

## Midwest Meet of Champions Team Ohio Girls Roster 2009

Event	Order	Name	School	Coach	'09 Best
Pole Vault	1	Allie Wood	Thomas Worthington	Jimmy Hull	12'4/2 <sup>nd</sup> DI
	4	Kayla Caldwell	Indian Valley	Dave Bell	12'9/1 <sup>st</sup> DII 3x DII Champ '07, '08, '09
	7	Katie Nageotte	Olmsted Falls	Dave Godfray	13'0/1 <sup>st</sup> DI

Event	Order	Name	School	Coach	'09 Best
Shot Put	2	Erin Pendleton	Woodmore	Mike Pendleton	40'11/3 <sup>rd</sup> DIII
	5	Shatora Lewis	Toledo Scott	George Clay	43'10/2 <sup>nd</sup> DI '08 DI Champ
	8	Christine Borchers	Versailles	Mike Goubeaux	44'1/2"/1 <sup>st</sup> DIII

Event	Order	Name	School	Coach	'09 Best
Discus	3	Alexis Thomas	Wayne	Jimmy Findlay	136'1/5 <sup>th</sup> DI
	6	Melissa Dodaro	Reynoldsburg	Bill Schmitz	146'4/1 <sup>st</sup> DI '08 DI Champ
	9	Erin Pendleton	Woodmore	Mike Pendleton	167'6/1 <sup>st</sup> DIII '08 DIII Champ 4x All-Ohio

Event	Order	Name	School	Coach	'09 Best
Long Jump	1	Haley Nofziger	Pettisville	Tom Wagner	17'9.75/3 <sup>rd</sup> DIII
	4	Kylie Kopp	Bethel	Steve Pytel	18'1/1 <sup>st</sup> DIII
	7	Tamica Harbour	Euclid	Lawrence Noose	18'6/1 <sup>st</sup> DI

Event	Order	Name	School	Coach	'09 Best
High Jump	2	Lauren Piper	Hudson	Katie Stark	5'6/4 <sup>th</sup> DI
	5	Laura Gehret	Anna	Randy Locker	5'7/1 <sup>st</sup> DIII
	8	Abena Boamah-Acheampong	Pickerington Central	Rob Hammond	5'8/2 <sup>nd</sup> DI

Event	Lane	Name	School	Coach	'09 Best
110/100 Hurdles	3	Tamica Harbour	Euclid	Lawrence Noose	14.25/2 <sup>nd</sup> DI
	5	Brittany Cheese	Hilliard Davidson	Matt Beatty	14.20/1 <sup>st</sup> DI
	9	Alecia Daniels	Edgerton	Jason Zumbaugh	14.45/2 <sup>nd</sup> DII



**Ohio Association Of Track  
And Cross Country Coaches**

## Midwest Meet of Champions Team Ohio Girls Roster 2009

Event	Lane	Name	School	Coach	
4 x 800 m Relay	2	Erin Mercer	Woodridge	Jeff Howard	5:00/1 <sup>st</sup> DII
		Shequea Howard	Cleveland Heights	Claude Holland	11 <sup>th</sup> /DI 4x400
		Tori Brink	Hilliard Davidson	Matthew Beatty	5 <sup>th</sup> /DI 4 x 800
		Samantha Hamilton	Jackson Milton	Ron Mamfeldt	2:16/5 <sup>th</sup> DIII 3200m

Event	Lane	Name	School	Coach	'09 Best
100 m Dash	1	Erika Schmidt	Anthony Wayne	Jim Lopez	12.01/2 <sup>nd</sup> DI Regional
	4	Mahagony Jones	James Ford Rhodes	Tyrone Owens	11.6/2 <sup>nd</sup> DI
	7	Lauren Macer	Twinsburg	Mike Martin	11.81/5 <sup>th</sup> DI

Event	Lane	Name	School	Coach	
4 x 200 m Relay	5	Erika Schmidt	Anthony Wayne	Jim Lopez	6 <sup>th</sup> DI 4 x 200
		Ashley Zaper	Anthony Wayne	Jim Lopez	6 <sup>th</sup> DI 4 x 200
		Ashlei Rugley	Warrensville Heights	Marlene Byrd	1 <sup>st</sup> DII 4 x 200
		Arabia Littlejohn	Steubenville	Joe Kernahan	2 <sup>nd</sup> DII 200m Reg.

