

The Runner

Volume VII, Issue 2

June 2011, State T & F Meet Edition

Regular Features:

- President's Message
- Your District Reps and Committee Chairpersons
- Longevity Awards
- Scholarship Information
- Academic All-Ohio Info
- OAT&CCC Membership Application

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STATE MEET

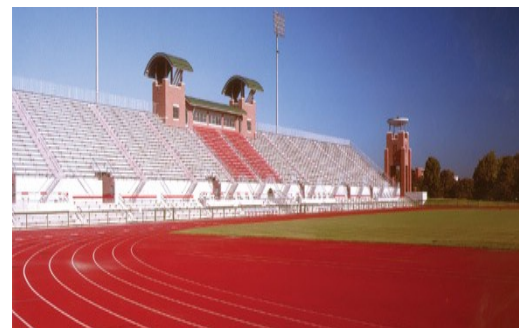
The stands may be empty now, but the track and field aficionados from around the State—from around the Midwest for that matter—will be converging on Columbus this weekend to see the finest athletes from each region of the State go at it for those coveted titles of “State Champion.”

This will be the 37th Women’s State Championship and the 104th Men’s competition—the longest—running championship in Ohio. There will be—unbelievably (when you count up all the divisions, individual events, and relays)—174 State Champions to be crowned over the next two days.

Here is hoping that your athlete is one of them!

And remember—if your athlete is a senior—**PLEASE** register them for the Midwest Meet of Champions. See pages 3 and 6 for more information.

GOOD LUCK TO ALL OF YOU!
PLEASE SUPPORT OUR SPONSORS



JESSE OWENS STADIUM
THE OHIO STATE UNIVERSITY

Photo courtesy of
<http://www.ohiostatebuckeyes.com>

MF Athletics
Asics
UCS
OHSAA
USTCA
Hind
Powerade

USOC Paralympic Leadership Conference

April 28-May 2, 2011

The OATCCC Executive Board, in its pursuit of promoting Track and Field in all of Ohio’s high schools and junior highs, took a bold step this spring on behalf of the some six to eight thousand potential wheelchair athletes (Source: Ohio Department of Education) who attend OHSAA member schools. In an effort to learn more about the national adapted sports movement and what other states are doing on behalf of their athletes,

our organization was represented at this conference for the first time on a fact finding/idea searching mission.

A fantastically successful trip, the findings will be presented and potential proposals discussed at this summer’s OATCCC Executive Board meeting.

More to follow—but if you have questions or comments, please contact:

