never qualified to the State Meet and he turned his attention to pursuing a communications degree from the University of Cincinnati.

And this is where the diamond shined. A high school friend, Doug Wiesman, talked him into coming out for the UC track team—and the rest is history. Lewis's PR's in the 500M (:62.68), 600 yds (:70.64), 1000 yds (2:09.16), and 1000M (2:22.64) are still on the UC all time performers' list nearly 30 years later. His 1:47.00 800M remains a school record as does the sprint medley of 3:16.44 thanks to his stunning 1:45.8 anchor which he did at the Drake Relays. UC's 4 x 400M record of 3:09.93 was not broken until 2010. Additionally, Lewis qualified to the Olympic Trials in 1988 and 1992 and was inducted into the University of Cincinnati Athletic Hall of Fame in 1999.

Today, he remains a world class ambassador for track and field as a broadcaster. He has covered seven Olympic Games (Summer and Winter) beginning in Sydney (2000). He continues to cover events ranging from the Diamond Games, the Prefontaine Classic, and numerous NCAA and world championship meets.

Lewis makes his home in Grapevine, Texas and is still a fixture on track and field broadcasts as well as for the NBA.



### Erin Ebner Shawk

The dictionary characterizes an "eagle" by its strength, its speed, and its tenacious spirit all of which make it the "apex predator" of the avian world. What an appropriate mascot for Erin Ebner from Colonel Crawford High School. Her prey was the entire State of Ohio; she demonstrated great strength her senior year winning the 100M HH, then walking back down to the starting line and winning the 100M; and man, could she fly!

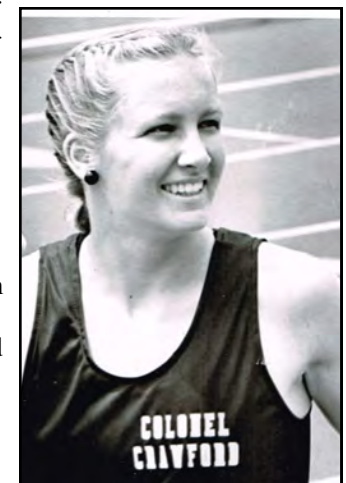
One of the most celebrated sprint / hurdlers in Ohio track and field history, Erin helped Colonel Crawford win three consecutive State Championship team titles from 1990-1992 by reaching the podium for All-Ohio honors twelve times during her four years of state level competition.

As the anchor of the 6th place 4 x 100M relay her freshman year, Erin got her first taste of glory in a State Championship. Her sophomore year, she won her first of three Runner-up titles in the 100HH before reaching the Championship spot on the podium in both the 4 x 100M and the 4 x 200M relays. Her junior year was her first four event State Championship where she placed 2nd and 6th respectively in the 100HH and 300IH, and then helped defend Colonel Crawford's relay titles once again winning the 4 x 100M and 4 x 200M relays. Her senior year was her signature year: 1st place and a State Record in the 100HH; then jog back to the starting line in order to take 1st in the 100M; then another 1st in the 4 x 100M relay and a 2nd in the 300IH. A good day!

Final count: seven State Championship titles and three State Runner-up titles.

Erin also qualified to the TAC/USATF Junior National Championships as a 100HH athlete and in 1992 earned All-American honors with her 3rd place finish. She ran one year for Miami University and is still listed in their media guide as one of the top 10 all time 100M racers in their team history.

Erin lives in Galion, Ohio and continues to help with track meets while cheering on her own children.





## CLASS OF 2016 HALL OF FAME (Continued)

Neal Charske, Chairperson

### Christi Smith

In her four years at Bexley High School, Christi competed in six different events as a State Meet qualifier, reached the podium in all six events, helped the Lions' 1996 4x100M relay to a State Championship title (:49.48), and doubled as an individual State Champion in the long jump with a PR of 19' 3¼" - the Division II State Record at that time. Christi's all-around athleticism made her the perfect candidate to pursue the multi-event competitions and it was at the University of Akron where she chose to make her national mark.

In her four years of competition, Christi won eleven MAC indoor and outdoor titles and earned All-MAC honors seven times. Christi was also Akron's first multiple All-American receiving this recognition on four different occasions. She smashed women's records at Akron in every event in which she competed including a school and MAC record (5797 points) in the heptathlon in 2000. Christi was the NCAA Runner-up heptathlete in 1999 and in 2000 became Akron's first NCAA Champion in the same event. Later that summer, she competed as Akron's first female athlete to qualify to the US Olympic Trials and was a finalist for the James E. Sullivan Leadership Award in addition to being named the Caroline Pardee Female Athlete of the Year (University of Akron) for the third consecutive year.

