



# Track & Field Technical Certification Course

## What is the TFTC ?

The TFTC is a 15 hour course in the coaching of Track & Field. Certification by the USTFCCCA is granted for successful completion of the course and evaluation. The curriculum covers key aspects of technical coaching. Each section is illustrated with pertinent, specific animated video created specifically for this course, to enhance clarity and understanding. Topics included in the course are workout planning, administration of training, techniques, and teaching progressions for all commonly contested Track & Field events.

**February 10-11, 2012**

**Worthington Kilbourne High School, Columbus, OH**

### Dates & Times

5:30 pm - 8:40 pm Friday, February 10

8:00 am - 8:00 pm Saturday, February 11

**Site.** Worthington Kilbourne High School, Room 207, 1499 Hard Rd, Columbus OH 43235

**Cost.** Cost for the course is \$135 when registering at least 10 days prior. Late or on-site registration is \$155.

**Registration** Register online at [www.ustfccca.org](http://www.ustfccca.org)

### For More Information

Contact Mike Corn at [mike@ustfccca.org](mailto:mike@ustfccca.org) or (504) 599-8903



[www.ustfccca.org](http://www.ustfccca.org)