david.kirk@chagrinschools.org

THE OHIO ASSOCIATION OF TRACK AND CROSS COUNTRY COACHES REPRESENTATION BY DISTRICT

1 Ashtabula, Trumbull, Mahoning, Columbiana

2 Lake, Geauga, Cuyahoga

3 Lorain, Medina, Wayne, Ashland

4 Summit, Portage, Stark

5 Holmes, Coshocton

Carroll, Tuscarawas

Harrison, Jefferson

6 Erie, Sandusky, Seneca

Huron, Crawford, Richland

Wyandot

7 Hancock, Putnam, Allen

Paulding, Van Wert

Mercer, Auglaize, Hardin

8 Muskingum, Guernsey

Noble, Belmont, Morgan

Monroe, Washington

9 Darke, Shelby, Miami, Logan

Champaign, Clark, Green

10 Franklin, Union, Madison, Pickaway

11 Licking, Knox

Marion, Morrow

Fairfield

12 Fayette, Ross

Pike, Highland

Adams, Scioto

13 Preble, Butler

Montgoery, Warren

14 Hamilton, Brown

Clermont, Clinton

15 Williams, Fulton

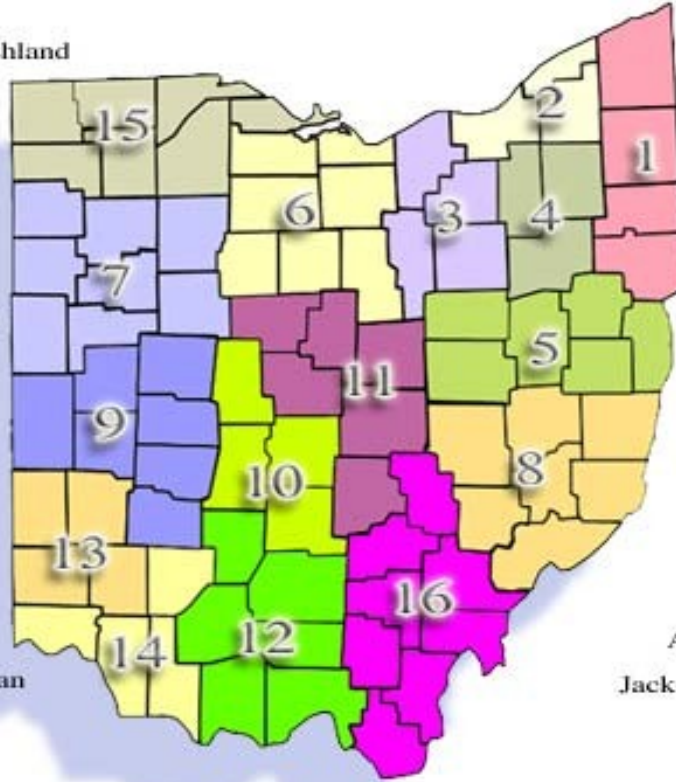
Lucas, Wood

Defience, Henry

16 Perry, Hocking

Athens, Vinton, Meigs

Jackson, Gallia, Lawrence



<u>Position</u>	<u>Name</u>	<u>School</u>	<u>Phone</u>
President	Scott Dorne	Westerville South High School	614-797-6000
Vice Pres.	Ed Lidderdale	Sandy Valley High School	330-866-9371
Past Pres.	Greg Fraunfelter	Logan High School	740-385-2069
Treasurer	Sam Lehman	Olentangy High School	740-657-4100
Secretary	Donna Joseph	Shadyside High School	740-676-3235
District 1	Diane Krumpak	South Range High School	330-549-2163 x39133
District 2	David Kirk	Chagrin Falls High School	330-247-2072 x4466
District 3	Jim Glessner	Norwayne High School	330-435-6384
District 4	Tom Loy	East Canton High School	330-488-0136
District 5	Mark Albaugh	Claymont High School	740-922-3471
District 6	John Knickel	Carey High School	419-396-7638
District 7	Jim Epperly	Waynesfield-Goshen High School	419-234-3328
District 8	Dugan Hill	Caldwell High School	740-732-5634
District 9	Buzz Seilhamer	Xenia High School	937-426-9250
District 10	Andy Cox	Thomas Worthington High School	614-883-2250
District 11	Jeff Sheets	Heath Middle School	740-788-3200
District 12	Bob Bergstrom	McClain High School	937-981-3926
District 13	Mike Beaty	Meadowdale High School	937-542-7130
District 14	Andy Wolf	Anderson High School	513-232-2772
District 15	John Brashear	Ottawa Hills High School	419-534-5388
District 16	Al Riffey	Vincent Warren High School	740-678-2393



Midwest Meet of Champions Claude Holland, Program Coordinator

The Midwest Meet of Champions is scheduled for Friday/Saturday, June 10/11, 2011 to be hosted by the Indiana Track Coaches Association. This meet showcases senior talent from the states of Ohio, Indiana, and Michigan. We are also hopeful that past participants—Pennsylvania, West Virginia, and/or Illinois—might re-join us in the near future. Team Ohio punctuated last year’s meet with a win by Ohio’s men and record breaking performances by both Ohio’s men and women.

This is the second year of the meet’s four-year cycle in Indiana. The meet remains in Fort Wayne for the 2010-2013 seasons, then returns to Ohio in June of 2014.

Last year, Team Ohio won both the men’s and women’s competitions. On the men’s side, nine of the events were won by Ohio athletes, and for the women, seven of the events titles were taken home by an Ohio athlete.

Prior to traveling to Indiana, in what has been a great tradition, Team Ohio athletes and staff gathered near the Jesse Owens Memorial in front of OSU’s football stadium for final instructions and a sendoff. Motivational speakers for the group have included former Olympians Butch Reynolds and other inspirational champions in track and field.