Christi has been inducted into the Bexley HS Hall of Fame (2007), the U of A HoF (2011), and the MAC HoF (2013). In 2012, Akron recognized her as Akron's Number One Athlete of All Time.

Christi Smith-Ryan is currently an assistant coach with Central Catholic High School in Portland, Oregon.



### Debbie Williams Hoak

In her years at Euclid High School, Debbie was an All-American in basketball and a legend on the softball field, had the highest bowling average in Ohio for her age group, and was an outstanding tennis player. But her career has been one of many firsts and she is a pioneer in women's athletics at all levels of competition.

The Girls State Track and Field Tournament was in its first year (1975) when Debbie took advantage of the opportunity in front of her to show the world that "throwing like a girl" was something of which to be very proud. In her years at Euclid High School, she won too many invitational titles and championships to name. A five time All-Ohio athlete, she was the State Runner-up in the shot put her junior and senior year. The discus was her event though, and she was a three time State Champion. She also earned All-American honors three times before her graduation in 1978.

At the University of Michigan, she found a new throwing event to love—the javelin. Debbie became the University of Michigan's first Big Ten Champion in Track & Field and would go on to win the event all four years she competed. She was the NCAA Runner-up and earned All-American honors. Her throwing career continued after college and she went on to represent the USA in team competitions against West Germany and the Soviet Union. Debbie competed in six US Olympic Festivals and in 1984, she finished 5th in the Olympic Trials.

Debbie returned to Michigan as the women's track coach and has been inducted into the Wolverine Hall of Fame. She also played one year of professional golf on the LPGA Tour.

Since 1996, she has helped lead the Magic of Christmas Adopt a Family Foundation which helps hundreds of Ann Arbor area families realize their holiday wishes in cooperation with fund raising efforts of local law enforcement and the University of Michigan.

Debbie currently coaches golf at Saline High School and lives in Ann Arbor Michigan.



### PLEASE JOIN US!

The OAT&CCC Hall of Fame Banquet will be held Friday, January 29, 2016 in rooms A-B of the Easton Hilton Hotel, from 6:30 - 9:30pm. Even if you are not coming to the banquet, please feel free to join us for the UCS social from 9:30pm - 12:30am in room Easton B. Come join the fun!



## CLASS OF 2016 HALL OF FAME (Continued)

Neal Charske, Chairperson

### Voren Hughes

There is an old coaches' saying: "Speed kills—they that ain't got it." Well, Voren Hughes had speed to burn and burn up the track at the State Championship level he did. For all four years of his high school career at Leavittsburg Labrae High School, Voren was the premier sprinter in Ohio short events and his only real competition was against himself and the clock.

As a freshman, he qualified to the State Meet in the 400M and made it to the finals. Like all true champions—they come, they learn, they come back. Voren's sophomore year was his breakout year and he put his lessons learned to good use earning Runner-up titles in the 400M (49.12) and as part of Labrae's 4 x 400M relay. On only about 30 minutes of recovery between events, he added his first State Championship title in the 200M with a 21.89. Labrae High School tied for the team Runner-up title that same year and a star was born.

As a junior, Voren added two more State Championship titles—the 100M (10.99) and the 200M (21.64). Additionally, Labrae's 4 x 100M relay finished in 3rd earning him All-Ohio honors for the 6th time.

Voren's senior year (1986), was one of dominance rarely seen in the 108 year history of Ohio Track & Field. He swept through the season winning everything he entered. He took all three Regional sprint titles in the 100M, 200M, and 400M—and then took all three Championship titles in those same three events at the State Championships. His 100M time of 10.69 set a State Record, which he then followed up with a 21.56 200M and a 47.64 in the 400M. Total medal count: Six individual State Championship titles and two State Runner-up titles. Nine times he earned All-Ohio honors.

Voren competed for two years at Ohio State lettering in 1987 and 1988.

He currently lives and works in Seattle, Washington.



### Joe Rider Horn

Good coaches just have that Midas touch at whatever they choose to pursue and Joe Rider Horn is no exception. He has coached soccer (5 years) - and won. He has coached basketball (8 years) - and won. His football teams (coached for 10 years) won league championships four times in a five year period. But it is for his contributions to the sport of Track & Field and the accomplishments of his athletes spanning a 39 year career at Benjamin Logan and Waynesfield Goshen that Joe enters the Hall of Fame. And — he has coached the Horn family.