Event	Lane	Name	School	Coach	'09 Best
1600 m Run	3	Tori Brink	Hilliard Davidson	Matthew Beatty	4:55/2 <sup>nd</sup> DI
	6	Erin Mercer	Woodridge	Jeff Howard	5:00/1 <sup>st</sup> DII
	9	Carolyn Case	Cuy. Valley Christian Acad.	George Hallis	5:01/2 <sup>nd</sup> DII

Event	Lane	Name	School	Coach	
4 x 100 m Relay	4	Taylor Brown	Twinsburg	Mike Martin	4 <sup>th</sup> DI 4 x 100
		Lauren Macer	Twinsburg	Mike Martin	4 <sup>th</sup> DI 4 x 100
		Ashley Phillips	Reynoldsburg	Dennis Hammond	2 <sup>nd</sup> DI 4 x 100
		Shiara Robinson	Pickerington North	Jim Langenderfer	4 <sup>th</sup> DI 4 x 200

Event	Lane	Name	School	Coach	'09 Best
400 m Dash	2	Sarah Woodrum	Marion Harding	Marcia Pitts	55.91/9 <sup>th</sup> DII
	5	Mahagony Jones	James Ford Rhodes	Tyrone Owens	54.20/3 <sup>rd</sup> DI 2 <sup>nd</sup> DI 100m 3 <sup>rd</sup> DI 200m
	8	Brittany Brown	Archbishop Hoban	Joseph Lutz	56.20/2 <sup>nd</sup> DII 1 <sup>st</sup> DII 4 x 400 3 <sup>rd</sup> DII 100m



**Ohio Association Of Track  
And Cross Country Coaches**

## Midwest Meet of Champions Team Ohio Girls Roster 2009

Event	Lane	Name	School	Coach	'09 Best
300 m Hurdles	3	Tiera Royal	Collinwood	Lou Slapnik	44.20/16 <sup>th</sup> DI
	6	Nicole Pachol	Howland	Dan Libert	41.86/1 <sup>st</sup> DI
	9	Melissa Wohlheter	Tuslaw	Pam Muntean	44.05/3 <sup>rd</sup> DIII

Event	Lane	Name	School	Coach	'09 Best
800 m Run	1	Tina Oprean	Canton Central Catholic	Marty Feldpusett	2:16/7 <sup>th</sup> DII 1600m
	4	Samantha Hamilton	Jackson Milton	Ron Malmfeldt	2:16/5 <sup>th</sup> DIII 3200m
	7	Kaitlin Price	Cincinnati Turpin	Missy Seimers	2:18

Event	Lane	Name	School	Coach	'09 Best
200 m Dash	2	Shiara Robinson	Pickerington North	Jim Langenderfer	25.1/2 <sup>nd</sup> DI Regional
	5	Erika Schmidt	Anthony Wayne	Jim Lopez	24.5/4 <sup>th</sup> DI
	8	Taylor Brown	Twinsburg	Mike Martin	25.27/5 <sup>th</sup> DI Regional

Event	Lane	Name	School	Coach	'09 Best
3200 m Run	3	Alanah Sonntag	Cincinnati Sycamore	Scott Popoff	11:03/7 <sup>th</sup> DI
	6	Lauren Dehan	Cincinnati Madeira	Natalie McEwan	11:06/1 <sup>st</sup> DIII
	9	Jessica Zangmeister	Fairview	Richard Friel	11:08/2 <sup>nd</sup> DII

Event	Lane	Name	School	Coach	'09 Best
4 x 400 m Relay	6	Brittany Brown	Archbishop Hoban	Joseph Lutz	56.20/2 <sup>nd</sup> DII 1 <sup>st</sup> DII 4 x 400 3 <sup>rd</sup> DII 100m
		Angelique Lykes	Warrensville Heights	Marlene Byrd	56.73/7 <sup>th</sup> DII 1 <sup>st</sup> DII 4 x 400
		Noelle Johnson	Warrensville Heights	Marlene Byrd	56.2 split 1 <sup>st</sup> DII 4 x 400 1 <sup>st</sup> DII 4 x 800
		Mahagony Jones	James Ford Rhodes	Tyrone Owens	54.20/3 <sup>rd</sup> DI 2 <sup>nd</sup> DI 100m 3 <sup>rd</sup> DI 200m



**Ohio Association Of Track  
And Cross Country Coaches**