BE A PART OF IT—AND HERE IS HOW:

1. Coaches should make the Midwest staff aware of their athlete’s contact information by (A) filling out and dropping off a “Quick Fact” questionnaire at our table during the Clinic weekend and/or the Indoor Championships (B) go to our team website [by clicking here](#) or to the [Association website](#) and fill out an on-line questionnaire, or (C) directly e-mailing Claude Holland at rebeltc@aol.com
2. Speak early with your senior athlete and his parents about *holding that date*. Please don’t schedule a graduation party for these days!
3. Be certain to DECLARE by filling out a quick DECLARATION FORM at the Midwest Meet tent during the State Outdoor Championships. For your convenience, the Midwest Staff will be setting up the tent early on Thursday afternoon. Our goal is to receive 95% of the declarations prior to the start of the meet.

HOPE TO SEE YOU THERE—AND GO TEAM OHIO!

OAT&CCC COMMITTEES AND CHAIRPERSONS

Track & Field Clinic Director	Wayne Clark	Cross Country Clinic Director	Carson Cheek
Hall of Fame Chairperson	Neal Charske		
Mid-East Cross Country Director	Neal Charske	Scholarship Chairperson	Bob Karl
Awards Chairperson	Diane Krumpak	Historian	Carson Cheek
Academic All-Ohio	R. Scott Williamson	The Runner Editor	Dave Kirk
College Liason	Scott Jones University of Akron	OHSAA Liaison	Dale Gabor CC/TF Coordinator
Mid-West Track Meet Director	Claude Holland	S.E.I. Chairman	Jeff Sheets
Pole Vault Safety Clinics	Marty Dahlman	Web Site	Bob Hollen & Andy Cox
Cross Country Poll	Rick Geye		

A complete contact list of phone numbers and addresses for these people can be found at:

<http://www.oatccc.com/info.html>



THE RUNNER

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Academic All-Ohio Recognition

Scott Williamson, Chairperson

Our endeavor in honoring our scholar-athletes with the distinction of academic All-Ohio has been very successful. The OAT&CCC proudly recognized 431 student athletes at last fall's State Cross Country Meet. This was a very proud moment for these athletes, their parents, and their coaches. Congratulations to all! The 2010 Cross Country recipients are posted on the Association website (www.oatccc.com). For a complete list of all honorees, please see our display in the hospitality room at the clinic.

We were the first coaches' association in Ohio to celebrate our athletes' scholastic abilities as well as their athletic excellence. In 16½ years, we have honored nearly 14,000 Ohio students with Academic All-Ohio recognition. We have received many positive comments on this program and with the coaches' help, we are looking for even better results this spring.

Coaches - you should have found an application form in your Regional packet. If you did not find this form, you can use the one included in this newsletter (see page 9) which you may copy and use as many times as you need. Please do not put boys and girls on the same form.

If you have a State Meet bound athlete who is eligible for this award, you must bring the completed form to the OAT&CCC table at the State Track Meet. Please bring your athlete with you to receive their certificates. It is the coaches' responsibility to have the eligibility form signed by the school principal or guidance counselor. No athlete will be entered into our records whose grade point average has not been correctly figured on a 4.000 scale. This can and must be done.

If you missed us at the table at State Meet—or if your school's grades weren't completed as of State Meet—please feel free to fill out the forms and forward them through your District representative and we will make sure that your athletes get the recognition that they so richly deserve.

This information is shared with college coaches who are interested in Ohio athletes and it is posted on the [OATCCC website](http://www.oatccc.com).

Support our Sponsors!





2011 STATE CHAMPIONSHIP MEET TRACK & FIELD

MEET SCHEDULE

FRIDAY, JUNE 3

- 9:00AM DII Field Events
- 9:30AM DIII Running Event Prelims (4 x 800M Final)
- Noon DIII Field Events
- 1:30PM DII Running Event Prelims (4 x 800M final)
- 3:00PM DIII Field Events
- 4:45PM DI Running Event Prelims (4 x 800M final)

SATURDAY, JUNE 4

- 9:00AM DII Field Events
- 9:30AM DIII Running Finals
- 12:00PM DI Field Events
- 1:00PM DII Running Finals
- 3:00PM DI Field Events
- 4:30PM DI Running Finals



Jesse Owens Memorial Stadium

Photo courtesy of The Ohio State University

**Welcome to
The Ohio State University**

DRIVING DIRECTIONS

Jesse Owens Memorial Stadium (2450 Fred Taylor Drive)

From the North - Take I-71 South to 270 West to SR 315 South. Take the Ackerman Road exit. Turn left on to Ackerman Road. Turn right on to Fred Taylor Drive. Jesse Owens Memorial Stadium, Buckeye Softball Field, Bill Davis Baseball Stadium, and the Jerome Schottenstein Center will be on your left.