Four generations of the Horn family have competed in track and field. Joe's father, Joe Ashley Horn, was a top all-around athlete in the 1920's and competed for Miami. Joe coached his sons Jay (Air Force Academy) and Jon who is still listed as one of the Air Force Academy's top high jumpers. Joe Neal Horn was a four time State Champion who swept the sprint events in 2006. Gray Horn, was a State Champion and is currently at Tiffin University training and attempting to qualify for the 2016 Olympics in the decathlon. The family tradition has also included coaching Ivy Horn who signed in 2012 to run for Ohio State and Morgan Horn who signed in 2013 to run for the Air Force Academy. In fact, 9 of the 17 boys records at Goshen have the Horn name beside them as do 7 of the 17 girls' records.

But—it has not just been the Horn family. There has been a long line of excellent athletes at Benjamin Logan where Joe's boys' team won the 1992 District and Regional Championships, and at Waynesfield-Goshen where they have won the league title twelve times and the State Championship in 2006. There have been seven individual and two relay champions in outdoor track, eight champions in indoor track, and 38 All-Ohio selections.

Joe hosted USATF summer meets for a number of years as well as serving on the OHSAA State Rules Advisory Board. As a teacher of Special Education, he helped initiate programs in Character Education and Service Learning.

Joe continues to coach and live in Waynesfield, Ohio



Visit the OAT & CCC Hall of Fame at: <http://www.oatccc.com/halloffame>





## 2016 ED BARKER AWARD

Neal Charske, Chairperson

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### Barbara Charske

The Ed Barker Award is given as an acknowledgement to the individual who has shown the most exceptional service to the OAT&CCC and to the sports of Cross Country and Track & Field in Ohio. This year's winner is Barb Charske.

Barb has over four decades of service and dedication coupled with a desire to see our sports continually grow for the betterment of athletes in our charge. Her roles as coach, registered official, and meet administrator have been models for young people entering our sport. Her volunteerism to the OATCCC at events including the Mideast Meet and its celebratory events as well as the Midwest Meet of Champions and the annual Clinic has been invaluable to the success of these endeavors.

The athletes of Kettering Fairmont High School were the beneficiaries of her coaching expertise where she served as the distance coach from 1994-1999. The rest of the state has been the beneficiary of her officiating expertise, especially in the high jump where she is recognized and appreciated by athletes from all around Ohio. She has officiated every age group from junior high dual meets to high school invitationals and up to and including numerous roles at the OHSAA State Championships. Additionally, Barb has helped officiate the Dayton River Corridor Road Race as well as Masters' level track events and the Senior Olympics. In 2003, Barb helped coordinate the AAU Age Group National Championship held in Kettering.

Barb has been a frequent presenter at local Southwest District officials' clinics and is widely respected as an official who has an extensive knowledge of the rules and their proper application, who applies those rules consistently and fairly, but who also believes in and promotes preventative officiating. She is respected by everyone with whom she comes in contact and is truly and ambassador of track and field in the State of Ohio.

Therefore, because of her many efforts on behalf of our sports, the athletes and coaches, and her community, we are proud to recognize Barb Charske as the 2016 Ed Barker Award winner.



*Barb Charske at the 2012 State TF Meet*



The OATCCC says,  
"THANK YOU!" to **FIRST TO THE FINISH**

Sponsor and uniform supplier to our teams at the  
MidEast Cross Country Championship  
Thanks for helping our champions *look like champions!*



## OHSAA SPORTSMANSHIP, ETHICS, AND INTEGRITY AWARD WINNERS

### GIRLS' TRACK

James Dingus  
Olentangy Liberty HS

### BOYS' TRACK

Jack Cheek  
Lancaster HS

### GIRLS' CROSS COUNTRY

Gwenna Neal  
Riverview HS

### BOYS' CROSS COUNTRY

Jeff Howard  
Woodridge HS

*Congratulations—and thank you! Your outstanding traits of ethical behavior and integrity in your duties and responsibilities are a credit to our profession.*

## 2015 CROSS COUNTRY CLINIC

### Carson Cheek, Clinic Director

If you missed the 2015 Cross Country Clinic, then you missed an outstanding day in Dayton. The featured speaker was Scott Christensen, nationally recognized coach from Stillwater (MN) High School. Scott's teams have won the State Championship title 13 times with 27 athletes winning individual state titles. Outstanding Ohio coaches, Rod O'Donnell and Pat Schlect, also spoke.