From the South - Take I-71 North to SR 315 North to Worthington. Take the Ackerman Road exit. Turn right on to Ackerman Road. Turn right on to Fred Taylor Drive. Jesse Owens Memorial Stadium, Buckeye Softball Field, Bill Davis Baseball Stadium, and the Jerome Schottenstein Center will be on your left.

From the East (Airport)- Take I-70 West to SR 315 North to Worthington. Take the Ackerman Road exit. Turn right on to Ackerman Road. Turn right on to Fred Taylor Drive. Jesse Owens Memorial Stadium, Buckeye Softball Field, Bill Davis Baseball Stadium, and the Jerome Schottenstein Center will be on your left.

From the West - Take I-70 East to SR 315 North to Worthington. Take the Ackerman Road exit. Turn right on to Ackerman Road. Turn right on to Fred Taylor Drive. Jesse Owens Memorial Stadium, Buckeye Softball Field, Bill Davis Baseball Stadium, and the Jerome Schottenstein Center will be on your left.



THE RUNNER

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2011 MIDWEST MEET OF CHAMPIONS FORT WAYNE, INDIANA

June 11, 2011



Welcome to
Northrop High School
Fort Wayne, Indiana

*Photo courtesy of Northrop High School
Athletic Department*

[CLICK HERE FOR MORE INFORMATION](#)

DRIVING DIRECTIONS

Northrop High School
7001 Coldwater Rd.
Ft. Wayne, IN 46825

Phone: (260) 467-2300
Fax: (260) 467-2301

[CLICK HERE FOR LOCAL MAP / DRIVING DIRECTIONS](#)



The OATCCC says,
“THANK YOU!” to NIKE -

For the travel bags received by each athlete
competing in the Midwest Meet of Champions.



LOOKING AHEAD - FALL 2011

2011 CROSS COUNTRY CLINIC

If you missed the 2010 Cross Country Clinic, then you missed an outstanding day in Dayton. The featured speakers were our own State Championship coaches from the 2010 season. These included: Jeff Howard of Woodridge High School talking about boys CC training; Lowie Van Staveren who did two sessions dealing with gender differences in training and circuit training; Jessie Magoto of Minster High School speaking on running drills and mental toughness; and Milt Place of Medina High School speaking about how to build a culture of excellence.

In 2011—bigger and even better will be the goal. Once again, it will be held in conjunction with the Mid East Cross Country Meet and sponsored by [MF Athletics](#) who will also be providing a coaches' social following the clinic. Please mark your dates: Friday, November 18 is the Cross Country Clinic and Saturday, November 19 will be the [Mid East Championship](#). Coaches—get your seniors signed up now for the Meet, come down for the Clinic, and then stay and support your athletes!

Stay tuned for updates in the fall edition of *The Runner* concerning hotel information and speaker format.

Any questions, please feel free to contact Carson Cheek at (419) 925-4714.



Lowie van Staveren
Gobles HS, Michigan
Courtesy *Kalamazoo Gazette*



Support our Sponsors!





2012 Hall of Fame Nominations

Explanation of the Process

Members of the Hall of Fame are inducted each year at our awards banquet which is held in conjunction with our track clinic in January. It is a very prestigious event.

Nominations come from our members, but must be given to [your District Representative](#) and not to the Hall of Fame Chairman. **All nominations must be received by July 1, 2011** to be considered for the 2012 banquet. Late applications will be held for the next year. It is very important that your nominations be on a [special form](#), which is available through your District Representative. Any [additional information](#) must be contained to [one page](#) and be very specific as to the accomplishments of the person you are nominating. We include, former athletes, coaches, and other involved persons in our Hall.