The number of coaches attending the Clinic was reported at over 180 participants making the Ohio Distance Clinic the largest single day cross country clinic in the nation. A special thanks goes out to our newest sponsor of the clinic, Eastbay, whose valued donation helped make this weekend a success.

In 2016—the goal is to continue to bring in more coaches who you as an association want to hear and to continue to grow this Clinic into one of the best distance clinics in the country. Once again, it will be held in conjunction with the Mid East Cross Country Meet and sponsored by [MF Athletics](#). Please mark your dates: Friday, November 18 is the Cross Country Clinic and Saturday, November 19 will be the Mid East Championship.

Coaches—start getting your seniors signed up now for the Meet, come down for the Clinic, and then stay and support your athletes!

Stay tuned for updates in the fall edition of *The Runner* concerning hotel information and speaker format.

Any questions, please feel free to contact Carson Cheek at (419) 925-4714.



Image courtesy of [completetrackandfield.com](http://completetrackandfield.com)

## 2015 DISTINGUISHED SERVICE AWARD WINNERS

*Nominations for this award are submitted to the District Representatives and winners are announced—odd numbered districts in odd years, even numbered districts in even years.*

<b>DISTRICT 1</b>	Rob Conklin
<b>DISTRICT 3</b>	Don Williams
<b>DISTRICT 5</b>	Todd Reese
<b>DISTRICT 7</b>	Mark Alstaetter
<b>DISTRICT 9</b>	James Rolfes
<b>DISTRICT 11</b>	Penny Zuber
<b>DISTRICT 13</b>	Linda Neal
<b>DISTRICT 15</b>	Mark Monroe

*Thank you for all you have done over the years on behalf of  
The sports of cross country and track and field!*



## WENDY'S HEISMAN AWARD—STATE WINNERS

R. Scott Williamson, Academic All-Ohio Chairperson

Ask any cross country or track coach and they will tell you how much the effort and work ethic exhibited by their athletes translates directly to the classroom. In a continuing effort to recognize the efforts of the athletes in our sport off the field as well as on, the OATCCC would like to take this moment to recognize Vanessa Pasadyn of Brunswick High School who was selected as the Ohio Heisman Award winner for 2015. This marks the second year in a row an XC/TF female athlete has represented Ohio for this award.

This award recognizes seniors from any of the nation's 29,000 public and private high schools whose credentials and qualifications are reviewed by Scholarship Management Services in cooperation with Wendy's. Students are judged not only for their athletic accomplishments, but also for their academic performance, extracurricular activity involvement, and community leadership. School winners, State Finalists, and State Winners are then selected. From this elite group of 50, twelve National Finalists are chosen to attend the Heisman Trophy Awards Presentation in New York City where the National Winner is chosen.

In Ohio over 300 students were chosen as their School Winner and from that list, twenty were chosen to be the State Finalists. Vanessa was chosen from this group.

On behalf of the OATCCC and Ohio, great job and congratulations to Vanessa—and good luck next year as you pursue your post secondary career! See your school counselor for more information!



Vanessa Pasadyn  
Brunswick HS

## OHIO LEADS NATION WITH US PARALYMPIC ALL-AMERICAN SELECTIONS

Dave Kirk, US Paralympics Liaison

U.S. Paralympics, a division of the U.S. Olympic Committee, selected 66 athletes from across the nation as 2015 US Paralympic High School All-Americans. This is the sixth year that U.S. Paralympics has honored the top track & field athletes with Paralympic-eligible impairments based off performances during the 2015 track season.

For the second consecutive year, Ohio tops the list with six athletes earning this recognition. They include Jenna Fesemyer (Southeast HS), Randy McMullen (Kent Roosevelt HS), Grace Norman (Xenia Christian HS), Casey Followay (Wooster HS), AJ Digby (Otsego HS), and Sammy Rhodes (Wooster Triway HS). These six athletes gained honors in 17 slots—the most of any of the 28 states whose athletes were recognized. The next closest states were Washington and California at 11 followed by Florida with 10. These four states were the only states in double figures.