Our Hall of Fame is still prominently located in French Field House, the location for OSU Track & Field. A large showcase features the names, photos, and years of all the inductees as well as the names and years of the Ed Barker Award winners. It is open for public viewing most of the time. We hope that if you haven't had a chance to see this very nice display you will make it a point to do so in the future. It is also available for viewing on our web site (oatccc.com).

Track and Cross Country Coaching Longevity Awards

Nancy Beattie, Awards Chairperson

The OAT & CCC wishes to [recognize the coaches who have many years of devoted service](#). If you meet the following criterion or if you know of another coach who qualifies—whether active, retired, or deceased—report to the “Awards” display area at the clinic, or contact Nancy Beattie at:

Nancy Beattie
1741 Highland View Drive
Powell, Ohio 43065

The awards are as follows (application on page 11):

- CERTIFICATE:** A coach who has coached 20 years in one sport (track or CC) or 30 combined seasons of both can receive a certificate at the Awards display
- LAPEL PIN:** A coach who has coached 25 years in one sport or 40 seasons of both can receive a lapel pin at the Awards display.
- PLAQUE:** A coach who has coached 30 years in one sport or 50 combined seasons of both and if they have accomplished either of these during the most recent calendar year, qualifies for a plaque.

OAT & CCC Marvin Crosten Scholarship Applications

Bob Karl, Scholarship Chairperson

The OAT & CCC Marv Crosten Scholarship program was established to recognize the outstanding sons and daughters of OAT & CCC members with scholarship awards. Named in honor of long-time coach and OAT&CCC officer, Marv Crosten, this scholarship program is available for students currently in their senior year of high school or their freshman year of college. The scholarships are for one year only and the parent-coach must have been an active member of the OAT&CCC for three consecutive years directly prior to the application being filed.

The individual scholarship awards will be given in recognition of outstanding athletes, coaches, Hall of Fame members, Ed Barker Award recipients, and the current OAT&CCC president. This is done in order to honor many of the positive contributors to our two sports over the years. The amount of the scholarship is \$1,000. This is in order to “keep up” with the rising costs of a college education.

The OAT&CCC scholarship committee is accepting [applications](#) for the 2012 awards. The deadline for applications to be returned to the scholarship committee is April 1, 2012. Direct your requests for applications to:

Bob Karl, OAT&CCC Scholarship Chairperson
3005 LaPlata Drive
Kettering, Ohio 45420



Ohio Association Of Track And Cross Country Coaches

ACADEMIC ALL-OHIO AWARD 2011 OUTDOOR TRACK AND FIELD

ELIGIBILITY

1. You must have an accumulative high school G.P.A. of 3.5 or better to be eligible. Grades must be computed on a 4.0 scale and carried out to three (3) decimal places. If your school does not use a 4.0 scale, you must have your guidance counselor convert the average to a 4.0 scale equivalent. G.P.A.'s must be calculated at the end of the semester preceding the student's current season.
2. Athletes must qualify for the State Meet
3. Freshmen are not eligible
4. Only relay team members who competed at the Regional or State Meets are eligible.

Nomination Form

(Use this form for boys or girls - not both - and please write very neatly or type)

SCHOOL NAME _____ DIVISION: I II III

ADDRESS _____ COACH'S NAME _____

CITY _____ COACH'S PHONE _____

ZIP _____ SCHOOL PHONE _____

STUDENT NAME	SEX	GRADE	GPA	EVENT (S)	(For OATCCC use only)
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____
6. _____	_____	_____	_____	_____	_____

Principal's signature _____ Coach's signature _____

1. The coach is responsible for turning in this form at the OATCCC table at the State Track Meet. Please bring your athletes with you to receive their award at this time. Forms turned in after the State Meet will NOT be eligible.
2. The coach is responsible for having this form signed by the school principal or counselor.
3. The coach will have the responsibility of notifying their respective local media.
4. **G.P.A. cannot be over 4.000**



Ohio Association Of Track And Cross Country Coaches

Membership is for the calendar year, January 1, 2011 - December 31, 2011
DO NOT SEND THIS FORM IN IF YOU REGISTERED FOR THE CLINIC!