Additionally, Grace Norman had a standout year and has been named the 2015 National Female Athlete of the Year. She became the first lower limb amputee to qualify for the Ohio Track and Field State Championships and made the podium with an eighth place finish in the Division III 1600-meters. The 17-year old broke two T44 world records in June in the 800 and 1500 at the Indy International and Fast Cow Invitational. Grace also won the 400M Bronze Medal at the World Championships in Doha, Qatar this past October en route to a new American Record.

"It's encouraging to see more states including Paralympic sports and events into their programs," Cathy Sellers, High Performance Director of U.S. Paralympics Track and Field said. "Witnessing athletes like Grace Norman, the first amputee to qualify for the Ohio Track & Field High School State Championships, pave the way for future stars is both exciting and telling of how much this class can accomplish."

GREAT JOB OHIO!



Grace Norman  
Xenia Christian HS



The OATCCC says,  
"THANK YOU!" to ASICS -

The sponsor and uniform supplier to our teams at the  
Midwest Meet of Champion  
Thanks for helping our champions *look* like champions!





# Ohio Association Of Track And Cross Country Coaches

## ACADEMIC ALL-OHIO AWARD 2016 OUTDOOR TRACK AND FIELD

### ELIGIBILITY

1. You must have an accumulative high school G.P.A. of 3.5 or better to be eligible. Grades must be computed on a 4.0 scale and carried out to three (3) decimal places. If your school does not use a 4.0 scale, you must have your guidance counselor convert the average to an unweighted 4.0 scale equivalent. G.P.A.'s must be calculated at the end of each semester preceding the student's current season.
2. Athletes must qualify for the State Meet
3. Freshmen are not eligible
4. Only relay team members who competed at the Regional or State Meets are eligible.

### Nomination Form

(Use this form for boys or girls - not both - and please write very neatly or type)

SCHOOL NAME \_\_\_\_\_ DIVISION:    I            II            III

ADDRESS \_\_\_\_\_ COACH'S NAME \_\_\_\_\_

CITY \_\_\_\_\_ COACH'S PHONE \_\_\_\_\_

ZIP \_\_\_\_\_ SCHOOL PHONE \_\_\_\_\_

STUDENT NAME	SEX	GRADE	GPA	EVENT (S)	(For OATCCC use only)
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____	_____

Principal's signature \_\_\_\_\_ Coach's signature \_\_\_\_\_

1. The coach is responsible for turning in this form at the OATCCC table at the State Track Meet. Please bring your athletes with you to receive their award at this time. Forms turned in after the State Meet will NOT be eligible.
2. The coach is responsible for having this form signed by the school principal or counselor.
3. The coach will have the responsibility of notifying their respective local media.
4. **G.P.A. cannot be over 4.000**



# Ohio Association Of Track And Cross Country Coaches

Membership is for the calendar year, January 1, 2016 - December 31, 2016  
**DO NOT SEND THIS FORM IN IF YOU REGISTERED FOR THE CLINIC!**

SCHOOL \_\_\_\_\_ TELEPHONE \_\_\_\_\_

SCHOOL ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

**Individual Memberships:**

\_\_\_\_\_ \$10 For each coach - list coaches on the lines below.

**School Memberships:**

\_\_\_\_\_ Enroll your entire staff! The price is still \$10 each, but it says something about your staff!

*Membership includes voting and Association privileges: Mid East Cross Country Championships, OAT&CCC Indoor State Championships, Midwest Meet of Champions, and the OAT&CCC Runner*

**Coaching Position (please circle)**

		Coaching Position (please circle)		
		Boys	Girls	
1.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____	E-Mail: _____	
2.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____	E-Mail: _____	
3.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____	E-Mail: _____	
4.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____	E-Mail: _____	

Make checks payable to OAT&CCC

(Mail to address below if different than school)

Mail to:

**Donna Joseph**  
**3822 Highland Avenue**  
**Shadyside, Ohio 43947**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



*The Ohio Association of  
Track & Cross Country Coaches*

**Dave Kirk, Editor  
Galion High School**

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STANDARD  
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Lewis Center, Ohio**

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\_\_\_\_\_ Girls' Varsity Track  
\_\_\_\_\_ Girls' MS Cross Country  
\_\_\_\_\_ Girls' MS Track  
\_\_\_\_\_ Boys' Varsity Cross Country  
\_\_\_\_\_ Boys' Varsity Track  
\_\_\_\_\_ Boys' MS Cross Country  
\_\_\_\_\_ Boys' MS Track

**PLEASE ROUTE TO:**