SCHOOL _____ TELEPHONE _____

SCHOOL ADDRESS _____

CITY _____ ZIP _____

Individual Memberships:

_____ \$10 For each coach - list coaches on the lines below.

School Memberships:

_____ Enroll your entire staff! The price is still \$10 each, but it says something about your staff!

Membership includes voting and Association privileges: Mid East Cross Country Championships, OAT&CCC Indoor State Championships, Midwest Meet of Champions, and the OAT&CCC Runner

Coaching Position (please circle)

		Coaching Position (please circle)		
		Boys	Girls	
1.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____		E-Mail: _____
2.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____		E-Mail: _____
3.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____		E-Mail: _____
4.	Head / Asst	HS / MS	Track / CC	Track / CC
Home address _____		Phone: _____		E-Mail: _____

Make checks payable to OAT&CCC

(Mail to address below if different than school)

Mail to:

Donna Joseph
3822 Highland Avenue
Shadyside, Ohio 43947

For a subscription to *Ohio Track and Field News* and *Ohio CC*, contact:

Carson Cheek
Ohio Track and Field News
5628 Philothen Road
St. Henry, Ohio 45883



Ohio Association Of Track And Cross Country Coaches

TRACK AND CROSS COUNTRY COACHING LONGEVITY APPLICATION

The OAT&CCC wishes to recognize the coaches who have many years of devoted service. Coaches who meet the following criteria or know other coaches who have qualified are urged to contact the longevity chairman at the Awards Display Area at the OAT&CCC clinic in January. Coaches to be considered may be active, retired, or deceased. Coaches may should send this form with the information at the bottom of the sheet to Nancy Beattie through her e-mail address (ncbeattie@aol.com) or at the following address:

Nancy Beattie
1741 Highland View Drive
Powell, Ohio 43065

QUALIFICATIONS:

1. In one of two categories - in a single sport, or combination of both sports.
 - A. If you have coached **either** Track **or** Cross Country **for 20 seasons or more**;
 - B. If you have coached **both** Track and Cross Country **for a combined 30 seasons or more**.
2. All seasons of coaching are included: Jr. High, High School, and College - head or assistant positions
3. Count out of state coaching only if you have been coaching in Ohio for more than ten years.
4. Count only one season per year if you coach both boys and girls teams - or jr. high and high school teams. Please be careful not to double count the number of seasons.
5. Do not count indoor track as an additional season if you coach track.

OAT & CCC LONGEVITY AWARDS:

CERTIFICATE AWARD: A coach has 20 seasons in one sport (*either track or cross country*), or 30 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic. The certificates can be updated every five years and at retirement.

LAPEL PIN AWARD: A coach who has 25 seasons in one sport (*either track or cross country*), or 40 combined seasons (in *both* track and cross country) can receive a certificate at the Awards Display Area at the OAT&CCC Clinic.

PLAQUE AWARD: A coach who has 30 seasons in one sport (*either track or cross country*), or 50 combined seasons (in *both* track and cross country) can receive a plaque if they have accomplished either during the most recent school year. A coach who may qualify in both criteria may purchase a second plaque by contacting the Longevity Committee Chairperson. The cost is approximately \$25.

Coach _____

School _____

Home Address _____

Home Phone (_____) _____

E-Mail Address _____

History	Schools	Level	Years	Total
T & F	_____	_____	19__ - _____	_____
T & F	_____	_____	19__ - _____	_____
T & F	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
CC	_____	_____	19__ - _____	_____
Total seasons				_____

*The Ohio Association of
Track & Cross Country Coaches*

Dave Kirk
Chagrin Falls High School
400 E. Washington St.
Chagrin Falls, Ohio 44022

**PRESORTED
STANDARD
U.S. POSTAGE**

PAID

**Permit No. 36
Lewis Center, Ohio**

_____ Boys' Varsity Cross Country
_____ Boys' Varsity Track
_____ Boys' MS Cross Country
_____ Boys' MS Track
_____ Girls' Varsity Cross Country
_____ Girls' Varsity Track
_____ Girls' MS Cross Country
_____ Girls' MS Track

PLEASE ROUTE TO: